

State College Warriors COVID-19 Guidelines

This document provides information on how the State College Warriors Lacrosse programs will operate with regards to the health and safety of our players, coaches, parents, and community as it pertains to COVID-19.

We may update this information from time to time when guidance or regulations from health officials change.

CDC Resources:

- [Symptoms of Coronavirus](#)
- [What To Do If You Are Sick](#)
- [When You Can Be Around Others After Sickness or Exposure](#)

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- SC Warriors will abide by all federal, state, and local regulations and health orders as they pertain to youth sports.
 - Parents/guardians should monitor their children for symptoms prior to any practice, game, or other SC Warriors event.
 - Any player or coach who is showing symptoms, awaiting a COVID test result, or was a recent close contact of a COVID-positive person, should not participate and should notify the team coach.
 - If your child attended a Warriors event and then tests positive for COVID-19 or has had close contact with someone who tested positive, please notify your team coach right away so the SC Warriors can determine what actions need to be taken with regards to player and team health.
 - Coaches will be required to wear masks while indoors when required by regulation or when recommended by CDC guidelines.
 - Players will be asked to wear masks in accordance with federal, state, and local guidelines. There are no mask requirements for outdoor play. For indoor events, players should wear masks when entering and leaving the venue and wear masks while gearing up. On the field of play, players are not required to wear masks.
 - No equipment should be shared (water bottles, sticks, gloves, pads, helmet, jerseys, masks/gaiters, towels, etc). The only exception is lacrosse balls.
 - Every player should bring their own clearly marked water bottle.
 - Players should gear up at least 6 ft away from others.
 - No parents or spectators on the sidelines or field during practice.

Plan of Action if Someone Gets Sick

- Sick individuals are advised of the CDC's home isolation criteria (see the link for "What To Do If You Are Sick" above)
- Sick players and coaches should not return to lacrosse activities until they have met the CDC's guidelines for safe return (see the link for "When You Can Be Around Others After Sickness or Exposure" above).
- Any individual showing symptoms of COVID-19 at a Warriors event should immediately be separated and safely transported home or to a healthcare facility if the symptoms are severe.
- Anyone who had close contact with that individual should be separated and sent home as well while they monitor their symptoms. Close contacts can safely return to action once they've met the CDC's criteria (see the link for "When You Can Be Around Others After Sickness or Exposure" above).