

2026 NH Alumni Cup

Official Rules

Team Registration & Event Protocols

Eligibility. Players eligible if they played were rostered on school's varsity team for at least one year. Any player caught playing for a school they did not attend will result in forfeit of any games said player participated in.

Each player must participate in 2 of 3 Round Robin games to participate in Elite 8 Playoffs.

Team / Player Registration. Team will be represented by no more than two "Captains" who will handle all payments for their team for the event. Each team will be required to send in a \$250.00 deposit to secure spot and have all registration dues paid 1-week prior to event.

All players will be required to sign waiver prior to participation. All registration / waivers are found on the event website page.

Team Uniforms. Each team must have matching uniforms with numbers assigned to each player. Any player wearing a jersey with no number will be asked to leave the playing surface.

Any team looking for uniforms to order should contact FRSM @ Jarred@AlumniCupSeries.com

Tournament Structure. The tournament will be a 10-12-team event. There will be an opening "Round Robin" played Monday through Thursday. There will be two groups of (5-6) teams. Teams will play all teams within their group. The top 4 teams in each group will compete in the "Elite 8 Playoffs".

Elite 8 Playoffs will begin Friday and consist of (4) quarterfinals
Saturday will consist of (2) semi-finals, and championship game.

Round Robin Points Awarded.

Each game will reward a maximum of 3pts.

Regulation Win = 3 points
Overtime Win = 2 points
Overtime Loss = 1 point
Regulation Loss = 0 points

Tiebreakers.

If multiple teams fall into tie scenario, the following in order will break ties:

- Head-to-Head (IF Applicable)
- Goals Against
- Goals For
- Coin Flip

Playing Rules

All games will be governed by the USA Hockey Rulebook with modifications for adult recreational play.

Modifications.

1. Icing will remain **automatic icing** with the defending blue line set as the determining line, **not the center red line.**
2. Tag up offsides. Shot on net while offsides are initiated will not stop game play.
3. Faceoffs will be selected by attacking team after icings and start of a power play.
4. High stick violations regarding puck play are determined by where puck makes contact on stick, **not if the stick is above shoulder height.** High stick deflections on net are determined by height of the net.
5. (4) Penalty Rule. Any player that receives his/her **fourth penalty** of the game will receive a game ejection penalty, resulting in removal from the game.

Game Protocols.

- 3-minute warmup clock
- (3) – 15-minute running time periods. 1-minute intermissions.
 - o Clock Stops: Major Injury, Rink Maintenance, Request of Officials
 - 1st & 2nd Periods: 30-seconds remaining.
 - 3rd Period: 2:00-minutes remaining IF 3 or less goal margin.

Round Robin.

- No Timeouts
- IF tied at regulation
 - o 5-minute 3v3 (Do not switch ends)
 - o 3-man shootout (Round 4 on, may re-use same shooter)

Elite 8 Playoffs.

- (1) Timeout
- Overtime Protocol:
 - o 5-minute 4v4 (Do not switch ends)
 - o 5-minute 3v3 (Do not switch ends)
 - o 2-minute 5v4 Situations (Home Team selects who goes first)
 - Each team will receive an opportunity.
 - IF a team scores shorthanded, it is over.

Championship Game Overtime Protocol: 5-minute 4v4, then continuous 3v3 until goal

Fighting.

Fighting will not be tolerated. Any player(s) called for fighting will result in a Game Misconduct penalty, removal from the current game and an in-person meeting with tournament director before eligible to play again.

Any player called for his/her second fighting penalty will be removed from the event.

Abuse of Officials.

There will be a zero-tolerance policy regarding verbal or physical abuse on an official.

Do not make comments personal. There is no official in an adult hockey tournament that truly cares on who wins or losses. Do not take it personally and do not make it personal.

Alcohol & Tobacco Policy.

The rink has a **ZERO TOLERANCE** policy.

All alcohol & tobacco is to remain in the locker rooms. Alcohol is to be thrown out in designated barrels. If drinking in locker room, trash bag is to be taken out and given to tournament director to throw out. Any cans found in locker room or bathroom / shower will result in \$100 deduction from team winnings if won.

Any alcohol or tobacco (dipping) found on the bench will result in a minor penalty for unsportsmanlike, game will be stopped and clear all benches of any products. \$100.00 deduction to that team winnings if won.

IF same team is found continuing to follow these rules, they will be removed from the event with zero refund and not invited back.

All drinking outside is to be done in the back parking lot. Do not drink in the front parking lot. You can get to the back by driving to the left side of the arena and going down the driveway. We are allowed to drink if we want in the back.

Final decisions will be made by Tournament Director.
Any questions, please contact Jarred Mitrano (603) 453-8667

Thank you for participating and GOOD LUCK in the 2026 NH Alumni Cup Series!

