



# ***STALLION GIRLS SOCCER***

## ***PARENT MEETING AGENDA – MON OCT 20***

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### **AGENDA:**

- 1) INTRODUCTION
- 2) COACHING STAFF
- 3) PROGRAM HISTORY
- 4) TRANSPORTATION
- 5) SCHEDULES
- 6) TEAM BONDING
- 7) PLAYER / PARENT EXPECTATIONS
- 8) ATHLETIC CLEARANCE
- 9) VOLUNTEER OPPORTUNITIES
- 10) ATHLETIC CONTRIBUTIONS
- 11) BOOSTER MEMBERSHIP / CHRISTMAS TREES
- 12) SPIRIT WEAR

### **TO DO LIST:**

- TURN IN PARENT SUPPORT FORM TO COACHES – BASKET UP FRONT
- SIGN UP TO HOST A TEAM DINNER – SIGN UP SHEET UP FRONT
- MAKE IN-SEASON DONATION TONIGHT (IF POSSIBLE) – SEE BOOSTER REPRESENTATIVE
- JOIN STALLION BOOSTERS (IF POSSIBLE) – SEE BOOSTER REPRESENTATIVE
- SELL 1-2 CHRISTMAS TREES / WREATHS BY NOVEMBER 9<sup>th</sup> (INFO ON WEBSITE & WILL SEND VIA EMAIL)
- SPIRIT WEAR ORDERS – RETURN BY THURSDAY OCT 23<sup>RD</sup>
- PUMPKIN CARVING PARTY – BUY PUMPKIN, CARVING SUPPLIES, OR TREATS – BRING THURSDAY OCT 30<sup>TH</sup>

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# ***RIDE FOR THE BRAND***

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# COACH CONTACT INFO

HEAD COACH FARREL MOORE  
[sjhgirlsoccer@gmail.com](mailto:sjhgirlsoccer@gmail.com)  
(949) 413-9543

JV COACH ABBY HAZEN  
[Abby.hazen@cox.net](mailto:Abby.hazen@cox.net)

VAR ASST TORI PHILLIPS  
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FROSH/SOPH COACH TATUM MOOS  
[tacmoos@capousd.org](mailto:tacmoos@capousd.org)

VAR ASST AMANDA HAIMES  
[Haimes.amanda@gmail.com](mailto:Haimes.amanda@gmail.com)

# STAY INFORMED

WEBSITE  
[www.sjhstallions.com/girlsoccer](http://www.sjhstallions.com/girlsoccer)

INSTAGRAM  
[@sjhgirlsoccer](https://www.instagram.com/sjhgirlsoccer)



## 2025-26 MEMBERSHIP APPLICATION FORM

*Join us in "Supporting the Brand"*

With some of the best facilities and equipment in the area, your support can help us continue to grow a thriving community based Athletics Booster Club that supports all our Student Athletes and bridges the gap between ordinary and extraordinary.

**STALLION SOLO LEVEL MEMBERSHIP \$30**  
• SJH Car Decal (1 Sport)

**STALLION SOCIETY LEVEL MEMBERSHIP \$60**  
• SJH Car Decal (1 Sport)  
• Stallion Booster T-Shirt

**STALLION STAMPEDE LEVEL MEMBERSHIP \$125**  
• SJH Car Decal (1 Sport)  
• Stallion Booster T-Shirt

• 2 General Admission Season Passes for sport of your choice  
(Football – Girls Volleyball – Boys Volleyball – Girls Basketball – Boys Basketball – Wrestling)

SCAN THE QR CODE TO JOIN



## Christmas Tree Fundraiser

**Stallion Coaches and Team Reps**  
**It's time to start earning money for your teams!**

**WHAT:** Annual SJHHS Athletic Booster Club Christmas Tree & Wreath Fundraiser  
**WHEN:** September 15- November 9, 2025  
**WHERE:** Pick-up Trees and Wreaths at SJHHS blacktop Saturday, 12/6 from 1:00-3:00 PM

**Raise money for your team! The more your team sells the more your team earns!**

Approximate size	Noble Fir
5-6 ft. tree	\$75
6-7 ft. tree	\$95
7-8 ft. tree	\$115
8-9 ft. tree	\$140
12" Wreaths	\$35



Noble Fir



Mixed Wreath

**HOW:** Simple – Order online using the link below

**Order online only! All orders must be received by Midnight on 11/9**

*Items are shipped directly from Holiday Tree Farms in Oregon!*

<https://www.sjhstallions.com/christmastree>



**Donate a tree to benefit a Camp Pendleton 1st Battalion/11th Marine Family!**  
All trees donated to Camp Pendleton ship directly free of charge!

**QUESTIONS:** Blake Kubel - stallionboosters@gmail.com

# **San Juan Hills Girls Soccer**

## **2025-2026 Season**



### **Program Objective**

We strive to create a positive, supportive, educational, and fun environment where our athletes can grow as individuals, students, and soccer players. We emphasize the importance of good character, sportsmanship, commitment, leadership, and discipline while developing our players' love of the game. We expect our athletes to excel in the classroom, act with integrity, show respect for others, and consistently give their best effort. These values help cultivate a hardworking, positive, and competitive atmosphere that enables our athletes to succeed.

### **Expectations for Athletes**

Members of the San Juan Hills High School Girls Soccer Program are to be role models on campus. We expect them to be representatives of San Juan Hills High School both on and off the field and understand that their behavior (good or bad) will have consequences. We expect consistent high levels of effort. This includes effort during practices, scrimmages, and games, as well as in the classroom. We expect athletes to be punctual, fully committed, and attend all practices, meetings, and games with proper equipment and attire. We expect them to make good decisions, stay out of trouble, use appropriate language, and abide by all rules set forth in the Athlete Code of Conduct. Every athlete should be a good teammate and treat others – teammates, coaches, teachers, referees, and opponents – with respect. We expect our athletes to use social media appropriately and to adhere to the statements agreed to in the Social Media Agreement. Lastly, we expect our athletes to be strong competitors and have fun playing the game of soccer.

### **Expectations for Parents**

Parents of the San Juan Hills High School Girls Soccer Program are expected to be supportive and respectful at all times. Coaching from the sidelines or making negative comments towards players, coaches, referees, or other spectators is not permitted. Parents should remain at least 10 yards away from the bench area before, during, and after games until the coach has released the players. We ask that parents respect that the field is not the proper place to address concerns about their daughter or the team with the coaching staff. Should concerns arise, parents must follow the Protocol for Player Concerns. We expect parents to recognize that they are also representatives of San Juan Hills High School and in so, must demonstrate appropriate spectator behavior and enjoy watching their daughter and her team play.

## **Protocol for Player Concerns**

1. Player speaks directly to Team Coach
2. If unresolved, player and parent and Team Coach involve Girls Soccer Varsity Head Coach
3. If still unresolved, Girls Soccer Varsity Head Coach will involve Athletic Director

## **Play Time**

Playing time at any level is not guaranteed. It is determined by a player's performance in practice and the needs of the game. The coach awards playing time at their discretion, and it is a privilege that must be earned, not guaranteed.

## **Player Attendance**

All players are expected to attend every practice, game, and meeting. If for some reason a player is unable to attend, it is their responsibility to let their coach know in advance. Excused absences include illness, family emergencies, or other coach-approved reason communicated beforehand. Unexcused absences include showing up without proper gear, work, tutor, too much homework, vacations, concerts, or any other absence not approved by the coach in advance. Consequences for unexcused absences may include not starting and/or decreased playing time. Repeated unexcused absences can result in being removed from the team.

## **Uniforms & Attire**

Players are expected to be in non-club attire at all times. For games, players must wear the provided uniform. If any jerseys are not returned at the end of the season, parents will be responsible for reimbursing the San Juan Hills Girls Soccer program for the missing items.

We are very excited about the 2025-2026 season and look forward to helping the girls grow both as soccer players and individuals. We are excited to get to know all of you and to work together to make this a successful season.

Sincerely,

*The San Juan Hills Girls Soccer Coaching Staff*

# November 2025

October '25							December '25						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4		1	2	3	4	5	6	
5	6	7	8	9	10	11	7	8	9	10	11	12	13
12	13	14	15	16	17	18	14	15	16	17	18	19	20
19	20	21	22	23	24	25	21	22	23	24	25	26	27
26	27	28	29	30	31		28	29	30	31			

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
26		27	OFF	28	6th Period Littles & Bigs Match Up	29	OFF	30	6th Period Pumpkin Carving	31	OFF	1	
2		3	OFF	4	PRACTICE 6TH PERIOD 1:30 - 3:00PM	5	OFF	6	PRACTICE 6TH PERIOD 1:30 - 3:00PM	7	OFF	8	
9		10	PRACTICE 6TH PERIOD 1:30 - 3:00PM (2-4-6 BLOCK DAY)	11	VETERANS DAY NO SCHOOL	12	OFF	13	PRACTICE 6TH PERIOD 1:30 - 3:00PM	14	OFF	15	
16		17	PICTURE DAY 2:30 - 4:00PM	18	PRACTICE 6TH PERIOD 1:30 - 3:00PM	19		20	PRACTICE 6TH PERIOD 1:30 - 3:00PM	21	OFF	22	
23		24	THANKSGIVING BREAK PRACTICE 8:30 - 10:00AM	25	SCRIMMAGE VS CAPO 8:15AM F/S 10:00AM Varsity 11:45AM JV	26	THANKSGIVING BREAK OFF	27	THANKSGIVING BREAK OFF	28	THANKSGIVING BREAK OFF	29	
30		1	Notes										

# December 2025

November '25							January '26						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
						1							
2	3	4	5	6	7	8	4	5	6	7	8	9	10
9	10	11	12	13	14	15	11	12	13	14	15	16	17
16	17	18	19	20	21	22	18	19	20	21	22	23	24
23	24	25	26	27	28	29	25	26	27	28	29	30	31
						30							

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 PRACTICE 6TH PERIOD 2:30 - 3:45pm TEAM DINNER	2 Games vs El Dorado 3:00pm Frosh/Soph 4:45pm Varsity 6:30pm JV	3 Practice 3:30 - 4:45pm	4 Games vs Trabuco Hills 3:00pm Frosh/Soph 4:45pm Varsity 6:30pm JV	5 OFF	6
7	8 PRACTICE 6TH PERIOD 2:30 - 3:45pm TEAM DINNER	9 Games vs Woodbridge 3:00pm JV 4:45pm Varsity	10 Practice 3:30 - 4:45pm	11 Games @ Aliso Niguel 3:30pm Frosh/Soph 5:15pm Varsity 7:00pm JV	12 Practice 3:30 - 4:45pm	13 BEST IN THE WEST GAMES TBD
14	15 PRACTICE 6TH PERIOD 2:30 - 3:45pm	16 FINAL EXAMS OFF	17 FINAL EXAMS OFF	18 FINAL EXAMS PRACTICE 11:15am - 12:45pm	19 Practice 8:30 - 10:00AM	20 BEST IN THE WEST GAMES TBD
21	22 WINTER BREAK OFF  ALUMNI GAME	23 WINTER BREAK OFF	24 WINTER BREAK OFF	25 CHRISTMAS DAY OFF	26 WINTER BREAK OFF	27 OFF
28	29 PRACTICE 8:30 - 10:00AM	30 PRACTICE 8:30 - 10:00AM	31 PRACTICE 8:30 - 10:00AM	1 NEW YEARS DAY OFF	2 GAMES vs San Clemente 8:30am Frosh/Soph 9:45am Varsity 11:30am JV	3 OFF
4	5	Notes				

# January 2026

December '25							February '26						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14
15	16	17	18	19	20	21	15	16	17	18	19	20	21
22	23	24	25	26	27	28	22	23	24	25	26	27	28
29	30	31											

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1 NEW YEARS DAY OFF	2 GAMES vs San Clemente 8:30am Frosh/Soph 9:45am Varsity 11:30am JV	3 OFF
4	5 *LEAGUE STARTS* PRACTICE 2:30 - 4:00pm TEAM DINNER	6 GAMES @ TESORO 3:30pm F/S 5:15pm Varsity 7:00pm JV	7 PRACTICE 3:30 - 4:45pm	8 GAMES @ BECKMAN 3:30pm F/S 5:15pm Varsity 3:30pm JV	9 OFF	10 OFF
11	12 PRACTICE 2:30 - 4:00pm TEAM DINNER	13 PRACTICE 1:30 - 3:00PM	14 PRACTICE 3:30 - 4:45pm	15 GAMES VS DANA HILLS 3:30pm F/S (newport harbor) 5:15pm Varsity 7:00pm JV	16 PRACTICE 3:30 - 4:45pm	17 GAMES VS MISSION VIEJO 8:15am F/S 10:15am Varsity 12:00pm JV
18	19 NO SCHOOL PRACTICE 8:30 - 10:00am	20 GAMES VS TESORO 3:30pm JV 5:15pm Varsity 7:00pm F/S	21 PRACTICE 3:30 - 4:45pm	22 GAMES VS BECKMAN 3:30pm JV 5:15pm Varsity 7:00pm F/S	23 OFF	24 OFF
25	26 PRACTICE 2:30 - 4:00pm TEAM DINNER	27 PRACTICE 1:30 - 3:00PM	28 PRACTICE 3:30 - 4:45pm	29 GAMES @ DANA HILLS 3:30pm JV 5:15pm Varsity	30 OFF	31
1	2 PRACTICE 2:30 - 4:00pm Team Dinner	Notes January 22 - Senior Night February 5 - FS/JV Season Ends Varsity CIF Dates: Feb 12, 14, 18, 22, 28				

# February 2026

January '26							March '26						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
				1	2	3	1	2	3	4	5	6	7
4	5	6	7	8	9	10	8	9	10	11	12	13	14
11	12	13	14	15	16	17	15	16	17	18	19	20	21
18	19	20	21	22	23	24	22	23	24	25	26	27	28
25	26	27	28	29	30	31	29	30	31				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 PRACTICE 2:30 - 4:00pm Team Dinner	3 GAMES @ MISSION VIEJO 3:30pm JV 5:15pm Varsity 7:00pm F/S	4 FS/JV Season Ends Varsity OFF	5 OFF	6 OFF	7 STALLION SHOWCASE
8	9 PRACTICE 2:30 - 4:00pm Team Dinner	10 PRACTICE 1:30 - 3:00PM	11 PRACTICE 3:30 - 4:45PM	12 CIF ROUND OF 32	13 PRACTICE 3:30 - 4:45PM	14 CIF ROUND OF 16
15	16 PRACTICE 2:30 - 4:00pm Team Dinner	17 PRACTICE 1:30 - 3:00PM	18 CIF QUARTER FINALS	19	20	21 CIF SEMI FINALS
22	23	24	25	26	27	28 CIF FINALS
1	2	3	4	5	6	7 CIF FINALS
8	9	Notes				



# GIRLS SOCCER SPIRIT WEAR ORDERS

Player Name: \_\_\_\_\_

## ORDER FORM MUST BE TURNED IN BY THURSDAY, OCTOBER 23<sup>RD</sup>

Will you be ordering any spirit wear this season? Please check one box below.

- Yes and my order is complete. I understand that I need to order everything now and will not be able to add or change things after I turn this in.
- No, not this year. I understand that there will not be another opportunity to order any spirit wear this season.

Item	YOUTH SIZES				ADULT SIZES					Price	Total
	YS	YM	YL	YXL	AS	AM	AL	AXL	AXXL		
SJH Girls Soccer Short Sleeve Tee (White)										\$10	
SJH Girls Soccer Short Sleeve Tee (Navy)										\$10	
SJH Girls Soccer Long Sleeve Tee (White)										\$20	
SJH Girls Soccer Long Sleeve Tee (Navy)										\$20	
SJH Girls Soccer Hooded Sweatshirt (Navy)										\$30	
Stallion Soccer Pajama Pants										\$30	
Soccer Parka	N/A	N/A	N/A	N/A						\$95	
										Total:	

Item	Quantity	Price	Total
Nike Soccer Sock (Navy)		\$10	
Nike Soccer Sock (White)		\$10	
Nike Backpack Embroidered with Last Name		\$30	
SJH Girls Soccer Beanie		\$15	
		Total:	

Please make checks out to Stallion Boosters OR pay online at [www.sjhstallions.com/girlssoccer](http://www.sjhstallions.com/girlssoccer).

PAYMENT METHOD (CIRCLE ONE):		CHECK	ONLINE
PAYMENT AMOUNT: _____			
CHECK #:	_____	OR	TRANSACTION DATE: _____



# ***VARSDITY ONLY SPIRIT WEAR***

Player Name: \_\_\_\_\_

**ORDER FORM MUST BE TURNED IN BY THURSDAY, OCTOBER 23<sup>RD</sup>**

Will you be ordering any spirit wear this season? Please check one box below.

- Yes and my order is complete. I understand that I need to order everything now and will not be able to add or change things after I turn this in.
- No, not this year. I understand that there will not be another opportunity to order any spirit wear this season.

Items	ADULT SIZES			Price	Total
	AS	AM	AL		
Nike Legend Short Sleeve Drifit (Navy)				\$25	
Nike Legend Short Sleeve Drifit (Grey)				\$25	
Nike Legend Long Sleeve Drifit (Navy)				\$30	
Nike Legend Long Sleeve Drifit (Grey)				\$30	
SJH Soccer Varsity Pajama Pants				\$30	
				TOTAL:	

\*\*Varsity has selected warm ups that will be purchased separately. Sizes were collected at initiation and an email with more ordering info be sent later.



# ***STALLION GIRLS SOCCER***

## ***PARENT SUPPORT FORM***

Thank you for supporting your child's participation in the Stallion Girls Soccer Program. The program depends on parent volunteers. Please check the areas below to indicate how you can volunteer. Thank you for your support.

### **VOLUNTEER AREAS:**

- TEAM PHOTOGRAPHER:** Taking action shots during games
- SCOREBOARD OPERATOR:** Working the clock for home games
- TEAM DINNERS:** Host or Co-Host a team dinner at your house for the team at the start of the week
- SENIOR NIGHT:** Coordinate flower bouquets for Seniors (Varsity non-Senior parents only please)
- BANQUET SET UP / CLEAN UP:** Assist with banquet set up, making center pieces, cleaning up after event

### **PLEDGE OF SUPPORT:**

- I plan on making the entire Winter In-Season \$300 donation at tonight's parent meeting
- I would like to make my donation in 3 monthly installments  
(\$100 on Nov 1 / \$100 on Dec 1 / \$100 on Jan 1)
- I am unable to make the full In-Season donation, but can contribute a partial donation of \_\_\_\_\_.
- I am unable to make any donation. Please contact me to discuss other ways I can contribute.

### **ATHLETE INFORMATION:**

Athlete Name: \_\_\_\_\_

Please share anything that you want us to know about your daughter to help her have the most successful season possible:

# ***RIDE FOR THE BRAND***