

Sean Maxwell

Coaching & Playing Experience

I've been coaching for about 4 years now. I have 10+ years of competitive experience in the sport. I've coached both travel and regional teams, helping athletes strengthen their fundamentals, communication, and game strategy. I've played in a semi-professional league here in Fort Lauderdale for a year, and played at Mater Academy from 6-8 grade, and Monsignor Edward Pace High School

Why do you coach?

I love the sport and want to help grow the sport even more, with hopes of developing the best kids

Fun facts about me?

I started playing volleyball at the age of four

Coaching Philosophy or Style?

I believe in developing confident, well-rounded athletes by emphasizing fundamentals, teamwork, and mental resilience. My coaching style focuses on building confident, well-rounded athletes through structure, communication, and trust. I emphasize strong fundamentals, accountability, and teamwork while encouraging players to push themselves outside their comfort zones. I believe growth happens through consistency, effort, and maintaining a positive mindset both in practice and competition. My coaching philosophy centers on developing the whole athlete; technically, mentally, and emotionally. I believe in teaching strong fundamentals, fostering a growth mindset, and creating an environment where players feel supported yet challenged. Success isn't just measured by wins, but by progress, confidence, and teamwork developed along the way.