



Player Commitment

As a player representing the Lakeville Fastpitch Association, I affirm my commitment to the following:

- I will be coachable. I will listen to my coach's direction and comments willingly and make every effort to improve myself.
- I will be, first and foremost, a team player dedicated to a spirit of oneness and helping others feel a sense of belonging.
- I will be a positive role model for younger players.
- I will practice with the same effort and determination as in a game. I will realize that practice requires hard work and sweat.
- I will be on time to all practices and games.
- I understand there may be consequences to being tardy or missing practices or games and may result in me not being able to play in a game.
- I will arrange my schedule so it does not interfere with practices and games.
- I will treat players, coaches, fans and officials with respect regardless of race, sex, age or ability.
- I will demand a sports environment that is free of drugs, tobacco, and alcohol.
- I will accept my coach's decisions as final. If I disagree with my coach, I will talk with him/her away from the field and with respect.
- I will respect the game officials and refrain from addressing them or commenting on their decisions during the play of the game.
- I will maintain control of my emotions, avoiding the use of abusive language or profanity, humiliating remarks, gestures of ill temper, and physical assault.
- I will believe in myself and will play with confidence. I will not let the fear of failure hold me back or dwell on my mistakes
- I will have fun!

Player Signature

Date