

TECHNE FUTBOL

Player Guide



Training

All drills require minimal space and equipment. Each drill has a demo video and written description. You'll notice that some drills allow you to "Adjust Difficulty" as well. A new session goes live in the app every Sunday at 5pm EST.

Tracking

As you time yourself doing the drills, the app will track the time you've spent training, your training streak, as well as allow you to record scores on various Time Trial drills. Your coaches can also view your progress.

Competition

View our Leaderboards to see how you stack up with your teammates and other players in your club, the U.S., and around the World!


Gear

Every player is part of our Training Sock System, similar to the belt system in martial arts. As you unlock each sock level, those socks will become available in your Techne Store in the app.

Support

If you have questions about the training or an issue with the the app, please reach out to support@technefutbol.com and we'll be glad to help!

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 www.technefutbol.com

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