

Lightning Football			June 2019		9 th – Varsity	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Graduation
2 Duluth Team Camp Registration Deadline	3 SuperGroup 2:45 – 4:00 pm TESTING	4 SuperGroup 2:45 – 4:00 pm TESTING	5 SuperGroup 2:45 – 4:00 pm TESTING	6 WT Room Closed	7 Q4 Ends WT Room Closed Equipment Move	8
9	10 11 th – 12 th SuperGroup 7:00 am 9 th – 10 th SuperGroup 8:00 am	11 11 th – 12 th SuperGroup 7:00 am 9 th – 10 th SuperGroup 8:00 am	12 Duluth Team Camp Chalk Talk 8 – 9 am Duluth Camp Equipment Issue To Follow Chalk Talk	13 11 th – 12 th SuperGroup 7:00 am 9 th – 10 th SuperGroup 8:00 am Summer Equipment Issue	14 Summer Equipment Issue	15
16 Father's Day	17 11 th – 12 th SuperGroup 7:00 am 9 th – 10 th SuperGroup 8:00 am 7 on 7 at Lakeville South Noon – 1:45 pm All Grades	18 11 th – 12 th SuperGroup 7:00 am 9 th – 10 th SuperGroup 8:00 am 9 th Grade Skills: 10:00 – 11:30 am	19 Duluth Team Camp Chalk Talk 8 – 9 am Open Field 9:30 am	20 11 th – 12 th SuperGroup 7:00 am 9 th – 10 th SuperGroup 8:00 am 9 th Grade Skills: 10:00 – 11:30 am	21	22
23/30	24 11 th – 12 th SuperGroup 7:00 am 9 th – 10 th SuperGroup 8:00 am Team Camp in Duluth	25 11 th – 12 th SuperGroup 7:00 am 9 th – 10 th SuperGroup 8:00 am Team Camp in Duluth	26 Team Camp in Duluth	27 11 th – 12 th SuperGroup 7:00 am 9 th – 10 th SuperGroup 8:00 am	28	29

Lightning Football

July 2019

9th – Varsity

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Blackout Week	1 Blackout Week	2 Blackout Week	3 Blackout Week	4 Blackout Week	5 Blackout Week	6 Blackout Week
7	8 11 th – 12 th SuperGroup 7:00 am 9 th – 10 th SuperGroup 8:00 am HS Camp 9:00 – Noon 7 on 7 Home Noon – 2pm	9 11 th – 12 th SuperGroup 7:00 am 9 th – 10 th SuperGroup 8:00 am HS Camp 9:00 – Noon	10 HS Camp 9:00 – Noon	11 11 th – 12 th SuperGroup 7:00 am 9 th – 10 th SuperGroup 8:00 am HS Camp 9:00 – Noon	12 HS Camp 9:00 – Noon Let's Eat After	13
14	15 11 th – 12 th SuperGroup 7:00 am 9 th – 10 th SuperGroup 8:00 am Youth FB Camp 9 – Noon	16 11 th – 12 th SuperGroup 7:00 am 9 th – 10 th SuperGroup 8:00 am Youth FB Camp 9 – Noon	17 Youth FB Camp 9 – Noon	18 11 th – 12 th SuperGroup 7:00 am 9 th – 10 th SuperGroup 8:00 am Youth FB Camp 9 – Noon	19	20
21	22 11 th – 12 th SuperGroup 7:00 am 9 th – 10 th SuperGroup 8:00 am Youth FB Camp 9 – Noon	23 11 th – 12 th SuperGroup 7:00 am 9 th – 10 th SuperGroup 8:00 am	24	25 11 th – 12 th SuperGroup 7:00 am 9 th – 10 th SuperGroup 8:00 am	26	27
28	29 11 th – 12 th SuperGroup 7:00 am 9 th – 10 th SuperGroup 8:00 am 7 on 7 @ L. South Noon – 2 pm	30 11 th – 12 th SuperGroup 7:00 am 9 th – 10 th SuperGroup 8:00 am	31			

Lightning Football		August 2019			9th – Varsity	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 11 th – 12 th SuperGroup 7:00 am 9 th – 10 th SuperGroup 8:00 am	2	3
4	5 11 th – 12 th SuperGroup 7:00 am 9 th – 10 th SuperGroup 8:00 am	6 11 th – 12 th SuperGroup 7:00 am 9 th – 10 th SuperGroup 8:00 am	7	8 Iron Person Competition	9	10

August Calendar Continued on Next Page

Lightning Football		August 2019			9th – Varsity	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11	12 7:15 11-12 Lift 8:00 9-12 Meeting 8:45 – 10:45 Practice 12:00 9-12 Meeting 12:45 – 2:45 Practice 7:00 Parent Meeting	13 7:15 9-10 Lift 8:00 9-12 Meeting 8:25 – 9:05 Walkthru 9:20 –11:15 Practice 12:15 Pictures Impact Testing	14 7:15 11-12 Lift 8:00 9-12 Meeting 8:45 – 10:45 Practice 12:00 9-12 Meeting 12:45 – 2:45 Practice	15 7:15 9-10 Lift 8:00 9-12 Meeting 8:25 – 9:05 Walkthru 9:20 –11:15 Practice	16 8:00 9-12 Meeting 8:45 – 10:45 Practice 11:45 9-12 Meeting 12:25 – 1:45 Practice	17
18	19 7:15 11-12 Lift 8:00 9-12 Meeting 8:45 – 10:45 Practice 12:00 9-12 Meeting 12:45 – 2:45 Practice	20 7:15 9-10 Lift 8:00 9-12 Meeting 8:25 – 9:05 Walkthru 9:20 –11:15 Practice Green Mill Fundraiser 3:30 – 8:00 pm	21 7:15 11-12 Lift 8:00 9-12 Meeting 8:45 – 10:45 Practice 12:00 9-12 Meeting 12:45 – 2:45 Practice 5:30 pm Fundraiser Blitz	22 7:15 9-10 Lift 8:00 9-12 Meeting 8:25 – 9:05 Walkthru 9:20 –11:15 Practice	23 8:00 11-12 Meeting 8:30 – 9:45 Practice 9th Scrimmage Minnetonka 9:00am Kick Off Bash	24 10th-12th Prior Lake Scrimmage 9:00 am
25	26 2:35 11-12 Lift 3:10 11-12 Meeting 3:30 – 6:00 Practice 9-10 Practice 3:00 – 5:00	27 2:35 11-12 Lift 3:10 11-12 Meeting 3:30 – 6:00 Practice 9-10 Practice 3:00 – 5:00	28 2:45 11-12 Meeting 3:00 – 5:30 Practice 9-10 Practice 3:00 – 5:00	29 Varsity Minnetonka Home 7:00 pm	30 JV 10:00 am	31 OFF

Lightning Football

September 2019

Varsity

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Labor Day Varsity Lift and Practice at 4:30 pm	3 First Day of School 2:35 11-12 Lift 3:10 11-12 Meeting 3:30 – 6:00 Practice	4 2:45 11-12 Meeting 3:00 – 5:30 Practice	5 2:45 11-12 Meeting 3:00 – 5:30 Practice	6 Varsity Burnsville Home 7:00 pm	7 Varsity Practice 8:30 am JV 10:00 am
8	9 2:35 11-12 Lift 3:10 11-12 Meeting 3:30 – 6:00 Practice	10 2:35 11-12 Lift 3:10 11-12 Meeting 3:30 – 6:00 Practice	11 2:45 11-12 Meeting 3:00 – 5:30 Practice	12 2:45 11-12 Meeting 3:00 – 5:30 Practice	13 Varsity East Ridge Away 7:00 pm	14 Varsity Practice 8:30 am JV 10:00 am
15	16 2:35 11-12 Lift 3:10 11-12 Meeting 3:30 – 6:00 Practice	17 2:35 11-12 Lift 3:10 11-12 Meeting 3:30 – 6:00 Practice	18 2:45 11-12 Meeting 3:00 – 5:30 Practice	19 2:45 11-12 Meeting 3:00 – 5:30 Practice	20 Varsity Lakeville South Away 7:00 pm	21 Varsity Practice 8:30 am JV 10:00 am
22	23 2:35 11-12 Lift 3:10 11-12 Meeting 3:30 – 6:00 Practice	24 2:35 11-12 Lift 3:10 11-12 Meeting 3:30 – 6:00 Practice	25 2:45 11-12 Meeting 3:00 – 5:30 Practice	26 2:45 11-12 Meeting 3:00 – 5:30 Practice	27 Varsity Lakeville North Homecoming 7:00 pm	28 Varsity Practice 8:30 am JV 10:00 am
29	30 2:35 11-12 Lift 3:10 11-12 Meeting 3:30 – 6:00 Practice					

Lightning Football

October 2019

Varsity

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 2:35 11-12 Lift 3:10 11-12 Meeting 3:30 – 6:00 Practice	2 2:45 11-12 Meeting 3:00 – 5:30 Practice	3 2:45 11-12 Meeting 3:00 – 5:30 Practice	4 Varsity Farmington Away 7:00 pm	5 Varsity Practice 8:30 am JV 10:00 am
6	7 2:35 11-12 Lift 3:10 11-12 Meeting 3:30 – 6:00 Practice	8 2:35 11-12 Lift 3:10 11-12 Meeting 3:30 – 6:00 Practice	9 2:45 11-12 Meeting 3:00 – 5:30 Practice	10 2:45 11-12 Meeting 3:00 – 5:30 Practice	11 Varsity Eagan Home 7:00 pm	12 Varsity Practice 8:30 am JV 10:00 am
13	14 2:45 11-12 Meeting 3:00 – 5:30 Practice	15 2:45 11-12 Meeting 3:00 – 5:30 Practice	16 Varsity Rosemount Away 7:00 pm	17 MEA Break Varsity Practice 8:30 am JV 10:00 am	18 MEA Break OFF	19 OFF
20	21 2:35 11-12 Lift 3:10 11-12 Meeting 3:30 – 6:00 Practice	22 2:35 11-12 Lift 3:10 11-12 Meeting 3:30 – 6:00 Practice	23 2:45 11-12 Meeting 3:00 – 5:30 Practice	24 2:45 11-12 Meeting 3:00 – 5:30 Practice	25 Playoff Round 1 TBD	26 Varsity Practice 8:30 am
27	28 2:35 11-12 Lift 3:10 11-12 Meeting 3:30 – 6:00 Practice	29 2:35 11-12 Lift 3:10 11-12 Meeting 3:30 – 6:00 Practice	30 2:45 11-12 Meeting 3:00 – 5:30 Practice	31 2:45 11-12 Meeting 3:00 – 5:30 Practice		

LIGHTNING FOOTBALL			November 2019			Varsity
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Playoff Round 2 TBD	2 Varsity Practice 8:30 am
3	4 2:35 11-12 Lift 3:10 11-12 Meeting 3:30 – 6:00 Practice	5 2:35 11-12 Lift 3:10 11-12 Meeting 3:30 – 6:00 Practice	6 2:45 11-12 Meeting 3:00 – 5:30 Practice	7 State QuarterFinals	8 State QuarterFinals	9 State QuarterFinals
10	11 2:35 11-12 Lift 3:10 11-12 Meeting 3:30 – 6:00 Practice	12 2:35 11-12 Lift 3:10 11-12 Meeting 3:30 – 6:00 Practice	13 2:45 11-12 Meeting 3:00 – 5:30 Practice	14 State SemiFinals	15 State SemiFinals	16 State SemiFinals
17 Tentative Banquet	18 2:35 11-12 Lift 3:10 11-12 Meeting 3:30 – 6:00 Practice	19 2:35 11-12 Lift 3:10 11-12 Meeting 3:30 – 6:00 Practice	20 2:45 11-12 Meeting 3:00 – 5:30 Practice	21 Thanksgiving Day	22 Prep Bowl	23 Prep Bowl
24	25	26	27	28	29	30