



**TCBOOST™**  
SPORTS PERFORMANCE

## 2019 SUMMER OFF ICE TRAINING PROGRAM FOR GBN HOCKEY

### SCHEDULE

- Dates - JUNE 10 – AUGUST 14
- Mondays and Wednesdays
- 4:30PM – 6:00PM

### PRICING OPTIONS:

- Full program - 20 sessions  
\$575 paid up front (\$28.75 per session)
- Single session \$40 – must have cc on file

### MISSED SESSIONS

- Must be communicated to coach Steve ahead of time
- May be made up in our ADP groups *before* August 14<sup>th</sup>
- Make ups **MUST** be scheduled in advance

### TO REGISTER

- Call TCBOOST 847-559-2307
- Use this link after you sign in to your TCBOOST-Mindbody account

<https://clients.mindbodyonline.com/classic/ws?studioid=11163&styp=-114&sTG=29&sVT=69&sView=day&sLoc=1&sTrn=10000019&date=06/10/19>

### QUESTIONS

Call us at 847-559-2307  
Email [tcboost@tcboost.com](mailto:tcboost@tcboost.com)

