

REGION 1 XCEL CHAMPIONSHIPS



2026



Hosted by Black Diamond Gymnastics

April 23-26th, 2026

Western Sports Park - Arena 1

25 North Sports Park

Farmington, UT 84025

Blue Gym - XG	White Gym – XP/XD/XSA
Thursday	Thursday
11:30am 3:00pm 6:30pm	11:30am 3:00pm 6:30pm
01B: XG Senior D (1-1-08 to 10-8-11)	01W: XSA/XD Senior B (1-1-01 to 6-30-08)
02B: XG Senior C (10-9-11 to 5-22-12)	02W: XD Senior A (7-1-08 to 2-13-10)
03B: XG Senior B (5-23-12 to 11-8-12)	03W: XD Junior B (2-14-10 to 7-25-11)
Friday	Friday
8:00am 11:30am 3:00pm 6:30pm	8:00am 11:30am 3:00pm 6:30pm
04B: XG Senior A (11-9-12 to 3-18-13)	04W: XD Junior A (7-26-11 to 12-31-16)
05B: XG Junior F (3-19-13 to 7-26-13)	05W: XP Senior C (1-1-03 to 11-2-09)
06B: XG Junior E (7-27-13 to 11-17-13)	06W: XP Senior B (11-3-09 to 1-4-11)
07B: XG Junior D (11-18-13 to 3-12-14)	07W: XP Senior A (1-5-11 to 8-29-11)
Saturday	Saturday
8:00am 11:30am 3:00pm 6:30pm	8:00am 11:30am 3:00pm 6:30pm
08B: XG Junior C (3-13-14 to 6-27-14)	08W: XP Junior C (8-30-11 to 3-26-12)
09B: XG Junior B (6-28-14 to 10-12-14)	09W: XP Junior B (3-27-12 to 10-15-12)
10B: XG Junior A (10-13-14 to 3-9-15)	10W: XP Junior A (10-16-12 to 5-8-13)
11B: XG/XP State Team	11W: XD State Team
Sunday	Sunday
8:00am 11:30am 3:00pm	8:00am 11:30am 3:00pm
12B: XG Child C (3-10-15 to 7-29-15)	12W: XP Child C (5-9-13 to 11-16-13)
13B: XG Child B (7-30-15 to 3-4-16)	13W: XP Child B (11-17-13 to 9-6-14)
14B: XG Child A (3-5-16 to 12-31-18)	14W: XP Child A (9-7-14 to 12-31-17)

The red section represents the birthdate ranges used to assign each athlete to their respective session.