

# Mahtomedi Youth Hockey Association



2025-2026  
Parent & Player Handbook

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## MISSION STATEMENT

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The mission of the Mahtomedi Youth Hockey Association is to design programs aimed at creating a fun, fair, and safe hockey environment that increases participation and improves skills while developing respect for others, self-confidence, and teamwork in our student-athletes.

## WELCOME FROM THE MYHA PRESIDENT

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Welcome to the 2025 – 2026 season of Mahtomedi Youth Hockey. For those that are new families, welcome to our Association, and those returning welcome back! This is my fourth year on the board, and my second as President. I am honored and humbled to serve as your President in such a fine association.

As we enter the 56th season of MYHA hockey, I would like to thank all the countless volunteers, coaches, managers, and parents. We could not do it without you! Also, I would like to welcome all our incoming board members and say that I am excited to work with all of you.

I am again looking forward to another great season! Last season was another outstanding season for Mahtomedi! Finally, please continue to support our charitable gambling efforts at the Dugout and Quinny's!! Thank you to all that have participated, and in total last year, close to \$100,000 was donated back to the Association!

Thank you for your continued support! Good luck this season!

Go Zephs!!!

Luke Juhl  
MYHA President

# MYHA ORGANIZATION AND HISTORY

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The Mahtomedi Youth Hockey Association (MYHA) was organized in 1969 as a non-profit corporation by a group of caring and dedicated volunteers who wanted to provide for every child in District #832 with the opportunity to play organized hockey. The Association is governed by an elected Board of Directors composed of interested parents and community residents. MYHA is a Minnesota Amateur Hockey Association (MAHA) and USA Hockey (USAH) member. MYHA traveling teams play in Minnesota's District 2. MYHA determines the number of teams and the level of play based on the anticipated number of players registering for hockey. The Board of Directors uses USAH guidelines to help determine the number of players per Team. In general, younger players will have fewer players per Team to increase the number of touches per ice session, and older players will have more players per Team to compensate for the rigor of play.

## MITES

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### Mites

The Mite program is structured by age group and receives progressively more ice time per year, and skaters are placed at the level that best matches their skill level:

- Mini-Mites Pre-K (Min 4 years old by 9/1 of the current season) and Kindergarteners.  
This level teaches the most essential skills of hockey and is intended for players with 0-1 years of skating experience.  
Skills are focused on forward and backward skating, stopping, turning, stickhandling, and introducing crossovers.  
Mite Intro/U6 DO NOT play games outside of MYHA per USA Hockey rules. In-house jamborees will be scheduled.
- Mite 1 - typically 1<sup>st</sup> graders.  
In addition to the basic skills, this level teaches forward and backward crossovers, hockey stops in both directions with the puck, front to back/back to front transitions, full speed power turns, shooting, edge awareness, stick-handling, passing, and introduction to gameplay.
- Mite 2/3 – typically 2<sup>nd</sup> through 3<sup>rd</sup>/4<sup>th</sup> grade players.  
This is an evaluation-based division, where skaters are grouped by ability at the beginning of the season. In addition to the skills outlined above, this level continues the skill development of skaters, emphasizing games against other associations in MN Hockey District 2. Per USA Hockey rules, there is a maximum of 2 full ice games with additional games played either cross-ice or on 2/3 ice sheets.

The Mite program is structured by age group and receives progressively more ice time per year, and skaters are placed at the level that best matches their skill level:

This level teaches the most basic skills of hockey and is intended for players with 0-1 years of skating experience.

Skills are focused on forward and backward skating, stopping, turning, stickhandling, and introducing crossovers.

Mite Intro/U6 DO NOT play games outside of MYHA per USA Hockey rules. In-house jamborees will be scheduled.

Ice sessions one time per week

Practices for this group start late October and will run through late February. The program descriptions above were created using the development guidelines established by USA Hockey and Minnesota Hockey. As a member association, MYHA is committed to advancing our players in accordance with USA Hockey's American Development Model. We encourage parents to follow these guidelines when registering their son or daughter. We understand that several factors such as a child's grade in school, individual skill level, and previous hockey experience may differ from the established guidelines; however, we want to stress the importance of registering players at the appropriate level to ensure successful, long-term participation. MYHA reserves the right to place players at the appropriate level. If you have questions or would like further clarification, please contact our Mite Director.

- Mite 1 – typically 1<sup>st</sup> graders.

In addition to the basic skills, this level teaches forward and backward crossovers, hockey stops in both directions with the puck, front to back/back to front transitions, full speed power turns, shooting, edge awareness, stick-handling, passing, and introduction to gameplay.

Mite 1 play in-house and external jamborees

Ice sessions two times per week

Practices for this group start late October and will run through late February. The program descriptions above were created using the development guidelines established by USA Hockey and Minnesota Hockey. As a member association, MYHA is committed to the advancement of our

players in accordance with the USA Hockey's American Development Model. We encourage parents follow these guidelines when registering their son or daughter. We understand that a number of factors such a child's Grade in school, individual skill level, and previous hockey experience may differ from the established guidelines; however, we want to stress the importance of registering players at the appropriate level to ensure successful, long-term participation. MYHA reserves the right to place players at the appropriate level. If you have questions or would like further clarification, please contact our Mite Director.

- Mite 2/3/4 – typically 2<sup>nd</sup> through 3<sup>rd</sup>-grade skaters.

This is an evaluation-based division, where skaters are grouped by ability at the beginning of the season. In addition to the skills outlined above, this level continues the skill development of skaters with an increased emphasis on games against other associations in MN Hockey District 2 or other local associations. Per USA hockey rules, there is a maximum of 2 full ice games after Dec. 31, with additional games played either cross ice or on 2/3 ice sheets. Mite 2/3 will also participate in 2 Jamborees during the season. Mite 1 aged players may move-up to Mite 2/3 based at Mite Director and Coach discretion.

Ice sessions two-three times per week.

Practices for this group start late October and will run through late February. The program descriptions above were created using the development guidelines established by USA Hockey and Minnesota Hockey. As a member association, MYHA is committed to the advancement of our players in accordance with USA Hockey's American Development Model. We encourage parents to follow these guidelines when registering their son or daughter. We understand that a number of factors such a child's Grade in school, individual skill level, and previous hockey experience may differ from the established guidelines; however, we want to stress the importance of registering players at the appropriate level to ensure successful, long-term participation. MYHA reserves the right to place players at the appropriate level. If you have questions or would like further clarification, please contact our Mite Director.

- Players with summer birthdays (June 1 – Sept. 1) are allowed the option to play up to stay with others in their Grade if desired.

# 6U/8U Girls

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## 6U/8U Girls

- Eight and under girls will be structured by age group and receive progressively more ice time as they get older
- Depending on the number of girls registered, eight and under will be separated into the following two age groups: 6U, and 8U
- Players age group is determined by their age on June 1 of the year of registration
  - 6U – ages 4, 5, and 6 (typically Pre-K through 1<sup>st</sup> grade)
    - Girls turning four between June 1 and September 1 are also allowed to register.
    - Teaches basic hockey skills focusing on forward and backward skating, stopping and turning.
    - Builds on basic hockey skills including stickhandling and skating with the puck, front/back transitions, power turns, edgework, passing, introducing basic defense vs. forward position
    - Will play half-ice games against other associations, an in-house jamboree & an outside jamboree
    - May group girls according to skill during practice and games
  - 8U – ages 7 and 8 (typically 2<sup>nd</sup> and 3<sup>rd</sup> graders)
    - Continues with hockey skills including crossovers, shooting, introducing 5v5 positions
    - Will play half-ice games and full-ice games against other associations, an in-house jamboree & multiple outside jamborees
    - Girls will practice together and will be leveled according to skill into multiple teams for games
- Girls with summer birthdays (June 1 – Sept. 1) are allowed the option to play up to stay with others in their Grade if desired

## TRAVEL LEVEL PROGRAMS

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The girls's program (10U, 12U and 15U) is sanctioned as a co-op again for the 2025-2026 season with Roseville Area Youth Hockey. For information on the Roseville-Mahtomedi Marauders, please visit their website at [Marauders Hockey](#).

The boys' program will typically have an A, B and a C team at the SQUIRT, PEEWEE AND BANTAM levels. The B teams also have a delineation of B1 and B2. If there is one B team, the Board of Directors will determine the appropriate level of play based on coach feedback. The default level is B1. Eligible boys may try out for the A and B teams. If a player does not participate in tryouts, they will be automatically placed on the C team.

All teams compete with other teams from Minnesota Hockey District 2 and are scheduled in 4 tournaments, one being out-of-metro. Teams will have 50 hours of scheduled practice ice.

**Note to all participants:**

MYHA will field teams in all categories when the Association has enough participants at that level. In the event that MYHA does not field a team, MYHA will proactively work with other area Associations from surrounding communities in an attempt to find individuals to play. Individuals wishing to pursue a place to continue their participation/ must follow the Waiver process outlined in PARTICIPATION AND WAIVER section of this document. Please contact the MYHA Registrar for additional information. One note: Boys Junior Gold and U16 teams are typically formed shortly after High School tryouts are completed in mid-late November. Any questions you may have during the season, whether in-house or traveling, should first be directed to the Team's coach or manager. Second, contact the age level director as listed in Appendix B of this document. Finally, questions or concerns can also be presented during the monthly meetings of the board of directors. Meetings are held once a month at a public location in Mahtomedi (City Hall and the Library have been used) 3<sup>rd</sup> Sunday of the month, unless otherwise noted on the MYHA Calendar. Member participation at board meetings is encouraged and expected. Active members are allowed to comment during the open public comment at the start of the meeting. Finally, MYHA is committed to providing a quality hockey program for our young players and is excited to welcome new members to the organization each year.

## PLAYER FINANCIAL RESPONSIBILITIES

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All players that select the option to try out are committing to the payment of registration fees, jersey fees and the try out fee. For those that select the option to not try out, they will be responsible for the registration fees and jersey fees.

Notes:

1. Any registrations (Jr Gold, Mites, U6, U8 excluded) received after Jul. 31 of the current year will be subject to a \$100.00 late processing fee.
2. A traveling level evaluation fee is required for anyone registering for an A or B level in the boys' program or A team in the girl's program.

## REFUNDS

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When authorized and approved by the MYHA Executive Board, individual player refunds will be paid by the MYHA Treasurer.

For all traveling levels (Squirts, Peewee, Bantams, Junior Gold and 10U-15U), at the level the player requesting the refund is registered and regardless of participation in the first evaluation, once the first evaluation group at the level the player requesting the refund has begun, no refunds will be granted for any reason, except for players moving up to play at the high school level.

For the non-traveling levels (All mite levels and 8U and below), at the level the player requesting the refund is registered and regardless of participation in the first practice, once the first practice has begun, no refunds will be given for any reason.

Refunds will be limited to the amount paid at that point less the following:

1. Minnesota Hockey individual fees.
2. USA Hockey individual fees.
3. Tryout fees (if the refund request is made before tryouts)

**This policy pertains to all situations; medical, personal, logistical, etc.**

## TEAM EXPENSE GUIDELINES

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As part of each year's team budgeting process, the MYHA Board will approve a Team Expense budget based on age and competition level. It is the responsibility of the Team Coach and Team manager to utilize these funds in a manner consistent with the needs of the Team.

Examples of Team Expenses:

- Referee Fees (scrimmage games, rescheduled game fees) – must be D2 referees. See D2 website for more information on this.
- Team Equipment – First Aid Kits
- Away tournament Food/Party Room

# FUNDRAISING

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Fundraising is an important Association Function. Association fundraising is focused on supporting capital improvements to facilities and equipment and association development. To ensure optimum participation and success for the Association, the following fundraising activities are planned this year.

- Annual Hockey Equipment Garage Sale
- Charitable Gambling at the Quinny's and Forester's Dugout
- Squirt Fall Camp Fundraiser
- Mahtomedi nICE IceBreaker (New this Season!)

All fundraising done by members of the Association is to be for the benefit of the entire Association, not individual teams.

# EVALUATIONS

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## **Player Evaluation Processes:**

<http://mahtomedi hockey.pucksystems.com/> Please refer to Evaluation tab.

## **Injury Policy:**

If a player is injured or is suffering from an extended illness at the time of evaluations, the parent may petition the MYHA Board and the MYHA Board will determine the level of play for the player.

See Appendix C – for current year age levels and birth date cutoffs.

# PARTICIPATION AND WAIVER POLICY

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MYHA will comply with MN Hockey District 2 policies. The following restrictions apply to all participants in MYHA and will be enforced. Additional information on this can be found in the Minnesota Hockey Handbook on the Minnesota Hockey website: [www.minnesotahockey.org](http://www.minnesotahockey.org)

## **MYHA RESIDENCY POLICY**

Mahtomedi Youth Hockey Association reserves the right to request proof of current residency documents. If Mahtomedi Youth Hockey Association requests proof of residency documents, the documents need to be provided within 10 business days of the request. If proof of residency

documents are not provided within 10 business days and/or the documents provided do not show proof of residency in the Mahtomedi School District, the player's registration may become invalid.

## PARTICIPATION POLICY

Minnesota Hockey is a community-based amateur hockey program. Members in good standing are to participate on teams from their local Association (local affiliate) based on the residence of their parent(s) or legal guardian(s). The boundaries of the geographical area served by each local Association are determined by MH and recorded in the Affiliate Agreements. In some circumstances, players may participate in another association by requesting a formal waiver from this policy.

## PARTICIPATION RULE

1. Youth Hockey players must register and participate with the Association whose boundaries incorporate the player's residence. If a player desires to participate on a team from any other association, the player must obtain a waiver.
  - a. All waiver requests must be submitted on the current Waiver Form provided by Minnesota Hockey.
  - b. The Waiver Form must indicate the reason for the waiver request. (school attendance, opportunity to play on travel team, co-op team, etc.).
  - c. Any conditions that apply to a waiver must be indicated on the Waiver Form and initialed by all parties executing the waiver.
  - d. Waiver Forms must be signed by the releasing and receiving Association's presidents.

After approval by the association presidents, Discretionary Waivers must be submitted to the District Director for approval (both Directors if two Districts are involved). • Provide copies of approved Mandatory Waivers to the District Director (both Directors if two Districts are involved). District Director approval may not be needed on Mandatory waivers.

Players residing outside of the state of Minnesota that desire to play for MYHA must follow the Inter-Affiliate Player Transfer Protocol.

Use of an assumed name, falsification of age, or listing a false school or address will result in expulsion from MYHA for the remainder of the season as defined by Minnesota Hockey rules. The MYHA has the right to verify any player's school and residency at any time.

## PRIVACY POLICY

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### Player's Privacy:

To assist in maintaining the privacy of our Association's families and players, the Mahtomedi Youth Hockey Association's web site will only display generic pictures. We do intend to publish stories about teams that are submitted by team coaches and managers.

## Email Addresses and Communications:

MYHA will keep the email addresses of our membership confidential. We will not rent or sell members email addresses. Email addresses and phone numbers of our elected board members, team coaches and team managers will be published on the web site. MYHA does intend to communicate information via email periodically to our members. We will utilize the MYHA website to send out blast emails to all members. This is an email that comes from MYHA and doesn't list recipients. Each team head coach and manager will be given the email address/es given at registration. All communication will take place using email addresses, please be sure, your player's coach and manager have any and all email addresses that your family uses.

## ICE SCHEDULING

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MYHA is contracted with Ramsey County for 430 hours of ice at White Bear County and 525 hours of ice at Harding Arena. We also purchase additional ice at Polar & Tartan and other Ramsey County rinks, as needed.

The guidelines and Definitions that are used for scheduling our teams is as follows:

- Early ice: start time prior to 8:00 a.m.
- Very Early ice: start time prior to 7:15 a.m.
- Late ice: start time after 8:30 p.m.
- Very Late ice: start time after 9:00 p.m.
- Minimize early and late ice as much as possible
- Mite 1, Mite 2, Mite 3, Mite 4, 6U/8U split early ice with an equal distribution of "Early" and "Very Early" time slots
- Mini Mite's allotted occasional "Early" ice if necessary, to absorb ice
- Peewees, Bantams and Junior Gold split late ice with an equal distribution of "Late" and "Very Late" ice
- Wednesday nights avoided or used for games, if possible.
- Schedule games to start on or after 9:00 a.m. on weekends and 5:30 p.m. on weekdays but before 8:45 p.m. both weekends and weekdays
- All teams other than Mini Mite, Mite 1, and 6U are scheduled for practice every Saturday and Sunday, except in the case of a game, tournament, or insufficient ice
- Ice practice slots are generally 60 minutes, but may be scheduled for 75, 90, 105 or 120 minutes depending on ice supply, team game/tournament schedule, and presence of 90-minute game slots
- Team share ice with teams at same level or one level up/down
- Teams are schedule for minimum of 12 hours between ice events (Game and/or practice)

- Mite and 8U's will skate full sheet only if no good sharing options exist, or if required to absorb ice supply.

## ICE SCHEDULES

The ice schedules are on the MYHA website. They are subject to change so please check with your coach or manager if you have questions. In addition, MYHA contracted with Mahtomedi Community Ed to utilize the outdoor skating rinks and warming house for practices and jamborees. The maintenance is shared with the City of Mahtomedi and Community Education. Teams are scheduled to practice (weather permitting) once each week at the outdoor rinks. All MYHA managers will work together to trade hours if necessary. Indoor ice practices supersede outdoor ice. It is imperative that teams use their outdoor ice time, trade it, or give it away.

**Friday Nights-** One rink will be reserved for Mites/8U/6U age players for pick up hockey. This will be labeled as MITE/ 8U/6U/ NIGHT on the schedule. Players in 3<sup>rd</sup> Grade and under have priority use of the rink reserved for the Mite/U8/U6 skaters.

Saturday mornings are reserved for Mites and 8U/6U internal and external jamborees. The Coordinators at those levels will work together and within the USAH, MH and ADM guidelines to schedule and plan the jamborees.

## WHO CAN BE ON THE ICE?

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Only official USA hockey rostered MYHA coaches and players on a team are to be on the indoor or outdoor ice when a team has a practice, Game, or on ice activity. No other children, siblings, parents, adults, or managers are to be on the ice. This is a USA hockey rule. By allowing others on the ice you are jeopardizing the insurance coverage that MYHA has through USA hockey.

# HIGH SCHOOL MENTORING PROGRAM

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Once a high school hockey player is officially on a team they may assist with a practice. If under the age of 18, they must wear full personal protective equipment. They can be on the ice one to two times per season as part of a mentoring program. If you have any questions or concerns regarding these policies, please contact a MYHA board member.

## EQUIPMENT AND SAFETY

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MYHA promotes player safety and REQUIRES all players to be completely outfitted with the following list of Personal Protective equipment during all MYHA (indoor and outdoor) practices, clinics and games. MYHA insurance coverage is by USA hockey and requires full personal protective equipment for all MYHA on-ice activities. It is the responsibility of ALL SKATERS to report in full personal protective equipment for games and practices, indoor and outdoor, or they will NOT BE ALLOWED TO PLAY. It is the responsibility of the Coaches and Managers to enforce this rule.

### PERSONAL PROTECTIVE EQUIPMENT

- Helmet, Mask and Chin Strap - must be HECC approved (Note: Navy Blue is the required color for all Squirt/U10 and older teams)
- Full Mouth Guard (**colored**)
- Shoulder Pads
- Elbow Pads
- Hockey Gloves (Note: Navy Blue is the required color for all Squirt/U10 and older teams)
- Shin Pads
- Breezers (Note: Navy Blue is the required color for all Squirt/U10 and older teams)
- Athletic Supporter and Cup or Pelvic Protector
- Hockey Skates

Note: Parents are encouraged to be sure their skater has proper fitting skates. A proper fit is essential to ensure the skater is comfortable and safe on the ice. Sharp skates are also an important maintenance item and most Sporting Goods stores offer package plans for the season.

Note: Neck Protection is required for our district.

### GENERAL EQUIPMENT

- Hockey stick (traveling players should have 2)

- Socks – will not be provided each year anymore and must be purchased through the association at the start of each season and are required for participation.
- Equipment Bag - optional
- Jerseys – Game and Practice Jerseys are to be purchased through the association and are required for participation.

Note:

All Jerseys and socks are property of each individual association member and/or family. At the start of your traveling career you will be assigned a number and that will be your number for entire time in the association. It will be up each individual association member when they replace their practice or game jerseys or socks. New game, practice jerseys and socks will be available for purchase at the beginning of each season.

## OUTDOOR SKATING

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We would like to emphasize the importance of your child skating as often as possible. Too often, children want to play hockey and concentrate on stick handling and control of the puck. While these are obviously important aspects of hockey, the key to a successful player is their skating skills. Several arenas in the area offer open skating and we encourage your player to spend as much time as possible skating but maintaining a balance with home/school/church/sports. Outdoor rinks are always open if the weather permits; warming house is open as scheduled by Community Ed when the temperature is within the range they have defined as acceptable. Community Ed Weather Hotline: 651-407-2020  
Warming House has a land line- number is: 651-653-1864.

## WARMING HOUSE RULES

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The following will not be tolerated by any individual:

1. Fighting
2. Use of alcohol, drugs, tobacco, or firearms
3. Destruction of property (warming house, lights, ice, goal nets, ETC.)
4. Theft of individual or community property
5. Disobeying warming house attendant
6. Verbal or physical harassment of other individuals
7. Disruption of structured and unstructured activities

Violation of any of these rules will result in being banned from use of the warming house and rinks, subject to review by the District Education Director and or the Mahtomedi Youth Hockey Association.

Anyone causing damage to the rinks or warming house will be held financially responsible for the costs to repair them. Please remember that this is your warming house, take care of it and do not let others destroy it.

Thank you!

To report any violators, please call the MYHA President - See Appendix A

## GUIDELINES FOR PARENTAL INVOLVEMENT

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The growing participation of parents in the USA Hockey movement has developed a need for a "Role definition" and a "Statement of guidelines indicating how, when and where a parent should involve himself/herself in the child's activity". Parental pressure disguised as love and concern can quickly destroy a player's desire to participate. Once the priorities are misplaced and the activity is no longer player oriented, but parent oriented, we have lost the purpose and ultimate objectives of Youth Hockey.

### 10 GUIDELINES FOR PARENT'S INVOLVEMENT IN YOUTH SPORTS.

1. Make sure your children understand that win or lose, you love them.
2. Be realistic about your child's physical ability.
3. Help your child set realistic goals.
4. Emphasize "Improved" performance, not winning.
5. Don't relive your own athletic past through your child.
6. Provide a safe environment for training and competition.
7. Control your emotions at games and events
8. Be a "Cheerleader" for your child AND other children on the Team.
9. Respect your child's coaches. Communicate with them in a positive way.
10. Be a positive role model.

### GOOD ADVICE

There is nothing inherently good about scoring a goal, forechecking, backchecking, making a save or winning a game. It is only good if it enhances the process of educating our young, socializing them, making them more aware of life, and/or allowing them to have fun.

Hockey doesn't mean anything unless we reinforce those values that make for a successful citizen. Honesty, integrity, sportsmanship, coachability, and hard work - these are the values, more than anything, that we are here to develop. Sports do not build character; they reveal it. It's what we do with the opportunity to help children develop positive character traits.

# TEAM MANAGER RESPONSIBILITIES

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## PURPOSE

The following is a brief list of the MYHA team manager's responsibilities, and a summary for the team's off-ice activities. Team managers will partner with coaching staff and are encouraged to delegate duties to team parents/guardians.

## BEGINNING OF SEASON

- Complete the manager registration process (USA Hockey + MYHA).
- Complete background screening and SafeSport requirements.
- Collect CEP numbers from head and assistant coaches.
- Resolve team registration issues/discrepancies "redlined" by D2 or the MYHA Registrar.
- Attend a D2 mandatory coach and manager meeting.
- Attend a mandatory MYHA manager information meeting.

## TEAM COMMUNICATIONS

- The team manager is the primary source of all communication for the team.
- Communicate and manage information on the following platforms: SportsEngine, email, GroupMe, and the MYHA team webpage.
- Webpage access will be given using the NGN/TST login id. MYHA team webpage should follow the privacy guidelines. First names may be used OR last names but never both.

## COACH & PARENT TEAM MEETING

- Plan coach and manager meeting to discuss coach vision, scrimmage scheduling, and team expectations.
- Plan and host a parent/family team meeting to communicate all season expectations.
  - Outline coach visions and goals, and outline player and family expectations.
  - Highlight MYHA Code of Conduct.
  - Review season schedule, tournaments, uniforms, and volunteer duties.
  - Distribute volunteer schedule (clock, penalty box, scorebook). All families are required to assist in these duties, no DIBS will be given.
  - Discuss tournament schedule and out-of-town hotel expectations.
  -

## TOURNAMENTS

- Connect with the MYHA Tournament Coordinator for all information on your team's tournaments, including hotel information for your away tournament - Appendix B.
- Confirm payment on all tournament fees and entrance fees that have been paid by the treasurer - Appendix A.
- If you have an "out of state" tournament (i.e., WI, ND), secure forms and signatures.

- Arrive one hour before the tournament's first game, to complete team registration and Tournament Director's review of the Official Team Registration Book.
- Hotels are arranged by the Tournament Coordinator only.

#### ICE SCHEDULING

- Ice scheduler handles all indoor and outdoor ice scheduling of games and practices.
- Work with other managers for trading ice hours if conflicts arise.

#### GAMESHEET/DIGITAL SCORE SHEET & ROSTER/COACHES LABELS

- Each traveling team will be issued an iPad by the MYHA for use during the season.
- Managers are responsible for the team iPad: possession, charge, and condition.
- Prior to each game the manager will ensure the team iPad is ready for use at the game with the iPad charged, the GameSheet loaded, with coach and official signatures obtained.
- GameSheet scoring duties will be performed by manager or by a delegated family per required team game duty responsibilities.
- Information on GameSheet, Inc. and helpful links:
  - [GameSheet Inc | Digital Scorekeeping & League Operations for Modern Sports Leagues](#)
  - [Quick Start Guide - Scoring a Game - GameSheet Inc. Knowledge Base](#)
  - [Training Videos - GameSheet Inc. Knowledge Base](#)
- Create roster and coach labels. Roster and coach labels may still be needed for some scrimmage games and tournaments where GameSheet is not being used, and/or as a backup with any GameSheet technical issues.

#### SCRIMMAGES

- Schedule scrimmages with partnership of the coaching staff.
- Secure ice time for desired scrimmages (solo practice ice). Secure and provide payment for (D2) referees with team funds, if needed.
- Add scrimmages with details to the team calendar.

#### DISTRICT 2 (D2) GAMES

- Once district game schedule is published add the D2 game schedule to the team calendar with details.
- Coordinate any required game rescheduling with the opposing team manager and follow the D2 rescheduling notification procedure on the D2 website.

## TEAM PICTURE DAY

- The Picture Coordinator will reach out to all Team Managers and Coordinators to confirm the picture dates. There are typically two picture dates: an initial session and a make-up session. All games, tournaments and practice schedules will be accommodated to every team is able to have their picture taken. Pictures are taken at the District Education Center (DEC) Warming House.

## TEAM APPAREL

- All apparel must be ordered online through MYHA. NO teams can purchase group apparel outside of MYHA.
- The MYHA Apparel Coordinator will notify you if they have apparel for your Team after each window is available for pickup. Discreetly message families with active orders to create a plan for apparel distribution.

## PLAYER AWARDS

- Several individual achievement awards can be submitted to Minnesota/USA Hockey throughout the season. The form is available on the D2 website, [www.d2hockey.org](http://www.d2hockey.org).
  - Zero Club: Goalkeeper, playing a complete game without allowing a goal.
  - Hat Trick award: player scoring three goals in one game.
  - Playmaker award: player registering three assists in one game.

## RINK RAT

- Collect Rink Rat submissions from eligible students and submit to the MYHA Rink Rat Coordinator, Appendix B.
- Distribute Rink Rat t-shirts to all qualifiers on your Team.

## ACADEMIC EXCELLENCE

- Promote academics throughout the hockey season.
- Share Academic Excellence information and timeline to the team and families as provided by the Academic Excellence Coordinator - Appendix B.
- Team Manager(s) will confirm with parents if their student is eligible to receive an Academic Excellence Certificate.

## END OF THE SEASON

- Plan and execute season end celebration.
- Return team iPad and extra game jersey/socks to MYHA Manager Lead.
- Email team fund reconciliation form to MYHA Manager Lead.

## APPENDIX A: MYHA BOARD OF DIRECTORS 2025-2026

Board Position	Name	Contact Information
President	Luke Juhl	651-403-3189 <a href="mailto:lejuhl@kw.com">lejuhl@kw.com</a>
Vice President	Abe Appert	612-272-6511 <a href="mailto:abe.appert@cbre.com">abe.appert@cbre.com</a>
Secretary	Jody Briske	651-295-0275 <a href="mailto:millerjodyj@yahoo.com">millerjodyj@yahoo.com</a>
Treasurer	Krissy Wright	651-329-5413 <a href="mailto:krissywright50@gmail.com">krissywright50@gmail.com</a>
Mite Level Director	Luke Spannbauer	612-670-0326 <a href="mailto:lspannbauer@gmail.com">lspannbauer@gmail.com</a>
Squirt Level Director	Brent Sorenson	651-983-4743 <a href="mailto:soren054@gmail.com">soren054@gmail.com</a>
PeeWee Level Director	Aaron Freer	651-343-3974 <a href="mailto:freedom@gmail.com">freedom@gmail.com</a>
Bantam Level Director	Adam Buckley	651-269-9783 <a href="mailto:abuckley6@gmail.com">abuckley6@gmail.com</a>
Girls Level Director U10/U12/U15	Kristina Borgen	651-202-0329 <a href="mailto:Kristinaborgen22@gmail.com">Kristinaborgen22@gmail.com</a>
Intro to Hockey and 6U/8U Level Director & Director of Player Development	Ali Peterson	651-329-7384 <a href="mailto:ali@redpathonline.com">ali@redpathonline.com</a>
D2 Representative	Nate McClanahan	651-343-0512 <a href="mailto:nathmc829@hotmail.com">nathmc829@hotmail.com</a>
Director Fundraising	Kristina Lucius	612-237-5614 <a href="mailto:K3Lucius@gmail.com">K3Lucius@gmail.com</a>
Recruitment and Coaching Director	Angela Coffey	612-581-9096 <a href="mailto:acoffey014@gmail.com">acoffey014@gmail.com</a>
Junior Gold Director	Ryan Zahler	763-744-6200 <a href="mailto:ryanzahler@yahoo.com">ryanzahler@yahoo.com</a>

## APPENDIX B: MYHA COMMITTEE CHAIRS 2025-2026

Committee Chair Position	Name	Contact Information
Academic Excellence Coordinator	Kelly Lehmicke	651-491-9061 <a href="mailto:kalehmicke@gmail.com">kalehmicke@gmail.com</a>
Apparel Coordinator Lead	Molly Leonard	651-307-3474 <a href="mailto:mrh.leonard@yahoo.com">mrh.leonard@yahoo.com</a>
Charitable Gambling Manager	Jim Kirkwood	651-707-3377 <a href="mailto:jekirkwood@hotmail.com">jekirkwood@hotmail.com</a>
Volunteer Coordinator (DIBS)	Diane Zenk Caitlin Powell	651-470-5305 diane.nguyen84@gmail.com 651-295-4569 caitlinjopowell@gmail.com <a href="mailto:myhavolunteers@gmail.com">myhavolunteers@gmail.com</a>
Ice Scheduler	Krissy Wright Kelly Taff	651-329-5413 <a href="mailto:krissywright50@gmail.com">krissywright50@gmail.com</a> 612-867-1540 <a href="mailto:kelly.taff@gmail.com">kelly.taff@gmail.com</a>
Contract Ice Consultant	Alex Rogosheske	651-253-3127 <a href="mailto:alex.rogosheske@rogo-law.com">alex.rogosheske@rogo-law.com</a>
Jersey Coordinator Lead -Boys & Girls Traveling Jersey Coordinator	Stephanie Ziefle	651-442-3070 <a href="mailto:smziefle@gmail.com">smziefle@gmail.com</a>
- 6U/8U & Mite Jersey Coordinator	Stephanie Hellquist	651-283-6774 <a href="mailto:slessard28@gmail.com">slessard28@gmail.com</a>
Fundraising Co-Chair	Jenny Peterson	612-414-4626 <a href="mailto:jacobson00@yahoo.com">jacobson00@yahoo.com</a>
Junior Gold Coordinator	Melissa Skow	651-354-5939 <a href="mailto:melissaskow@hotmail.com">melissaskow@hotmail.com</a>
Mite Event Coordinator Lead	Kelly Taff	612-867-1540 <a href="mailto:kelly.taff@optum.com">kelly.taff@optum.com</a>
Redpath Legacy Gear Coordinator(s)	Chelsey Kobet Sowada & Brian Sowada	608-790-7686 <a href="mailto:mahtredpathlegacygear@gmail.com">mahtredpathlegacygear@gmail.com</a>
Registrar	Alethia Schwagel Gamez	651-428-8410 <a href="mailto:alethiagamez@gmail.com">alethiagamez@gmail.com</a>
Rink Rat Coordinator	Gina Anderson	651-402-8948 <a href="mailto:gkrass@yahoo.com">gkrass@yahoo.com</a>
Sponsorship Coordinator(s) - Boys & Girls Traveling Teams	Jamie Egan Tara Redpath	612-308-0001 <a href="mailto:redpatj@yahoo.com">redpatj@yahoo.com</a> 651-470-5819 <a href="mailto:fitz0199@hotmail.com">fitz0199@hotmail.com</a>
MYHA Facebook & Instagram Coordinator	Bradie Leopold	612-709-0599 <a href="mailto:bradiecloud9@gmail.com">bradiecloud9@gmail.com</a>
Team Manager Lead & Coordinator Lead	Brooke Willett	612-280-0087 willett.jb@gmail.com
Team Picture Coordinator	Kelly Taff	612-867-1540 <a href="mailto:kelly.taff@optum.com">kelly.taff@optum.com</a>
Tournament Scheduler – Boys Traveling Teams	Krissy Wright Kelly Taff	651-329-5413 <a href="mailto:krissywright50@gmail.com">krissywright50@gmail.com</a> 612-867-1540 <a href="mailto:kelly.taff@gmail.com">kelly.taff@gmail.com</a>
Webmaster	Matt Lindstrom	952-237-5991 <a href="mailto:mattlindstrom17@gmail.com">mattlindstrom17@gmail.com</a>

# APPENDIX C: AGE DIVISIONS

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## MINNESOTA HOCKEY AGE DIVISIONS FOR THE 2025-2026 SEASON

### Boys/Men

Junior Gold **June 1, 2006 to May 31, 2008**

MN JG16 & Under **June 1, 2008 to May 31, 2010**

MN Bantam **June 1, 2010 to May 31, 2012**

MN Pee wee **June 1, 2012 to May 31, 2014**

MN Squirt **June 1, 2014 to May 31, 2016**

MYHA Mite 3: 3<sup>rd</sup> Grade

MYHA Mite 2: 2<sup>nd</sup> Grade

MYHA Mite 1: 1<sup>st</sup> Grade

MYHA Mite Intro: PreK-K (minimum age 4 by 9/1/25)

### Girls/Women

MN 19U **Jan. 1, 2006 to May 31, 2009**

MN 15U **June 1, 2009 to May 31, 2012**

MN 12U **June 1, 2012 to May 31, 2014**

MN 10U **June 1, 2014 to May 31, 2016**

MYHA 8U All 2<sup>nd</sup> & 3<sup>rd</sup> Grade Girls

MYHA 6U All PreK & 1<sup>st</sup> Grade Girls

# MAHTOMEDI AREA YOUTH SPORTS PARENTS CODE OF CONDUCT

As a parent involved in Mahtomedi Area Youth Sports, I understand and agree to abide by the following rules and guidelines listed below during all games, practices, and tournaments:

1. I will treat all players, coaches, parents, and officials with dignity and respect in language, attitude, and behavior.
2. I will place the emotional and physical well-being of the players ahead of any personal desire to win.
3. I will encourage being a good sport through my actions by demonstrating positive support for players, coaches, parents, and officials. I will remember that the game is for the athlete and not the parents, coaches, or officials.
4. I will respect the property and equipment used at any game or practice sports facility.
5. I will motivate with praise and instruction, not put-downs.
6. I will provide a sports environment free of drugs, tobacco, and alcohol and refrain from using youth sports programs.
7. I will not detain or harass officials following the contest to request a ruling or explanation of actions taken by the official.
8. I will inform the coach of any physical disability or ailment that may affect the safety of my athlete or the safety of others.
9. If necessary, I will ask the coach to abide by the same rules and guidelines expected of me.
10. I will support the coaches, respecting their decisions and offering help at their request.
11. I will make sure my child correctly wears the necessary equipment for safe participation in the program.
12. I will treat my child and others with respect, avoiding put-downs, sarcasm, and ridicule both on and off the field.
13. I will cheer and encourage those around me in a positive way.
14. I will do my very best to make youth sports fun for my child.

I agree that failure to comply with the rules mentioned above and guidelines may result in disciplinary action. This action could include, but is not limited to the following:

- Verbal Warning
- Written Warning
- Suspension from Watching Game(s)
- Season Suspension from Watching Game(s)/participating in MYHA Events

# MAHTOMEDI AREA YOUTH SPORTS COACHES CODE OF CONDUCT

As a coach involved in Mahtomedi Area Youth Sports, I understand and agree to abide by the following rules and guidelines listed below during all games, practices, and tournaments:

1. I will treat all players, coaches, parents, and officials with dignity and respect in language, attitude, and behavior.
2. I will place the emotional and physical well-being of the players ahead of any personal desire to win.
3. I will encourage being a good sport through my actions by demonstrating positive support for players, coaches, parents, and officials.
4. I will remember that the Game is for the athlete and not the parents, coaches, or officials.
5. I will respect the property and equipment used at any game or practice sports facility.
6. I will motivate with praise and instruction, not put-downs.
7. I will provide a sports environment free of drugs, tobacco, and alcohol and refrain from using youth sports programs.
8. I will do my best to watch for signs of burnout and overuse injuries.
9. Keeping in mind that there may be a wide range of development among youth at this age, I will treat each player as an individual.
10. I will lead by example in demonstrating fair play and being a good sport to the players by respecting the officials and our opponents.
11. I will do my best to organize practices that are fun and challenging for all my players.
12. I will be knowledgeable in the rules of each sport that I coach, and I will teach these rules to my players.
13. I will not detain or harass officials following the contest to request a ruling or explanation of actions taken by the official.

I agree that failure to comply with the rules mentioned above and guidelines may result in disciplinary action. This action could include, but is not limited to the following:

- Verbal Warning
- Written Warning
- Suspension from Game(s)
- Season Suspension (Removal of Coach)

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Coach Name (Please Print)

Coach Signature

Date

# MAHTOMEDI AREA YOUTH SPORTS PLAYER CODE OF CONDUCT

As a participant involved in Mahtomedi Area Youth Sports, I understand and agree to abide by the following rules and guidelines listed below during all games, practices, and tournaments:

1. I will treat all players, coaches, parents, and officials with dignity and respect in language, attitude, and behavior.
2. I will encourage being a good sport through my actions, by demonstrating positive support for players, coaches, parents, and officials.
3. I will respect the property and equipment used at any game or practice sports facility.
4. I will attend all practices and games and play to have fun and learn.
5. I will treat my own body with respect and care.
6. I will display modesty in victory and graciousness in defeat.
7. I will respect the rights and beliefs of others and will treat others with courtesy and consideration.
8. I will be fully responsible for my actions and the consequences of my actions.
9. I will not detain or harass officials following the contest to request a ruling or explanation of actions taken by the official.
10. I will treat my teammates and others with respect, avoiding put-downs, sarcasm, and ridicule both on and off the field.
11. I will cheer and encourage those around me in a positive way.
12. I will keep my sports environment alcohol and drug-free.
13. I will not intentionally physically harm anyone when participating in sports.
14. I will not post items on the internet or via social media that intimidate or humiliate other people or players or demonstrate anything but positive information about MYHA or its opponents.

I agree that failure to comply with the rules mentioned above and guidelines may result in disciplinary action. This action could include, but is not limited to the following:

- Verbal Warning
- Written Warning
- Suspension from Game(s)
- Season Suspension (Removal of Player)

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Player Name (Please Print)

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Player Signature

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Date

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Parent/Guardian Name (Please Print)

---

Parent/Guardian Signature

---

Date

## MYHA CONTACT INFO

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MYHA  
P.O. Box 604  
Willernie, MN 55090

Web Address: <http://mahtomedi hockey.pucksystems.com/>