

THURSDAY NIGHT SPRING CLINICS **INFORMATION**



February 2019

The Pittsburgh Predators Hockey Club is again offering the off-season Thursday Night Spring Clinics. The clinics are an excellent way to keep our young athletes in tip-top shape during the spring season. The Thursday night sessions will run for five weeks and begin on April 4, 2019 and end on May 2, 2019.

One-hour ice slots have been reserved at Ice Castle for each division, 8U through 18U, and all will include a 5-minute drill warm up followed by the always-popular 55-minute scrimmage. This program is *not* mandatory. Its focus is to provide our young hockey players an opportunity to play with their friends without the undue pressures of controlled league play, and also to prepare for upcoming tryouts. The program should be thought of as a fun-filled hour recognizing that the true benefit clearly is improved skating!

Again this year, IC Hockey founder and former pro hockey player, Tyler Murovich, will be running each group through the warm-up and skills session. In addition to Tyler, Predator coaches from last year's staff, as well as incoming new coaches, will oversee each division.

The clinic dates are April 4, 11, 18, 25; May 2. The following are times for each Thursday night session for each division:

<u>Division</u>	<u>Year of Birth</u>	<u>Time</u>
8U (ADM/Mite)	2011 and Younger	5:40 PM – 6:40 PM (Trackside)
10U (Squirt)	2009 and 2010	6:00 PM – 7:00 PM (Roadside)
12U (Peewee)	2007 and 2008	7:00 PM – 8:00 PM (Trackside)
14U (Bantam)	2005 and 2006	7:10 PM – 8:10 PM (Roadside)
15U/16U (Midget Minor)	2003 and 2004	8:10 PM – 9:10 PM (Trackside)
18U (Midget Major)	2001 thru 2004	8:20 PM – 9:20 PM (Roadside)

The clinics are not exclusive to Predator players. All hockey players are welcomed! The cost of the five-week program is \$70.00, or \$60.00 for returning Predator players and siblings. There will be no refunds for missed sessions.

Clinic registrations can now be done online. To register for the full five weeks, simply go to www.pittsburghpredators.com and click on the Thursday Night Clinic registration on the right column. Walk-ins will also be accepted for \$15.00 per session.

If you have further questions, please email predators@icecastlearena.com or leave a message on the Predator Voicemail at 412-561-9090, ext. 600.

Thank you for your continued support of the Pittsburgh Predators Hockey Club.

Pittsburgh Predators Board of Directors