

ANHS GIRL'S LACROSSE TRY-IT DAY



Are you an Aliso athlete looking for a new challenge?

Would you like to TRY Lacrosse BEFORE our actual tryouts?

SIGN UP NOW TO BE ON OUR CONTACT LIST AND RESERVE YOUR SPOT:

<https://goo.gl/trzUX4>

Contact Coach Dave Elkins for Additional Information

Email: alisoattack@live.com

ALISO NIGUEL GIRL'S LACROSSE "TRY-IT" DATE:

Friday, October 5th

3:00PM – 4:00PM at the ANHS Football Stadium

Don't miss out on learning to play with the team that is consistently ranked in the Top 10 for ALL Orange County schools and in the Playoff Race!

All You Need to Bring:

- Cleats/Running Shoes
- Water
- Shorts and a tshirt
- A great attitude
- ANHS friends!