



CSAHA SUMMER SKILL DEVELOPMENT PROGRAM



"Skating is without a doubt the most important skill in ice hockey; if you can't skate, you can't play the game."

The **CSAHA Summer Skill Development Program** run by **Finesse Hockey** will focus on improving each athlete's skating, stickhandling, and shooting skills through high repetitions in a series of drills that progress throughout the program. Players will be challenged to master these fundamental skills and ultimately combine them with quick decision making that simulate game situations. We will finish each session with small area games where our athlete's will put the skills they develop in the drills into practice. The CSAHA Summer Skill Development Program will focus on individualized skill development, where the Finesse Hockey staff will utilize small group training in order to see every rep the athletes take.



THE PROGRAM WILL SPECIFICALLY FOCUS ON IMPROVING:

- Skating speed, quickness, and change of direction
- Stickhandling ability and puck control
- Creating scoring changes in tight spaces
- Using different shot types and deception to bury scoring opportunities
- Situational gameplay for both F & D

DATES Bantam & Midgets (06's & older)

The program will consist of 12 sessions throughout June & July at the World Arena.

June 11: 7:45 – 8:45pm (NHL)	July 9: 7:45 – 8:45pm (NHL)
June 12: 8:00 – 9:00pm (OLY)	July 10: 8:00 – 9:00pm (OLY)
June 13: 7:45 – 8:45pm (NHL)	July 11: 7:45 – 8:45pm (NHL)
June 18: 7:45 – 8:45pm (NHL)	July 16: 7:45 – 8:45pm (NHL)
June 19: 8:00 – 9:00pm (OLY)	July 17: 8:00 – 9:00pm (OLY)
June 20: 9:00 – 10:00pm (NHL)	July 18: 7:45 – 8:45pm (NHL)

PRICING

12 sessions for \$264 (\$22 per session)

6 sessions (June or July) for \$162 (\$27 per session)

Register online at: <https://www.tigershockey.org/camps-clinics>

For further information about Finesse Hockey, please visit <https://finessehockeyco.com/>

FINESSE STAFF

The skating program is for players of **all ages and skill levels** and will be run by the Finesse Hockey staff, who have playing experience throughout the **amateur, junior, college, and professional** levels.