



Fox Valley Youth Hockey Association (FVYHA) Policy COVID-19 Safety Precautions and Return to Play Guidelines

Purpose – The purpose of this policy is to set expectations for players, coaches, and supporters of FVYHA regarding the requirements to ensure safety for the families of the FVYHA organization to minimize the spread of COVID-19. The CDC defines close contact as a minimum of 15 minutes within 6 feet of someone with confirmed COVID-19.

Expectations of Players, Coaches, and Spectators

Everyone will abide by all posted signs and rules at each facility FVYHA utilizes or visits

STAY HOME if you are sick or have been exposed to someone who is infected or suspected to be infected.

- Do not attend an FVYHA practice or game if any:
 - Player has been told to quarantine by any local health agency.
 - Player is showing symptoms of COVID-19, especially fever and/or loss of taste or smell or has had new symptoms within 10 days without a test result, see symptoms list
 - Family member in same household is showing symptoms of COVID-19, especially fever and/or loss of taste or smell or has had new symptoms within 10 days, see symptoms list
 - Exception would be player that has recently had COVID-19 and is cleared to return
 - Player or family member has tested positive for COVID-19
 - Player was sent home from school for any COVID-19 reasons
 - Player has had exposure or contact with anyone with symptoms pending test results for COVID-19
 - Exception would be player that has recently had COVID-19 and is cleared to return

WEAR MASKS must be worn appropriately – **covering nose and mouth**

- Spectators wear a mask at all times if over the age of 3.
- Coaches wear masks at all times.
- Players/Referees must wear WAHA approved masks at all times.
 - Exception: water break
- Social distance as much as possible on the bench.

PRACTICES/GAMES

- Players must come to the rink fully dressed except for skates.
- Arrive no earlier than 15 minutes. Except goalies.
- No hockey bags allowed in the building. Except goalies.
- No warmups in building
- Water bottles must not be shared and must be clearly marked to allow players to identify their bottles
- Equipment will not be shared or available at the rink – No Exceptions!
- No spitting, no squirting or dumping of bottles
- Mouth guards should be kept in mouth, if dropped only player it belongs to should touch it
- As soon as practice/game is over, leave the facility taking time only to remove your skates or put on skate guards.
- One parent volunteer per practice will be available to assist coaches and to enforce guidelines.
- For GAMES – exit and enter using the door at the rear of the building
 - Exception is games/practices on small ice – use the front doors entering and exiting

Disclaimer: We are volunteers not medical experts. This policy is meant to help us to safely return to the ice and keep the kids playing hockey. Nothing in this document would replace CDC, state or Appleton Ice policies. Changes to this policy can be made at any time.



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GAMES ONLY:

- Locker rooms will be available 15 minutes prior to a game as requested by coaches – social distance and wear a mask in the locker room. Larger teams can request two locker rooms -one for offense one for defense to assist in social distancing. Locker rooms will be available after games for 5 minutes to remove jerseys and skates.
- Coach/Assistant Coach should spray disinfectant on benches before exiting locker room
- Players and Coaches will abide by the COVID-19 locker room & warm up space area rules at the rinks they are at.

GOALIE EXCEPTION – Goalies will be allowed to bring bags and dress inside the rink.

- Goalies will be allowed an extra 10-15 minutes to enter the rink and dress into gear
- Social distancing must be followed

SPECTATORS will only be allowed for games and limited to **Immediate Household** only.

- No extended family/friends at this time.
- Games on **SMALL** ice at TriCounty rink will be limited to **one** parent only.
- No parents are allowed to enter arena at practice - coaches and COVID helper can help tie skates as needed
 - *Exception:* Mite/IP practices– One parent/guardian will be allowed to attend practice. They must follow all the guidelines outlined above and stay in the stands unless needed. Any parent not following guidelines will not be permitted into practice sessions.
- Follow signs, markings and rules.
- Maintain a minimum of 6 feet separation except for immediate family.
- Enter the building using the rear door at game time, no earlier - go immediately to stands, stay together
- Exit the building using the rear door immediately when game ends
 - Exception is games/practices on small ice – use the front doors entering and exiting
- When on the premises and attending games always maintain social distancing practices (6 ft apart). This includes the parking lot, stands, lobby, etc. **Do not congregate in parking lots, lobby areas**

SYMPTOMS of COVID-19: Fever over 100.4°F, Chills, Cough, Shortness of Breath, difficulty breathing, Fatigue, Muscle/Body Aches, Headache, New loss of taste or smell, sore throat, Congestion or runny nose, Nausea or vomiting, Diarrhea. If you begin to have these symptoms, please seek the advice of a medical professional on whether testing and/or quarantine is warranted.

REPORTING – FVYHA has created a Health and Safety Coordinator, Amy Belongia - safety@fvyha.com.

- FVYHA will use excel for contact tracing of athletes. Be sure to let coaches and team managers know if player will not be at a practice or game.
- Within 8 hours; families must report a pending or positive test.
- A FVYHA COVID-19 Report must be emailed to the Health and Safety Coordinator.
- Safety team will work with coaches and determine the message and quarantine requirements, if any, as well as manage current guidelines.

The safety and health of our participants is paramount, disclosure of medical information may be necessary in certain circumstances. FVYHA will be fully cooperative with the local health agencies, Appleton Ice and Winnebago County rules and requirements. FVYHA will not be responsible for contact tracing outside of FVYHA. FVYHA is not bound by HIPAA regulations. Steps will be taken to ensure medical confidentiality whenever possible.

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COVID-19 Safety Precautions and Return to Play
Guidelines**

COVID-19 Return to Play Policy and Guidelines Acknowledgement

This form will need to be signed and returned prior to players being allowed to participate in the 2020/2021 hockey season of Fox Valley Youth Association Hockey. Have each player sign the form in the space provided. If the player is unable to sign on their own you may sign for them.

This policy is not meant to supersede policy set by the CDC, the state of Wisconsin, local health officials or Appleton Ice. The rules may change as deemed necessary by the above stated authorities or by the FVYHA. In signing this agreement, you are acknowledging that you agree to abide by the rules set forth in this document and understand changes may be made as deemed necessary due to changes in the COVID-19 policy.

This form should be signed by parents/guardians as well as players.

I acknowledge that I have reviewed and agree to the COVID-19 Return to Play Policy and Guidelines of the FVYHA. I understand that parents, spectators, referees and players will be held responsible for upholding the policy and guidelines. Failure to comply can result in penalties – see attached COVID 19 Policy Violation Document.

Parent/Guardian

Date

Parent/Guardian

Date

Player

Date

Player

Date

Player

Date

Player

Date

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