

Tournament Information

When your child is ready for a tournament, here are some things you need to know:

Go to www.wiwrestling.com to find where and when tournaments are going on. They happen every weekend throughout the season. We will try to make handouts available for some of the tournaments. You can ask other parents what tournaments they are going to so you'll have some familiar faces if you need help. Some tournaments specifically say on the website "folkstyle" which is the style we coach and wrestle.

Most tournaments require pre-registration and have a deadline. You will find detailed information at the website listed above. For online pre-reg you will usually go to www.trackwrestling.com. For those that do not, you register that morning at the tournament. You will need to go early as some tournaments have a limit to the number of wrestlers.

Once you register you'll go to weigh-in or check-in. Some kids choose to wait until after weigh-ins to eat breakfast. There is always plenty of time before wrestling actually starts and most places offer concessions or you can pack your own food. (Some tournaments do not allow food/coolers in the gym.)

Kids are divided by age and weight. A lot of tournaments subdivide further by years of experience. This "bracketing" will happen after all of the kids are registered and weighed in and this can take some time. Bring things to do while you wait.

While waiting for "brackets" kids can warm up on the mats. Once bracketing is done they will be posted. This will tell you where your child will be wrestling and what group they are in. This can get confusing. Your child will be in a bracket that lists a mat number and group number. This bracket will usually have 3 other kids and you will stay in that group throughout the tournament.

Your child will wrestle each child in his or her group. Usually that means they wrestle 3 matches that day. Each match is 3 one minutes periods (at some tournaments older wrestlers get 1.5 or 2 minutes periods). Each round can take up to 90 minutes so you may have a good amount of time between matches. Sometimes however rounds move very quickly, so you need to make sure you know where your wrestler is at all times. There is usually a break after the second round. After the last match in your child's group, the entire group from your bracket will proceed to the award room where they will usually receive a medal. Once they get their award they are done for the day.

Please remember, if your son or daughter attends a tournament, they are representing the Viking Youth Wrestling Club as well as the community. Please make sure that they are acting in an appropriate manner at all times.