



2021 NCHEAC Swimming Championship Meet

Saturday, January 30, 2021
Mecklenburg County Aquatic Center,
800 E M.L.K. Jr Blvd, Charlotte, NC 28202
Warm-ups begin at 12:00pm
Meet starts at 1 pm and will finish by 4pm

This meet is open to both individual home school swimmers and home school swim teams, in accordance with NFHS rules. This meet will also be a USA Swimming Observed Meet (times of the USA Swimmers will be uploaded to the SWIMS Database) pending approval.

Meet Director: Mary Teeters teetersmrt5@gmail.com 704-307-8663

Course: 25 yd pool, 6-8 lanes depending on entries, & touch pad timing system

Eligibility:

- It is open to all 12 -18 yr boys and girls presently homeschooling and eligible based on current NCHEAC guidelines. (Questions about younger swimmers must be discussed with the Mary Teeters, meet director.)
- You do not have to be a member of a homeschool swim team to compete.
- Exhibition relays will be allowed for individuals and teams, but must be requested at the time of registration and emailed to Dean Slate slatedad3@gmail.com.
- Teams must have competed together as a team in 3 high school and/or middle school meets prior to this meet to be considered a "team".

Fees:

- \$20 per individual
- \$155 per team unlimited swimmers
- Boys and Girls are individual teams.

Awards:

- Trophies: 1st & 2nd place for both Men and Women's Teams.
- Medals: 1st through 3rd per event (dependent on number of entries).

Entry Deadline:

- **Sunday by 8pm November 1, 2020**
- Please submit entries online or email entries to slatedad3@gmail.com

Individual & Team Registration and Entries Information

- **Entries:** Swimmers may swim a maximum of 2 individual events and 3 relays - but a max of 4 entries per swimmer by NFHS rules. (ex: 2 individual & 2 relays or 1 individual & 3 relays)
- **Registration Information:** Forms for individuals and teams available at the NCHEAC website. [Team Forms](#) and [Individual Forms](#)
- **Team Information:**
 - **Coaches should register & and pay online by 11/01/2020 and submit roster by 01/01/2021** [Download Roster](#) and [Pay Fees](#)
 - After registration is complete, coaches should notify the meet director by email at teetersmrt5@gmail.com that they will be attending the meet.
 - Dean Slate will post the meet file online by 11/01/2020 and email the coach a Hy-Tek Meet file by January 1st, 2021.
 - Senior Recognition deadline by 12/20/2020
- **Individuals:**
 - Parents should register their swimmer online by 1/1/2021 with payment [Individual Registration](#)
 - After registration is complete, parents should notify the meet director by email at teetersmrt5@gmail.com and Dean Slate slatedad3@gmail.com
 - Include the NAME, DOB, EVENTS and TIME for each event.
 - Include their USA Swim ID number, if they have one.
 - Include whether the individual swimmer wants to participate in relays and include their preference for relays (200 Medley, 200 Free, 400 Free) – noting 1st, 2nd, and 3rd choice. Every effort will be made to include swimmers in these exhibition relays.
 - Senior Recognition deadline by 12/20/2020
 - Individuals will be assigned to the Wilmington Team's coach, which is the Meet Director's team. That coach will be responsible for any questions the swimmer or parents have concerning anything about the meet. If the swimmer is bringing someone as a coach, then they are still under the jurisdiction of the Wilmington Team.

- **How to form a team:** Homeschoolers in a local area may combine to form a swim team. However, the swimmers must swim in at least 3 high school and/or middle school swim meets together as a team, during November 1, 2020 to January 29, 2021, to be considered a team. Contact Mary Teeters with questions.

- **Rules:** Official NFHS & USA Swim rules will be enforced:
 - No writing on bodies. Events and heats may be written on hands only.
 - Homeschool team caps only or blank ones with no other logos whatsoever.
 - No tech suits for 12 year olds and younger.
 - The meet referee will give a warning for the first violation and then disqualify the swimmer for not correcting the violation.
 - Any questions about a swimmer's eligibility is not to be discussed on deck during the NCHEAC Championship meet. If a question arises, then it must be brought to Dean Slate or Mary Teeters only.
 - Any disagreements about a disqualification must be brought to the meet referee by the coach and not a parent. This must be done only during the meet and not after the completion of the meet. Please remind your parents that the meet is run by the NFHS and USA Swim standards. The meet referee and the officials have all been trained to be professional and unbiased.
 - A doctor's note must be presented to the Meet Referee prior to beginning of the meet if K-Tape is being used or anything else to assist the swimmer.

Mary Teeters

NCHEAC Championship State Swim Meet Director

Email: teetersmrt5@gmail.com Phone: 704-307-8663