



ANY BOYS & GIRLS BORN BETWEEN  
2010-2005 ARE ELIGIBLE

# CENTER *of* EXCELLENCE

*To allow players opportunities to access appropriate levels of training, coaching, and support, throughout the talent pathway, enabling the program to reach our ultimate goal in producing elite US male and female players to compete at a US Regional or National event.*

## **SESSION ONE**

10 TRAINING SESSIONS  
2 X 60 MINUTE TRAINING SESSION  
TUESDAYS & WEDNESDAYS @THE MAX  
NOV 7TH - DEC 12TH

## **SESSION TWO**

5 TRAINING SESSIONS  
1 X 60 MINUTE TRAINING SESSION  
SUNDAYS @ LTHS NORTH  
JAN 13TH - FEB 17TH

- Technical sessions- emphasis on ball mastery
- Speed, agility, quickness
- Small group setting focused on coaching the individual player

Session 1 Fee \$219.00

- Futsal-based training
- Develop further technical skills
- Trained in high intensity environment that translates to game situations

Session 2 Fee \$149.00

**\*\*\*DISCOUNTED PRICING FOR BOTH SESSIONS: \$318.00\*\*\***

**Sessions lead by high-level USSF National & Regional coaching staff**

**REGISTER ONLINE AT  
[WWW.LTSC.US/CENTEROFEXCELLENCE](http://WWW.LTSC.US/CENTEROFEXCELLENCE)**

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