

Indiana Olympic Styles Season Announcement

From: Nick Hull, ISWA Olympic Development Director

Indiana Wrestling Family,

With the scholastic season now behind us, we now turn our attention to the next phase of the year — **Freestyle & Greco-Roman Wrestling.**

First and foremost, I want to congratulate all of the athletes, coaches, clubs, officials, and families who helped make this past season another strong year for wrestling in Indiana. Our state continues to demonstrate incredible depth, competitiveness, and passion for the sport. From youth programs to the high school level, Indiana wrestling continues to represent itself proudly across the country.

As we transition into the spring and summer, our focus shifts to **Freestyle and Greco-Roman**, the international styles of wrestling that make up the Olympic discipline of our sport.

Our goal as a state is simple: **continue raising the standard for Olympic-style wrestling development in Indiana. continue raising the wrestling standard in Indiana.**

Last year we saw tremendous growth in participation and performance, and we are excited to build on that momentum as we prepare our athletes for national and international competitions, from Fargo to the World Championships.

This season we will also be introducing a new initiative designed to better connect training opportunities across the state.

Indiana has been selected as a **pilot state for the USA Wrestling National vTraining System (NVTS)**. As part of this initiative, Indiana will help lead the early rollout of the **Indiana Virtual Training Center (VTC)**, with additional states following in the coming months.

The purpose of the Indiana VTC is not to replace the incredible work happening every day in wrestling rooms across our state. Instead, the goal is to **support and connect the development of athletes, coaches and programs statewide.**

Through the Indiana VTC, athletes, coaches, and families will have opportunities to learn from:

- USA Wrestling National Team coaches
- National Team athletes
- Indiana National Team coaches
- Special guest clinicians from across the wrestling community

These sessions will help reinforce technical focus areas, provide additional training access, and allow athletes from every corner of Indiana to stay connected to high-level development opportunities throughout the spring and summer.

Because this is a new system for the state, the Indiana VTC will be rolled out **in phases** as we continue refining the program and gathering feedback from coaches, athletes, and families across the state.

Alongside this initiative, our in-person training ecosystem and our traditional Freestyle and Greco opportunities will continue to be the foundation of our development pathway, including:

- Freestyle and Greco-Roman competitions
- Club, Academy and RTC sessions
- National Team development camps
- Preparation for Fargo and other national events

In the coming weeks we will be sharing, including how athletes can connect to the Indiana Virtual Training Center, the **full Freestyle & Greco schedule**, including training opportunities, events, and virtual sessions available to the Indiana wrestling community.

Indiana wrestling has always been strongest together because of the dedication of our coaches, athletes, and families. My goal in this role is to continue supporting that tradition while helping create new opportunities for growth and development across our state.

Thank you for your continued support of Indiana wrestling.

Let's make this Olympic styles season another great one for our state.

See you on the mat,

Nick Hull

ISWA Olympic Development Director