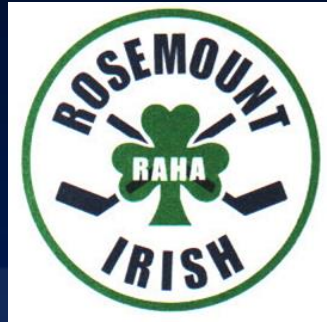


ROSEMOUNT HOCKEY ASSOCIATION



2018-19 BOYS AND GIRLS INITIATION HOCKEY PROGRAM



IMPORTANT DATES

Aug 6 th	Registration opens
Oct 9 th	Registration Late Fee's kick in
TBD	Mandatory IP Parent Meeting
Nov 1 st	Mite/U8 first practice
Nov 3 rd	Mini Mite first practice
Nov 3 rd -18 th	Mite Evaluations
Dec 31 st	Registration Closes

WWW.ROSEMOUNTHOCKEY.ORG



Why Play Hockey?



According to USAHockey.com, Hockey helps boys and girls make big strides on and off the ice. Here are just a few of the positive characteristics youth hockey helps bring out of kids:

**Pride – Focus – Exhilaration – Strength – Responsibility
Thrills – Adventure – Confidence – Leadership
Friends – Teamwork – Laughter**

More than a Game

Hockey develops skills on the ice that build a foundation for a lifetime. In addition to athletic prowess, hockey promotes confidence, pride, focus and responsibility. With an emphasis on fun, hockey is a game to be played and enjoyed for life.

"Hockey's a funny game. You have to prove yourself every shift, every game. It's not up to anybody else. You have to take pride in yourself."

Paul Coffey

Life-long Friendships

Starting with the bonds created in the locker room to the relationships formed on ice, hockey creates life-long friendships. This camaraderie shared on and off the ice encourages teamwork and the natural development of leadership skills.

"When all is said and done, it's not the shots that won the championship that you remember, but the friendships you made along the way."

Unknown

Set Up for Success

From learning to balance school, responsibilities at home, time at the rink and playing with friends, hockey encourages kids to learn time management skills that will later serve them in all facets of life. Hockey's unique source of physical fitness promotes healthy living.

"You'll always miss 100% of the shots you don't take."

Wayne Gretzky

Hockey is Fun

The thrill of carrying the puck up the ice on a breakaway, the exhilaration of scoring your first goal or making that amazing save is possible due to the encouraging environment hockey provides to try new things and grow as a hockey player and person.

"Every day is a great day for hockey."

Mario Lemieux



● Program Overview

- RAHA Initiation Program for 2018 –19



- The Rosemount Player Development Committee has designed a 4-5 year plan. This plan begins by embracing the fundamentals of USA Hockey's American Development Model (ADM) and it systematically evolves into a more competitive environment over the course of the program. This is not to be considered a youth traveling program.

- The goal of the Initiation Program is to introduce each boy or girl to the game of hockey in a safe and fun environment focusing on skill development in small stations, small area games and cross-ice/half ice games. We would like to see each child develop the skills required to play hockey to their fullest potential and to add to the overall development of **Rosemount Irish Hockey**. This program is to introduce new skaters to the game of hockey as well as progressively challenge them for the next 4-6 years.

- To accomplish our plans and goals, the RAHA Board of Directors has appointed an IP Committee. Our IP committee will work together with the IP coaches during the upcoming season to insure our players are being developed in the proper way.





Levels

- Mini Mite Termite 4 Year Old Team (Birthdates: Must be 4 Years Old by July 1, 2018)
 Team will be made up of Pre K 4 year old skaters with No Move Up option to a Mini-Mite Team. Program is in-house and an Introductory to Hockey that will mirror the fundamental design of USA Hockey's American Development Model (ADM). The primary ice times will be either Saturday or Sundays from November through February mainly at the Pond with some at RCC. Outdoor ice will be added once per week on weekday evenings, weather permitting. Total ice session (Nov-Oct)- approx. 17 hours as this team will skate once/weekend until the last 3 weekends and then they will skate both Saturday & Sunday the final 3 weekends. USA Hockey registration fees still apply
- Mini Mites (Birth Dates 7-1-11 to 6-30-13)
 Teams will be made up of mainly Pre-K, Kindergarten and 1st Grade players. This is an in-house program for entry level players that will mirror the fundamental design of USA Hockey's American Development Model (ADM). Kids will be placed on teams with skaters of similar abilities. Each team will have approximately 27-30kids. The primary ice times will be Saturday and Sundays from November through February at RCC / IGH/ Pond. Total ice sessions (Nov – Feb) – approximately 34 or 17 hours for the 4 year old team who will skate once/weekend until the final 3 weekends and then skate both Saturday & Sunday.
- Mites (Birth Dates 7-1-09 to 6-30-11)
 Teams will be made up of mainly 2nd and 3rd Graders. Mite evaluations will take place after 1 hour of on-ice practice. Kids will be placed on teams with skaters of similar abilities. Each team will have 12-14 kids and all teams will have an equal amount of kids. Practices focus on skating, edgework, and repetition, combined with ADM type skill stations. Most practices are Saturday and Sundays from November through early March at RCC / IGH / Pond. Each Mite team will receive a \$250 credit to cover the cost of a Jamboree. Once teams are formed the coach may ask for up to \$150 donation from families to purchase dryland extra ice etc Total ice sessions (Oct – Mar) – approximately 39.
- U8 Girls (Birth Dates 7-1-09 to 6-30-11)
 Teams will be made up of mainly 2nd and 3rd Graders. Practices focus on skating, edgework, and repetition, combined with ADM type skill stations. Most practices are Saturday and Sundays from October through mid March at RCC / IGH / Pond. Each 8U team will receive a \$250 credit to cover the cost of a Jamboree. Once teams are formed the coach may ask for up to \$150 donation from families to purchase dryland extra ice etc Total ice sessions (Nov – Mar) – approximately 39. USA Hockey Registration fees still apply

Levels	Targeted On Ice Sessions	Game / Scrimmage Format	Primary Days on Ice	Dryland	Skating Instructor	Parent Meeting	Picture Day	Coaches Needed
Termite/ 4 Y/O Team	20	Cross Ice	Sat or Sun and final 3 weeks, Sat & Sun	N/A	N/A	TBD	TBD	Yes
Mini Mites 6U girls	34	Cross Ice	Sat & Sun	N/A	N/A	TBD	TBD	Yes
Mites	39	Cross Ice / Half Ice	Sat & Sun	N/A	N/A	TBD	TBD	Yes
U8 Girls	39	Cross Ice / Half Ice	Sat & Sun	N/A	N/A	TBD	TBD	Yes

How to Register

- Registration for all Mini Mite, U8 and Mite Levels is open from:
- August 6, 2018 – December 31, 2018. Late fees kick in on October 10thj**



- Steps to follow:

- Follow the link to 2018-19 registration at www.rosemonthockey.org

The process will take you to USA Hockey. You must complete the USA Hockey registration – regardless of the age of your child. Each child is required to have his/her OWN individual USA Hockey number each year.

- If your child is a 2012 birth year or younger – the invoice at the end of the process will be \$0.00 and the system will provide the USA Hockey number needed for RAHA's registration.
- If your child is a 2011 birth year or older – the invoice will be \$50 and you will need a credit card handy to complete the processing and receive the number.
- Cut and paste the USA Hockey number into the RAHA form and continue.
- Register your child for the age appropriate level

Level	Birthdate From	Birthdate To	Typical Grades	Eval Dates	Season Starts	Season Ends	Registration Fee	USA Hockey	RAHA fundraising credit	Amount Owed to RAHA	Additional Team Bills	Raffle Ticket Fundraiser
4 YO Termite Team	July 1 2014	June 30 2013	Pre K	None	Nov 3rd	Feb	\$175	\$50**	NA	\$175 *	None	None
Mini Mite/6U Girls	July 1 2013	June 30 2011	K, 1 st	None	Nov 3rd	Feb	\$275	\$50**	NA	\$275 *	None	None
Mite	July 1 2009	June 30 2011	2, 3	Nov 3-18	Nov 1st	Mar	\$375	\$50*	NA	\$375 *	\$50 - \$150***	None
8U Girls	July 1 2009	June 30 2011	2, 3	Nov 3-18	Nov 1st	Mar	\$375	\$50*	NA	\$375*	\$50 - \$150***	None

- * USA Hockey Fee to be paid online directly by player, if required
- ** No USA Hockey Fee for birth year 2012 and younger
- *** Additional Bills apply to extra ice or jamborees that the Mites and U8 Girls may want to purchase during their season



What you'll need



For your child's safety, children will need to furnish their own hockey equipment. Players interested in playing goalie will have access to team equipment supplied by RAHA. It is very important that your child's equipment fits them comfortably and properly. We recommend that you pay particular attention to getting your child skates that fit properly. Properly fitted, comfortable skates are an essential for any hockey player as is an appropriately sized hockey stick (the stick should reach the tip of a player's nose while wearing shoes).

Most hockey specific retailers offer a package that includes the essentials for ~ \$125 to \$300

For Mini Mites, Mites and U8 Girls – there are no equipment color requirements. At the traveling level the required color for hockey pants, helmets and gloves is navy blue.

Equipment Needs	Items	Supplied By
Required Gear	Helmet w/Face Mask	Parent
	Mouth Guard	
	Hockey Gloves	
	Elbow Pads	
	Shoulder Pads	
	Breezers/Pants	
	Athletic Protector (Cup)	
	Shin Guards	
	Skates	
	Stick	
Uniform Items	Jersey	RAHA*
	Socks	RAHA
	Name on Jersey	Parent*

* Team Manager or Coach may collect jerseys and cash for printing names (usually ~\$8), then redistribute.



Team Placement

- Kids Develop at Their Own Pace

- It is no secret that kids develop at their own pace. The same concepts that are true for schools are true for sports. Schools will break their little readers and mathematicians into groups of similar abilities for focused learning. As a result – these groups make the greater advances and often the gaps between groups at the end of the season are much smaller than in the beginning. Accurate placement is much more important than the level in which they are placed.



Termites: Termites will be placed on one team.

6U Girls: 6U Girls will be placed on one team unless there are more than 35, in which case the coaches and IP Committee members will divide them up into advanced and beginner over the first 3 weekends.

Mini-Mites: Mini-Mites will be placed on four teams based on age and Years of RAHA experience. The oldest and most experienced will be placed on the Blue team, the next group on the Gold team, then Green and finally white. The coaches will then move skaters around based on ability over the course of the first 3 weeks of practice.

8U Girls: This year RAHA will be having 2 8U Girls teams. There will be one advanced(Blue) and one intermediate/beginner(Gold) team. This will be determined over the first 3 weeks of practice. After the third week coaches and teams will be announced. RAHA is not using outside evaluators this season. A panel of experienced hockey coaches will be used to evaluate skaters and place them on the correct team.

Mites: RAHA is anticipating 10 Mite teams of 12-15 skaters. There will be 2 advanced, 4 intermediate and 4 beginner teams. Skaters will be evaluated over the first 3 weeks of practice. The IP Committee will appoint coaches to run practices for the first 3 weeks so that players can be placed on the appropriate level team. The practice sessions will be a mix of skating, stick handling, small area games and half-ice/cross-ice scrimmages. Players will be placed into pools for the first week based on age and RAHA experience. Players may move pools every day. After the third week coaches and teams will be announced. RAHA is not using outside evaluators this season. A panel of experienced hockey coaches will be used to evaluate skaters and place them on the correct team.

Coaching

Coaches Wanted

Parent and Non-Parent Coaches Welcome!

Coaching is a great way to become involved in the program and be a mentor to our players! If you would like to be a head or assistant coach for the upcoming Season please email Jeff Olund at jeffo@rosemounthockey.org.

The IP Coordinator and Coaches coordinator will choose coaches for the upcoming season.

Volunteer Information

The volunteer obligation for the Rosemount Area Hockey Association (RAHA) is 7.5 hours for one child or 15 hours for two or more children. Parents of the Termite Team are required to complete 5 hours for that child. Parent Volunteering is an important part of our association as it helps Lower the cost of hockey. There are many ways to earn hours either by volunteering as a coach, team manager, working the concession stand or running the time clock, etc. Please watch options on the RAHA website. Hours are not transferrable, and failure to complete a volunteer shift can result in the forfeiture of your volunteer deposit.



Parents Meeting

The IP Parents Meeting is mandatory for parents of all players in the IP Program. At this meeting parents will be provided with information on the Rosemount Association and our initiation level program. Jerseys and socks will be handed out, and you will need to leave a volunteer deposit check for all players. The check will need to be post-dated to March 30th, 2019 and made out to RAHA for \$500 (1 player) or \$750 (2 or more players). This check will NOT be deposited if your volunteer commitment hours are completed by March 30th, 2019.

Contacts

IP Coordinator – Jeff Olund (jeffo@rosemounthockey.org)
Coaches Coordinator – Marc Tobias (marct@rosemounthockey.org)
Vice President – Lisa Toll (ltoll@rosemounthockey.org)
Operations Manager – Cara Marx (caram@rosemounthockey.org)

Primary Arena Locations

Rosemount Community Center (RCC)
13885 South Robert Trail
Rosemount, MN 55068
<http://ci.rosemount.mn.us/>

Veterans Memorial Community Center Ice Arena (IGH)
8055 Barbara Ave.
Inver Grove Heights, MN 55077
<http://www.invergroveheights.org/>

The Pond
3400 150th St.
Rosemount, MN 55068
www.thepondmn.com

