



February 2019



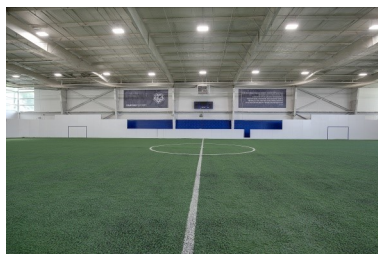
What a year for Ela Soccer.

Just over a year ago, we purchased what is now known as the Soccerplex and Sports Center Lake Zurich. The first six months of the year an extensive rehab took place transforming the building into an amazing facility that is becoming the envy of the area and all youth soccer clubs across the Midwest. We opened the beautiful facility on June 25th with great fanfare and have since held camps, training sessions, games and leagues. We also held our first Inner Champion Overnight camp with the high school boys program with rave reviews and will expand it to additional age groups in the next year. In addition, while other soccer clubs have to cancel practices during inclement weather we now have an indoor training facility to give our players a tremendous advantage. We appreciate the support of Bobrowski, Bohn, Chang, Gilboy, Goodman, Khomenko, Kim, Klein, Herndon, Morton, Olsen, Pasquesi, Shapiro, Swart-Verden, Virgilio, Weger, Wing, Wormley, 1 of our fundraising campaign.



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The next year looks even brighter for Ela Soccer as we continue to enhance all of our programs and our offerings at the Soccerplex. We couldn't be where we are at without our great staff and coaches along with the support the parents provide enabling their children to play the World's greatest game.

-Doug Anderson, President

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## Finding the Inner Champion!

50 players participated in the club's first Inner Champion Camp. Held at the Soccerplex over December 7<sup>th</sup> and 8<sup>th</sup>, the event was a huge success and paved the way for future inner champion camps.

With team building and a great soccer workout as the focus, players participated in many activities, ranging from 4v4 small sided games, soccer tennis, world cup soccer games, blind fold mind and a great strength and conditioning workout. The camp culminated with the world cup champions vs the coaches, which by the way, the coaches were victorious on the field!! Players worked extremely hard throughout the camp and were certainly kept very busy over the 24 hour period.

All of the coaches, including the club President, Doug Anderson, were very impressed and pleased with the player's commitment, work ethic and drive to push themselves in each of the planned activities.

A big thank you to all of the players for their overall attitude and demeanor during the camp.

**A huge success both on and off the field, way to go boys!!**

**Coach Gin**



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## From Director of Coaching Jose Fleita,

2018 was an amazing year for Ela Soccer as we continue to be among the top Clubs in the nation and of course, with the acquirement of our SOCCERPLEX!! As we look forward to 2019 I would like to touch upon some of the many programs that we provide for our players.

Our Recreational program is a great starting point for kids, and many find their love of the game here and move on to the next level. The opportunity to attend the Team Skills and Scrimmages on Fridays during the Fall and Spring season is an excellent way to take advantage of the additional training with professional coaches. Our Total Skills Academy and Recreation League allows the kids to get more touches on the ball and continue to play during the winter months. I would like to thank the parent volunteers who give their time to coach the teams during the season!

Our Academy program has proven to be a strong feeder to our Competitive program. Learning the fundamentals at this stage with professional coaches is key to a proper start. Learning proper training habits, developing strong work ethic, along with repetition in a structured environment will allow players to grow their skills and passion for the game. The Academy program allows for an easier transition to the next level.

Our Competitive program continues to be a strong stellar program where players excel. Our "1000 Touches on the Ball" is a great way for players to get comfortable with the ball and develop their own individual skills. Our Speed, Agility, and Quickness works on each players' fitness, coordination, and balance. This increases their level of endurance and mobility, allowing them to go the distance in games at their highest intensity. Our Classroom sessions for U13 and up was designed to allow our players to develop a better understanding of the reasoning behind decisions on the field and field awareness. This has been very helpful for overall communication and dialogue among players and coaches. Our Futsal/small-sided games allows the players to express themselves creatively and develop a better sense of speed of play and decision making. This program involves less coaching and more individuality so that players develop confidence and try new things out, as well. The use of our Technical Manual using the "Number System" was incorporated to allow players a better understanding of their position, their roles and responsibilities, and how to become a team player. This has been vital in that it allows ease of transition from one level to the next and one coach to the next, as everyone is following the same structure and there are no surprises.

I am looking forward to another GREAT spring season!

## Fall 2018 Accomplishments

### 2018 Fall Season Champions

2011 (U8) Girls Red  
2010 (U9) Girls Red  
2009 (U10) Girls Red  
2007 (U12) Girls Red  
2005 U(14) Girls Elite

### Schaumburg Soccer Fest Fall 2018 Tournament Champions

2009 (U10) Boys Red  
2007 (U12) Boys White  
2000 (U19) Girls Elite

### Palatine Celtic Cup Fall 2018 Tournament Champions

2010 (U9) Girls Red  
2009 (U10) Girls Red  
2009 (U10) Boys Red  
2009 (U10) Boys Blue  
2006 (U13) Girls Elite 1  
2004 (U15) Boys Elite 2  
2004 (U15) Girls Elite

### Indianapolis Womens College Showcase Champions

2000 (U19) Girls Elite

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## High School Girls

We are very proud of the development and play of the high school girls teams this season. League and tournament wins, showcase appearances and victories, as well as hard sessions played together have advanced each player and each of our teams this 2018/2019 season. We want to wish our high school girls good luck as they begin to prep and tryout for their respective high school teams.

To the freshman, work your hardest and enjoy the struggles and battles of high school soccer; always be ready to learn and be confident to take on leadership roles. To our sophomores and juniors, push yourself to get to the next level- be relentless! And to our seniors: we hope you enjoy your last soccer season as a high school player. Lead by example to ensure your hard work propels the next class of players, and leave it all on the field everyday - you won't regret it! Good luck to all, and thanks for representing Ela so well in your high school programs!

### From the Coaches:

#### 2004 Girls Elite

The 2004 Girl's Elite showed great development this year - this team made big strides as individuals and competing together week in and week out. These girls battled every minute of every game, and showed great resilience, as well as huge developments in their technical game and style of play. This team was unique – each player stepped into a leadership role, took ownership of their effort and development, and the team saw a lot of success because of it. I was especially proud of the team's performance at this year's Indianapolis Women's College Showcase, where they finished 1-1-1 against some of the region's top ranked teams. I'd like to wish our freshman players all the best as they begin their high school careers, and challenge our eighth graders to work hard in their off-season. Looking forward to a lot of great things from this team in the coming years! - Coach Bridget



#### 2003 Girls Elite



The 2003 Girl's Elite team more than exceeded my expectations throughout the year. This group consistently out-matched bigger and more physical teams all season because of their commitment to smart, more technical soccer. I couldn't be happier with their overall progress on the field and in training. This team's success goes beyond just positive results! The 2003GE worked each day, proving that new and younger players can become leaders and big-impact players on the field. This group is a great example of hard work paying off, and have proven time and again that there is still so much development to be seen at the high school level. I cannot wait to see where these players will be in a few years' time – good luck in your school seasons! - Coach Bridget

#### 2001 Girls Elite

The 2001 GE have had an excellent season that started off with a few tournaments where the group competed very well, and more importantly began to grow and build team chemistry. The team also competed till the end for top spot in their division in the fall, barely missing the mark. Throughout the season, the girls have challenged each other to improve both technically and tactically. These players have shown me time and time again their willingness to sacrifice for the good of the team. I know these girls will take the experiences from this past season and go forward with them into their high school seasons. - Coach Ameer



#### 2000 Girls Elite



The Ela Girls 2000 Elite has had tremendous success this year by having a positive winning record, going undefeated in two tournaments, and demonstrating top quality soccer against top clubs in our area. Their success doesn't just include their performance in games though. The 2000 Girls Elite team has shown that soccer is so much more than just a sport. It has been amazing to watch 18 girls from different towns and high schools, come together and play as one team. These girls established a very close bond and chemistry with one another almost instantly. Through their play, their positive support on and off the field, and through their friendships, the girls serve as a great example for all of our other team at Ela Soccer. I am extremely proud of everything these girls have accomplished and I wish them the best of luck in their high schools seasons, and for our seniors, in their future endeavors. I know they will continue to excel at their respective universities. - Coach Paul

## Friday Night is 5v5 Night!

Not only has this Friday night league been a great way to play quality competitive matches (even in the summer months!), but it has been fantastic to see the amount of player development with the game as the teacher. The program has been especially rewarding for me because I get the chance to check-in with players I've coached previously and don't often get to work with regularly.

From a parent and player's perspective, I think the value and draw of the program has got to be the quality of play. These 5v5 games are quick! Players are very often forced to improve their technical game – something that is very exciting and rewarding to watch. Young players get the chance to play with some older and more advanced players, and older players have the opportunity to take on a leadership role within their small team. There is so much to be learned and for these young players to improve their game awareness and technical skills, I'm not sure there is a better or more fun option than our 5v5 league. I've really enjoyed watching our players compete on Friday nights in this friendly and fast-paced environment – I'm really looking forward to the next session!

Coach Bridget

Register Now for Spring 5v5!

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# Save the Date!

## ONE FOR THE TEAM



Show your team spirit by joining us for a fundraiser to support Ela Soccer Club. Come in to the Chipotle at **20505 Rand Rd Ste 400** in Kildeer on **Monday, April 8th** between **5:00pm** and **9:00pm**. Bring in this flyer, show it on your smartphone or tell the cashier you're supporting the cause to make sure that 33% of the proceeds will be donated to Ela Soccer Club.



Online orders will not be included in the fundraiser total. To ensure your purchase is counted in the fundraiser, be sure to order and pay in-restaurant. Gift card purchases during fundraisers do not count towards total donated sales, but purchases made with an existing gift card will count.

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## Sunday U4-U6

Coaching the Sunday program is very rewarding. It is great to see the young players grow from season to season, and at this age you really see growth week to week! Some of my best moments as a coach is watching the players who show up on day one hesitant and almost in tears, to becoming totally excited about the game in just a few weeks, and seeing them master the skills with each season. The best part is everyone is always having fun while learning.

### Coach Kevin



## ***Thank you to the fall and winter recreation volunteer coaches!***

Melissa Abbott, Juan Alvarez, Christopher Alvey, Peter Amberg, Doug Anderson, Meghan Bargar, Natalia Belikova, Matthew Blue, Kendrick Boardman, Jamie Breslaw, Joseph Brickler, Christopher Callero, Ricardo Carranza, Steven Case, Steven Clifton, Edward Connolly, John Corcoran, Frank Costabile, Stacey Crossman, Tyler DeLorenzo, Peter Densmore, Frank Dohleman, Karl Dufer, Christopher Einfalt, Bedri Erdem, Francisco Espinosa, Kyle Essary, Robert Fabsik, Daniel Ferger, Steven Fine, John Foreman, Kevin Gallo, Kyle Garrow, Patrick Geiger, Steven Gillhaus, Brian Gnutek, Ken Goettsche, James Gondeck, Kleber Gonzalez, Ryan Graham, Lawrence Green, Michael Greenier, Jeff Groncki, Jeff Grund, Luiz Guimaraes, Christopher Harrow, Erica Heaverlo, Christopher Henley, Steven Hilton, Marc Hubbard, Andrew Husted, Bharathisundaram Jeganathan, Steven Johnson, Drew Jung, Gisell Jung, Steve Kipperman, Grigorios Korovilas, John Koziel, Kiran Krishnakumar, Lucas Kunk, Justin Kyes, Joseph Larocca, Derek Leiter, Thomas Lipari, Mike Loizzi, Anthony Loizzi, Glenn Losinski, Kevin Mason, Benjamin Mathis, Jim Messineo, Matthew Messinger, Gino Migliore, Robert Miller, Kevin Murray, Todd Nahigian, Derek Niepomnik, Jim Nuzzo, Alicia Olson, Kristin O'Neill, Walter Ott Jr, Jose Pacheco, Christopher Papa, Robert Paresi, John Peich, Peter Petroff, John Pettis, Daniel Quagliana, Jennifer Quesinberry, Robert Quesinberry, Russ Rietveld, William Riley, Javier Rivera, Joseph Romano, Justin Rundall, Michael Russell, Nathaniel Sandell, David Schmeltzer, Daniel Schmidt, Ryan Schulz, Nirav Shah, Roman Shekhtman, Christopher Sikorski, Peter Starykiewicz, Frank Stornello, Roger Sugrue, Iwona Tarnowska, Brett Tillman, John Tomaino, Matthew Troka, Joseph Vance, Melissa Versino, Dale Walenga, Mike Weber, James Weir, Steven Wilson, Charles Yoo, Brock Young and Gerardo Zapata

## Fall Recreation All Stars



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