

\*Subject to changes as CDC/Local update recommended guidelines for residential camp.



Summer 2021

A healthy camp starts at home, and we need our MAFHC families to work together with the staff to help keep our campers, staff, and families safe. MAFHC thanks you for being diligent and for your understanding as we work through this together to provide a safe and in-person camp season for our field hockey stars! The information below will inform you of the protocols we will be following during field hockey camp this summer.

### **Before Arriving at Camp**

We highly recommend that campers should not travel to areas recognized by the state of Delaware as high-risk states and follow other state and local recommendations for at least two weeks prior to arriving at camp.

### **Health Paperwork and Procedures**

All participants will be required to go through a daily wellness symptom screening and be required to complete a temperature and [symptom pre-screening questionnaire prior](#) to attending camp.

\*It is mandatory for all unvaccinated participants to have proof of a negative laboratory-based PCR Covid 19 test with in 72 hours of your arrival to camp. Test administered from trained medical personnel (\*no at home self-administered tests accepted)

\*If participant is fully vaccinated a Covid 19 test is not required. \*fully vaccinated is two weeks after your final vaccination shot is administered.

Pages 3 and 4 from [additional information packet](#) and proof of full vaccination can be submitted electronically ASAP. \*PDF scan, clear photo by email is recommended.

### **Group Size**

Campers will be assigned to a cohort of approximately 10:1 camper to coach. The majority of activities, meals, etc. will take place within this cohort. At times a cohort will interact with other cohorts, but this will be kept to a minimum.

\*Dorm Capacity will meet DE State Park guidelines.

### **Mask Use For Camper and Staff**

Masks are not required outdoors except in certain, non-active, collective group gatherings when physical distance cannot be maintained.

When required, masks must be worn properly, fully covering the mouth and nose and will be worn by all campers and staff. When participants are amongst members of their cohort—indoors or out, masks are not required. Indoors there will be situations for

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campers and staff to take their masks off (ex: while seated with cohort and actively engaged in eating and drinking; while in their assigned cohort dorm assignment). Of course, if a camper wishes to keep the mask on at times when permitted to take mask off, the camper is welcome to do so. \*We will follow USAFH Partner Camp and DIAA recommendations for safe play and masks.

### **Cleaning Protocols**

Each camp will have dedicated cleaning staff. High touch surfaces will be cleaned regularly throughout the day. Daily cleaning of activity equipment will be done per recommended guidelines.

### **Handwashing Stations**

Handwashing and/or sanitizing stations will be available at camp. Time will be built into each schedule for designated handwashing. It is recommended that all participants always carry a personal hand sanitizer.

### **Food and Meal Procedures**

Meals will be eaten with your cohort and will be scheduled at staggered times to reduce cohort interaction. There are indoor and outdoor (weather dependent) seating options for the cohorts. Meals will be served by designated staff. Contact the camp director with any concerns about dietary restrictions ASAP or at least two weeks in advance of the start of the camp session.

### **Drop Off Procedures**

Masks must be worn properly (fully covering the mouth and nose) by everyone unless you are with your own family and physically distanced from all others.

Drop off times will be staggered based on last name of camper. \*If you are carpooling with another camper, you may use either camper last name for your arrival. \*Please contact [Frannie](#) if you may have a late arrival. Your safe travel is most important!

Last names ending in A-L are asked to arrive between 3 - 3:45pm and last names ending in M - Z are asked to arrive between 4-4:45pm. Upon arrival, you will proceed to the Pre-screening check point. It is recommended that only one family member drop off the camper. \*Only one family member can escort and assist camper at check in and dorm move in. To keep to mitigation guidelines, we ask visitors to exit campus once your camper(s) is moved in. The Camp Store will be open to set up camp bank card and for sales at check-in. \*Cash or checks accepted only.

### **Pick Up Procedures**

Masks must be worn properly (fully covering the mouth and nose) by everyone unless you are with your own family and physically distanced from all others.

\*Only one family member can assist camper at dorm move out. To keep to mitigation guidelines, we ask visitors to exit campus once your camper(s) is moved out.

We encourage campers to cash out bank cards prior to pick up; however, a check with the remaining funds from Camp Store will be mailed to the camper by the camp director

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within two weeks at the close of camp. The Camp Store will still be open for sales at pick-up. \*Cash or checks accepted only.

### **Housing**

Masks are not required while in your assigned dorm

(\*exception is check in and check out period when families are still on campus)

Campers will sleep in a head-to-toe position. This will allow for more than six feet distance between campers. One cohort will be assigned per dorm. Indoor capacity will meet DE State Park guidelines. It is mandatory that campers keep items separate and not share personal items with others.

### **Spectators**

Camper family members are invited to attend Thursday's All Star and championship games starting at 9 am, concluding at @ 11:40 am with closing awards/remarks at 11:45 am. \*Each team plays at least two games.

To help keep all MAFH participants and their families safe, masks are not required if you are in the designated spectator areas and physically distant from other families. Indoors – masks are required. \*Bring sunscreen, water, chair, and umbrella for shade/rain if needed.

### **Camper with Symptoms/Return to Camp Policy**

If a camper shows symptoms consistent with COVID-19, the camper will immediately be isolated from other campers and staff, the camper's cohort dorm will then be quarantined for recommended designated period. The camper quarantined with symptoms, parent will be called, and the camper's family is expected to come and retrieve the camper within travel time from your destination, plus two hours for arrangements. MAFHC is only a 4-day camp and may make it difficult for families to test and obtain a negative Covid-19 test and be 24 hours symptom free, before camp ends. Please contact the director with any additional questions regarding this policy.

\*Quarantine and contact tracing will follow current CDC and local guidelines based on vaccinated or non-vaccinated participants.

### **After camp**

It is recommended all camp staff and campers who are not fully vaccinated should get tested with a viral test 3–5 days after traveling home from camp **AND** stay home and self-quarantine for a full 7 days after travel. Refer to [CDC's Travel During COVID-19](#) website for more information about what to do after traveling home from camp. [Fully vaccinated people](#) should follow current guidance for domestic travel and may not need to be tested or self-quarantine after camp unless they are experiencing symptoms. If a positive test result is found, please contact MAFH, for proper contact tracing to be administered for other campers/staff who may have been exposed.

References used to establish MAFH Operational Plan:

[CDC Guidelines](#)

[Delaware Health and Social Services](#)

[DE Guidance on Youth Sports & Adult Sports](#)

[American Camp Association Field Guide For Camps](#)