

Boys' & Girls' Cross Country Running State Tournament
November 2, 2019
St. Olaf College, Northfield

RACE SCHEDULE

- Class AA Girls 10:00 a.m.
- Class AA Boys 11:00 a.m.
- Class AA award ceremony will be conducted approximately 30 minutes after the completion of the last race.
- Class A Girls 1:00 p.m.
- Class A Boys 2:00 p.m.
- Class A award ceremony will be conducted approximately 30 minutes after the completion of the last race

AWARDS CEREMONY

A combined awards ceremony will be conducted in the Skoglund Athletic Center gymnasium following each set of races. Awards will be presented as follows:

- Trophies and medals to teams finishing in first, second and third place
- Medals to individuals finishing first through tenth place
- Fans can enter the gym using the front entrance of Skoglund Athletic Complex (north side of building).

Spectator Parking & Shuttle Service

Spectator parking is available at four remote parking lots at the southeast end of St. Olaf campus. Large red signs will direct spectators to these lots. Shuttle service to and from campus will be provided from 9:00 am to 5:00 pm on race day. The pickup and drop off points will be posted with large red "Bus Stop" signs. **Please note: Spectator parking is not allowed in any of the Skoglund Athletic Center parking lots.**

DIRECTIONS TO ST. OLAF

35W south to Minnesota Highway 19, go east on 19 to Northfield and follow the Saint Olaf College signage. Alternative routes include Cedar (77) and Highway 3 out of St. Paul.

SPECTATORS ON COURSE

Spectators must stay behind the fences in order that all runners will have a fair opportunity to do their best. Spectator interference may result in disqualification of a team or individual. Please be respectful of the restricted course area in and near the Prairie Loop.

VIDEO TAPING POLICY

Parents of runners may videotape the state meet if: A). the tape is not for commercial use; and B). the camera is not obstructing the view of others and it is a hand held camera. Tripods and other camera stands will not be allowed into the meet.

MINNESOTA STATE HIGH SCHOOL LEAGUE Cross Country Championships

BOYS' & GIRLS' 5000-METER COURSE

St. Olaf College
Northfield, Minnesota

