

Spring 2026 Coaches:

Thank you for making the commitment to coach this season!

Wanted to send along several links to Helper Tools and Training Guides for you to use this season:

First, it is required that you sign up for the Remind101 text messaging system we use to communicate with our coaches. This is JUST FOR COAHES, so if you signed up for the Parent one, this is different. **It is free and requires no app downloads.** To sign up [click on this link](#)

Team Management Tools:

- [Accessing your roster and communicating with your team](#)
- [Team Management Tips & Tricks](#)
- [Training \(aka Practice\) Areas By Age Group Map](#)
- [Team Parent Meeting Sample Letter](#)
- Cold & Hot Weather Training Guidelines
 - [Cold Weather Training Guidelines](#)
 - [Hot Weather Training Guidelines](#)
 - [CCSA Doppler Weather System Definition](#)
- [Game Day Playing Guidelines](#) - YOU'LL WANT TO DOWNLOAD THIS ONTO YOUR PHONE FOR EASY ACCESS ON GAME DAY
- Game Day Line Up (aka Formation) Options
 - [U15 & U19](#)
 - [U12](#)
 - [U10 \(7v7 & 8v8 Option - CCSA only uses 7v7\)](#)
- [Uniform Pick Up Day Guidelines](#)

Training Tools:

- [Training Methodology & Guidelines](#)
- [Age Group Specific Training Emphasis](#)
- Age Group Specific Season-long Training Plans
 - [U8 Training Plan](#)
 - [U10 Training Plan](#)
 - [U12 Training Plan](#)
 - [U15 Training Plan](#)
 - [U19 Training Plan](#)
- [Approved Alternate Training Locations](#) – in the event CCSA fields are shut down
- [Age Group Specific Training Activities](#)
- [YouTube Training Activities Listing](#)
- [Training Youth Soccer Players by Vince Ganzberg](#), Director Of Coaching Education – USA Soccer

Enjoy the season and “be mindful of the positive impact you’re making with every practice and game”.