

*Synchro Teams,*  
**LET'S EAT!**

Thursday, January 31st 2019 - Saturday, February 2nd / Wings Event Center  
2019 Midwest & Pacific Coast Synchronized Skating Championships

# We welcome you to order A Boxed Lunch!



Each boxed lunch is \$9.50 and can be paid for in advance via check. Day of payments can also be made at the concession stand by cash or credit card.

**Please register by January 20th at <https://goo.gl/forms/X6NNFTvvcTQ80DoL2> to guarantee your team a boxed lunch!**

For additional information contact Josh Reames at [jreames@wingseventcenter.com](mailto:jreames@wingseventcenter.com)

*\*Gluten free and Vegetarian Options Available, Please no Substitutions*

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## What's for Lunch?!

A Ceasar Wrap

**OR**

A Grilled Chicken  
Sandwich (Gluten Free)

**OR**

Hummus and a Veggie  
Wrap (Vegetarian Option)

All lunches come with chips, water, fruit and a cookie!