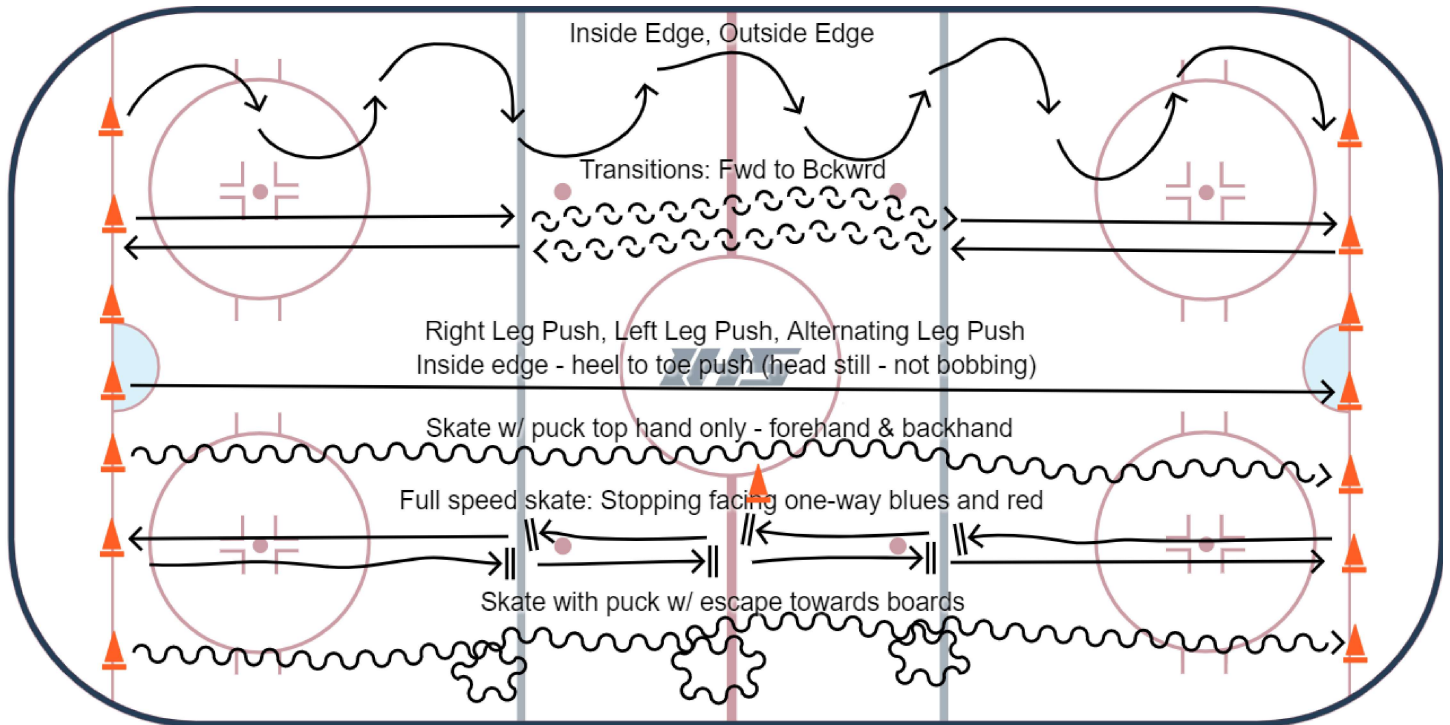
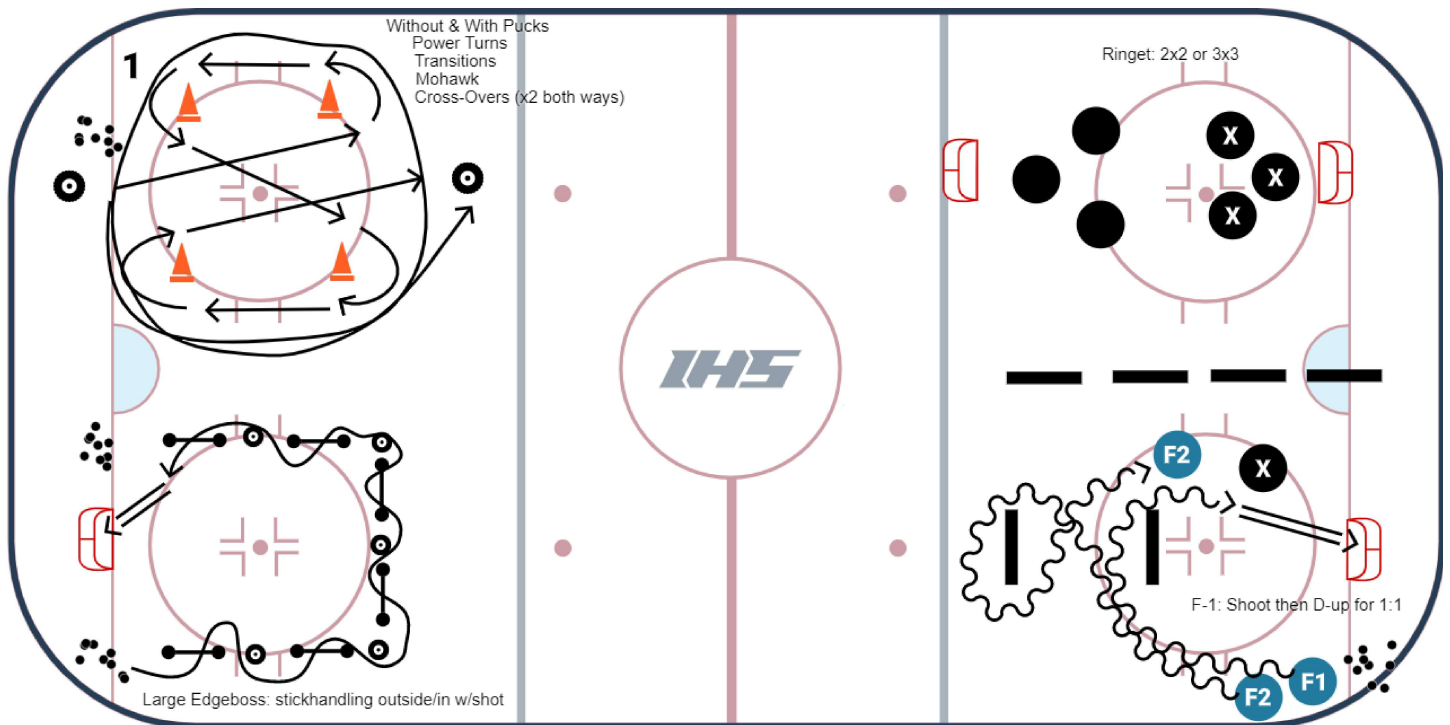


Mite: Long Ice Skate Warmup



Length of Time: 10 - 15 Mintes
Station Number: 1

2023 Mite STP - Stations Week 1



Length of Time: 40 Minutes