



CGAA LACROSSE COVID-19 INFORMATION SHEET

Based on state guidelines the CGAA Lacrosse board members, coaches, and parents will incorporate measures to help reduce the likelihood of contact and the spread of COVID-19. These measures include:

1. Parents conducting a health screening of their player(s) prior to the start of **each practice**. This health screening can be completed online [here](#).
2. Parents either (a) staying in their vehicles when dropping off and picking up kids for practice, or (b) if staying at field socially distancing from players and other parents.
3. Players bringing and using own equipment for practice (balls will be provided).
4. Players bringing their own water bottle clearly labeled with their name on it.
5. Players practicing social distancing (this will be covered by a Practice Manager at first practice).
6. Players wearing masks if they feel comfortable doing so.
7. Coaches practicing social distancing.
8. Coaches wearing masks if they feel comfortable doing so.
9. Coaches ensuring that drills are limited in any contact.
10. Coaches and/or Practice Managers disinfecting and storing any common equipment used for practice.

References:

<https://www.health.state.mn.us/news/pressrel/2020/covid061920.html>

[Link to Online Pre-Practice Health Screening](#)

**Online Pre-Practice
Health Screening**

Use the your phone
camera and QR code
to open - or use link
below



<https://forms.gle/AyhvoUKDDjtf9pYy7>