



LBK Off Season Development



Session 2: Breaking it down, Game skills

Enhance your **lax IQ** with specific **game situations** and **play**. Using their mastered fundamentals, players will be exposed to different game situations in a controlled, **small-group setting** allowing for plenty of **reps** and **understanding**. Game play will be officiated with **certified referee's**.

When:	Thursdays November 29 th – January 17 th	Christmas Break Dec. 27 th and January 3 rd
Time:	6:00 – 7:00 p.m.	Players born 2007 – 2014
	7:00 – 8:00 p.m.	Players born 2001 – 2006
Where:	Oshawa Civic (fieldhouse)	
Single session cost:	\$175.00	
Register for ALL 3 sessions and save! \$499.00 (\$25 savings)		

Featuring Guest Coaches:

December 6 th	Allison Daley	<ul style="list-style-type: none"> • Canisius College Head Coach
December 6 th	Caitlin Formato	<ul style="list-style-type: none"> • Canisius College Assistant Coach
December 13 th	Eileen Ferry	<ul style="list-style-type: none"> • Ursuline College Head Coach

Take your game to the next level...