

NEWARK VALLEY YOUTH WRESTLING



*REGISTRATIONS ARE NOW OPEN FOR THE
2025-2026 SEASON!!*

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The Newark Valley youth wrestling club is an opportunity for kids to become familiar with amateur wrestling. This program teaches a variety of skills that will be needed to compete at the middle and high school level. We offer a program that provides a strong wrestling foundation through fun and healthy activities with an experienced and knowledgeable coaching staff.

REGISTRATION FEE: \$75 (FEE INCLUDES SINGLET, WARM-UP JACKET, INSURANCE CARD, AND TOURNAMENTS PAID BY THE NV WRESTLING CLUB)

GRADES: K-3RD (YOUNGER KIDS GROUP) **4TH- 6TH** (OLDER KIDS GROUP)

SEASON: NOVEMBER- MARCH (AS OF NOW FIRST PRACTICE NOV 12TH All wrestlers will attend this first practice. THERE WILL BE A PARENTS MEETING HELD DURING THIS PRACTICE)

PRACTICE NIGHTS: TUESDAY-FRIDAY 6 PM-8 PM (PRACTICE BREAK DOWN WILL BE GONE OVER AT MEETING)

LOCATION: NEWARK VALLEY HS WRESTLING ROOM (USE REAR ENTRANCE NEAR TENNIS COURTS) **MIDDLE SCHOOL WRESTLING ROOM** (BELOW THE CAFETERIA, ENTER THROUGH BACK DOORS NEAR LOADING DOCK)

ANY QUESTIONS: VISIT OUR FB PAGE NEWARK VALLEY YOUTH WRESTLING, OR NVYOUTHWRESTLING@YAHOO.COM