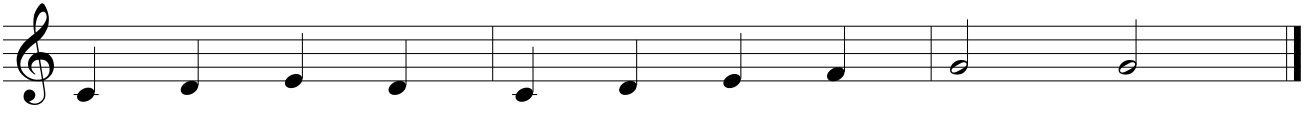


Level 1 practice


2nds - ascending and descending

1




Do Re Mi Re Do Re Mi Fa Sol Sol

2




Do Re Do Re Mi Re Mi Fa Sol Sol

3




Do Re Mi Re Mi Fa Sol La Sol Sol

4



Do Re Do Re Do Re Mi Re Mi Mi

5



Do Re Mi Re Mi Fa Fa Mi Re Do

Level 2 practice

5ths - Do-Sol

Ascending & descending

1

Do Do Sol Sol Do Re Mi Re Do Do

2

Do Sol Sol Do Re Mi Re Re Do Do

3

Do Re Mi Re Do Sol Do Re Do Do

4

Do Do Sol Sol Do Re Re Re Do Do

5

Do Re Do Re Do Re Re Re Do Do

6

Do Do Do Do Re Re Re Re Do Do

Level 3 practice

3rds - Do-Mi-Sol
Ascending & descending

1

Do Do Mi Mi Sol Sol Mi Mi Do Do

2

Sol Sol Mi Mi Do Re Mi Do Mi Do

3

Mi Do Mi Sol Fa Mi Fa Sol Mi Do

4


5

6

Level 4 practice


4ths - Do-Fa
Ascending & descending

1



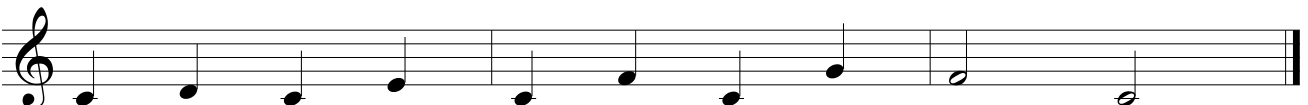
Do Re Mi Fa Do Fa Sol Fa Do Do

2




Do Fa Fa Sol Mi Mi Re Mi Fa Do

3



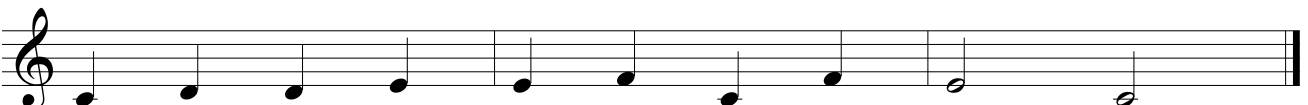
Do Re Do Mi Do Fa Do Sol Fa Do

4



Do Re Do Re Do Re Sol Re Do

5



Do Re Do Re Do Re Do Re Do

6



Do Re Do Re Do Re Do Re Do

Level 5 practice

4ths - Re-Sol

Ascending & descending

1

Do Re Do Re Sol Sol Re Re Do Do

2

Sol Re Do Re Sol La Sol Mi Sol Do

3

Do Do Re Sol La Sol Re Mi Do Do


4


5


6

Level 6 practice

4ths - Sol-Do
Ascending & descending

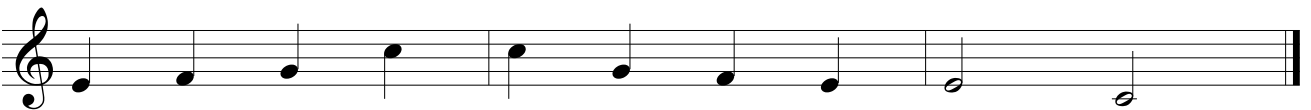
1 
Do Sol Fa Fa Sol Do Ti La Sol Sol

2 
Sol La Ti Do Ti Do Sol Do Do Do

3 
Do Sol Fa Mi Fa Sol Do Ti Do Do

4 

5 

6 

Level 7 practice

5ths - Do-Fa

Ascending & descending

1

Do Ti Do Fa Sol La Sol Fa Do Do

2

Do Ti La Sol Fa Do Fa Mi Mi Do

3

Do Do Fa Fa Do Ti La Ti Do Do

4

Do Do Fa Fa Do Ti La Ti Do Do

5

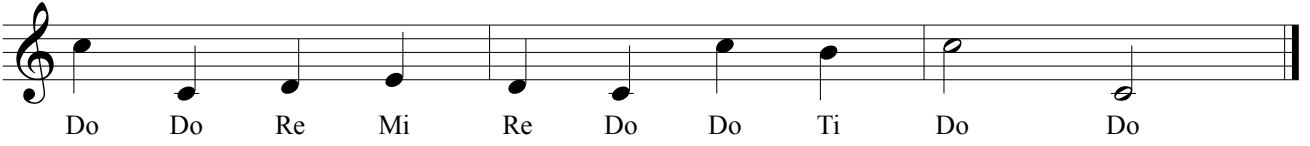
Do Do Fa Fa Do Ti La Ti Do Do


6


Do Do Fa Fa Do Ti La Ti Do Do


Level 8 practice

Octave - Do-Do
Ascending & descending

1 
Do Do Re Mi Re Do Do Ti Do Do

2 
Do Re Mi Re Do Do Ti Do Do Do

3 
Do Ti Do Do Do Ti Do Sol Do Do

4 

5 

6 

Level 9 practice

Chromatics - Ra & Fi

1 Melodic Minor Scale

Do Re Me Fa Sol La Ti Do Te Le Sol Fa Me Re Do

2

Do Mi Re Ra Do Mi Sol Fi Sol Fa Mi Re Ra Ra Do

3

Do Sol Fa Mi Fa Sol Fi Sol Do Ra Do Sol Do Do

4

Do Mi Re Ra Do Mi Sol Fi Sol Fa Mi Re Ra Ra Do

5

Do Mi Re Ra Do Mi Sol Fi Sol Fa Mi Re Ra Ra Do

6

Do Mi Re Ra Do Mi Sol Fi Sol Fa Mi Re Ra Ra Do

7

Do Mi Re Ra Do Mi Sol Fi Sol Fa Mi Re Ra Ra Do


Chromatic Scale


Do Di Re Ri Mi Fa Fi Sol Si La Li Ti Do Ti Te La Le Sol Se Fa Mi Me Re Ra Do

Level 10 practice

Chromatics - Li & Si

Melodic Minor Scale


1 
Do Re Me Fa Sol La Ti Do Te Le Sol Fa Me Re Do


2 
Do Mi Sol Sol Si Si Sol Do Mi Fa Sol La Li La Do

3 
Do Ti La Ti Do Ti Li Li La La Sol Sol Mi Re Do

4 
Do Mi Sol Sol Si Si Sol Do Mi Fa Sol La Li La Do

5 
Do Ti La Ti Do Ti Li Li La La Sol Sol Mi Re Do

6 
Do Mi Sol Sol Si Si Sol Do Mi Fa Sol La Li La Do

7 
Do Ti La Ti Do Ti Li Li La La Sol Sol Mi Re Do

Chromatic Scale



Do Di Re Ri Mi Fa Fi Sol Si La Li Ti Do Ti Te La Le Sol Se Fa Mi Me Re Ra Do

Level 11 practice

Chromatics - Di & Ri

1

Do Do Mi Re Do Di Do Do Mi Ri Mi Fa Sol Mi Do

2

Sol Fa Mi Do Mi Ri Mi Do Re Mi Re Do Di Do

3

Mi Mi Re Do Di Di Do Mi Fa Mi Ri Mi Ri Mi

4

Do Di Do Do Di Do Do Mi Ri Mi Ri Do

5

Do Do Mi Do Di Do Do Do Mi Ri Mi Ri Do

6


Do Do Mi Re Do Di Do Do Mi Ri Mi Ri Do

7

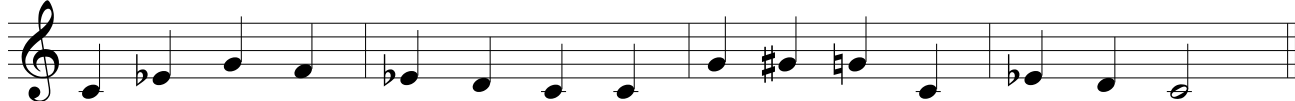
Do Do Mi Re Do Di Do Do Mi Ri Mi Ri Do

Level 12 practice

Chromatics - Si & Me

1 
 Do Re Mi Me Mi Fa Sol Si Si Sol Fa Mi Me Mi

2 
 Sol Si Sol Fa Mi Me Mi Do Re Me Me Do Re Do

3 
 Do Me Sol Fa Me Re Do Do Sol Si Sol Do Me Re Do

4 

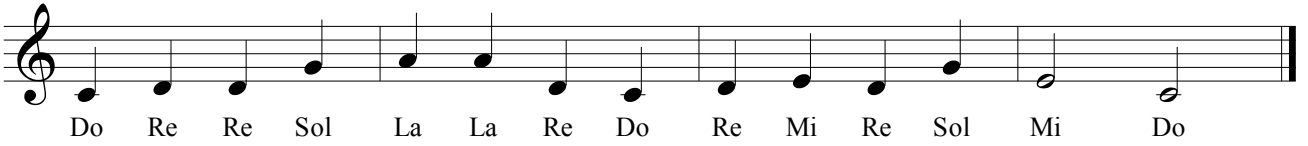
5 

6 

Level 13 practice

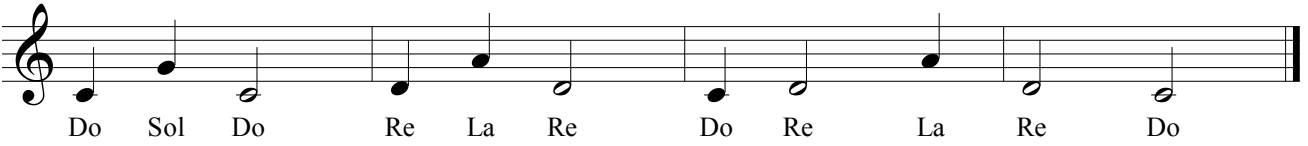
5th Re-La
Ascending

1



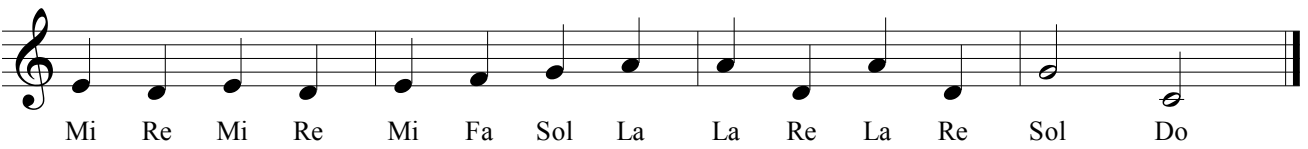
Do Re Re Sol La La Re Do Re Mi Re Sol Mi Do

2



Do Sol Do Re La Re Do Re La Re Do

3

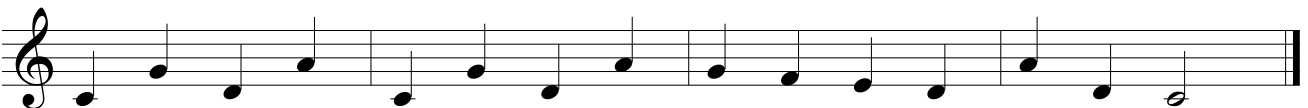


Mi Re Mi Re Mi Fa Sol La La Re La Re Sol Do

4



5





6



Level 14 practice

5th Re-So
Descending

1 
Do Do Re Re Do Sol Do Re Re Sol Sol Do Ti Do

2 
Do Do Sol Sol Do Re Do Re Sol Sol Re Re Do Ti Do

3 
Do Re Do Sol Do Re Re Do Re Sol Re Sol Ti Ti Do

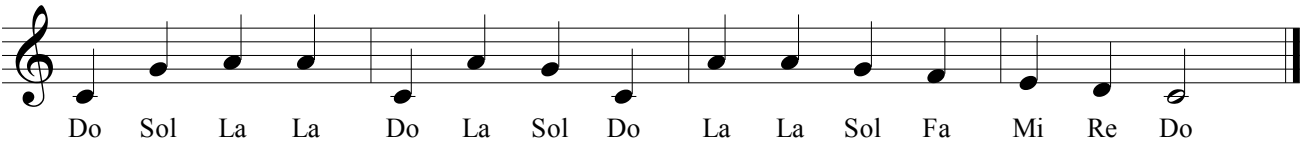
4 

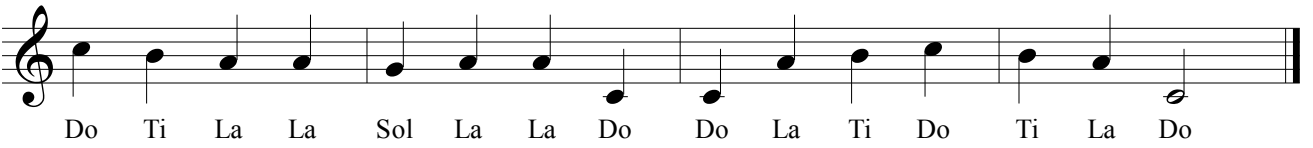
5 

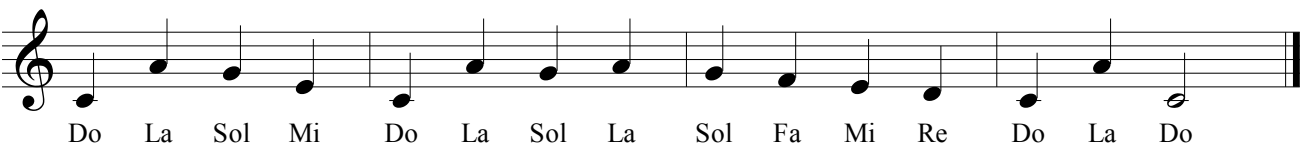
6 


Level 15 practice

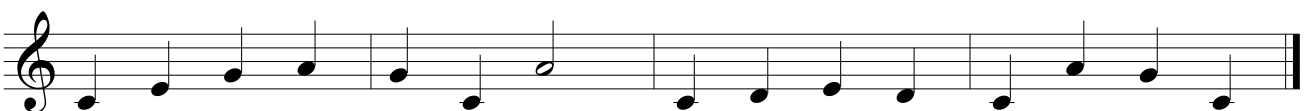
6th Do-La
Ascending


1 

2 

3 

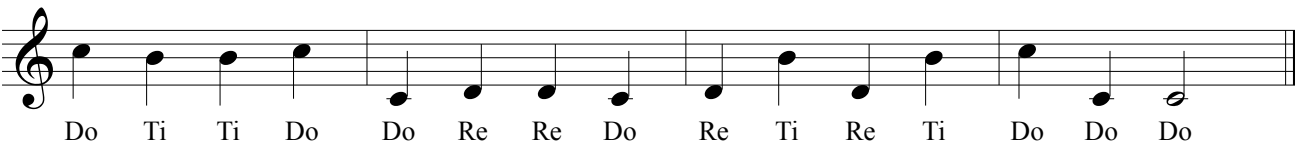
4 


5 

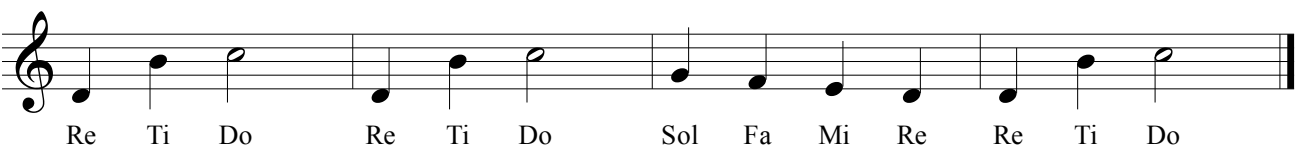
6 

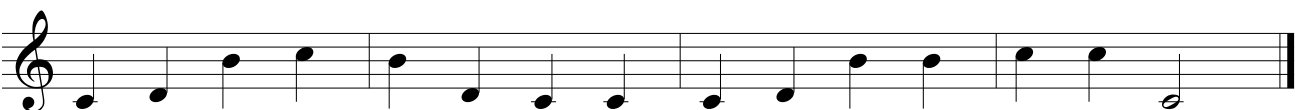
Level 16 practice

6th Re-Ti
Ascending

1 

2 

3 

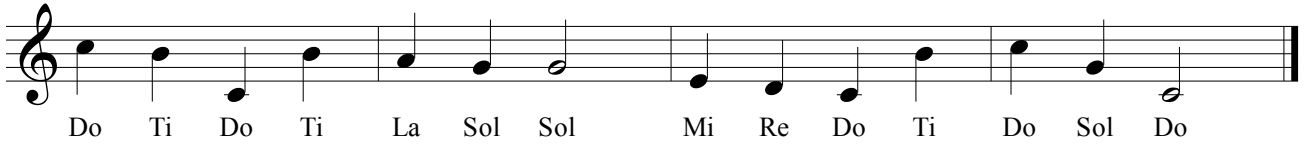
4 

5 

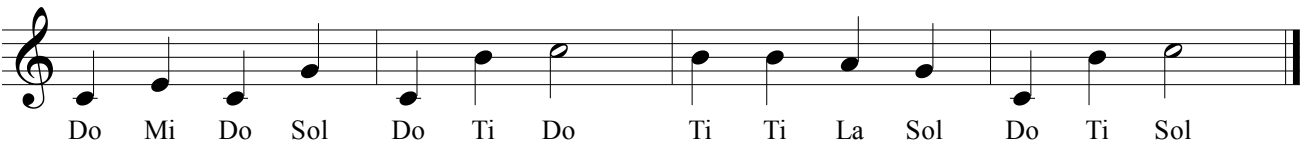
6 

Level 17 practice

7th Do-Ti
Ascending


1 

2 

3 


4 

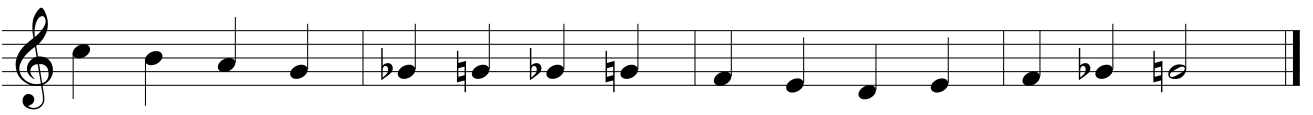
5 


6 

Level 18 practice

Chromatics - Se

1 
Do Mi Sol Se Sol Fa Mi Sol Do Ti La Sol Se Sol Sol

2 
Do Ti La Sol Se Sol Se Sol Fa Mi Re Mi Fa Se Sol

3 
Sol Do Sol Se Sol Do Sol Se Sol Fa Mi Re Do Se Sol

4 

5 

6 

Level 19 practice

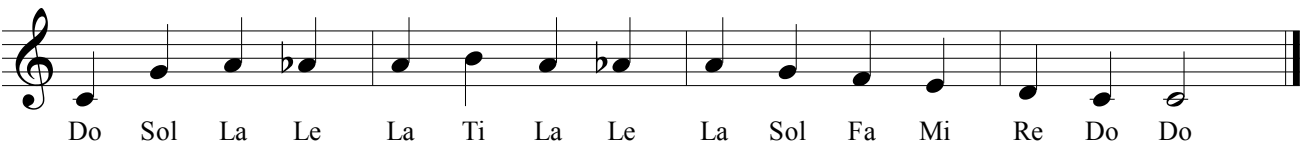
Chromatics - Le

1



Do Ti La Le La Sol Fa Mi Re Mi Fa Sol La Le La

2



Do Sol La Le La Ti La Le La Sol Fa Mi Re Do Do

3



Do Sol La La Le La Ti Ti Do Ti La Le Sol Mi Do

4



5

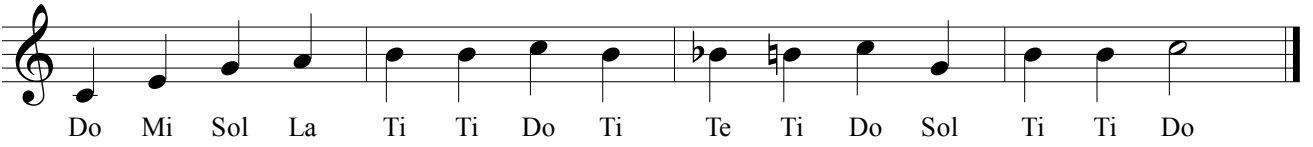


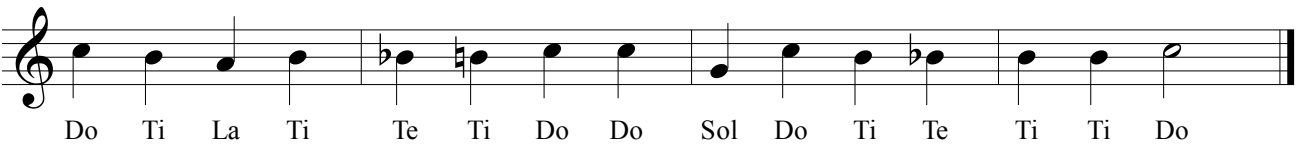
6




Level 20 practice


Chromatics - Te

1 

2 

3 

4 

5 

6 