



RIPON COLLEGE SHOWCASE MEET

Saturday March 23rd, 2024

Order of Events

10:00 am	Shot Put	Girls then Boys	4 Throws – No Finals
	Long Jump	Boys then Girls	4 Jumps – No Finals Jump Runway #2
			10:00 am - Noon Boys / 12:45pm - 2:45pm Girls
	Triple Jump	Girls then Boys	4 Jumps – No Finals Jump Runway #1
			10:00 am - Noon Girls / 12:45pm - 2:45pm Boys
	High Jump	Boys then Girls	5'4" – 4'4"
	Pole Vault	Girls then Boys	7'6" – 9'6"

TIME SCHEDULE – We will go ahead of schedule if possible

Girls will Run First in All Events (Except for 60m Hurdle Finals)

- 10:00 am 4x800m Relay
- 60m Hurdle Trials
- 60m Dash Trials
- 3200m Run – slower sections if needed
- 60m Hurdle Finals (Boys First) (Top 8 from Both Divisions, Small then Large Division)
- 60m Finals (Top 8 from Both Divisions, Small then Large Division)
- 1600m Run
- 4x200m Relay
- 400m (no blocks)
- 800m
- 200m
- 3200m – Fastest sections (1 girls, 1 boys)
- 3:50 pm 4x400m Relay (no blocks)

Last Update: 3/8/24