



# AVCA-Delta Region RECRUITING TIP OF THE WEEK

What makes NCAA DII  
Women's Volleyball Unique?

NCAA DII  
Women's  
Volleyball

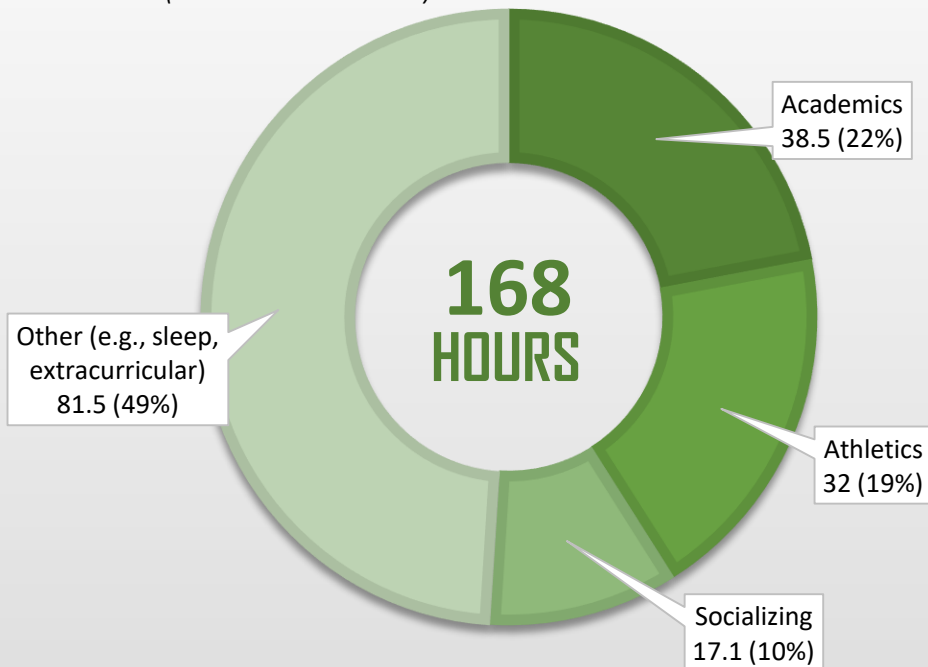
---



**MAKE IT  
YOURS**

## Division II student-athlete's time each week

(numbers listed in hours)



**15%**

**Study Abroad**

**34%**

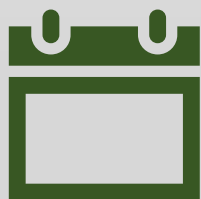
**Work at least 8.5 hours per week**

**58%**

**Want to attend graduate school**

**21%**

**Involved in internship/externship**



**Division II student-athletes report spending about 2 days a week away from campus**

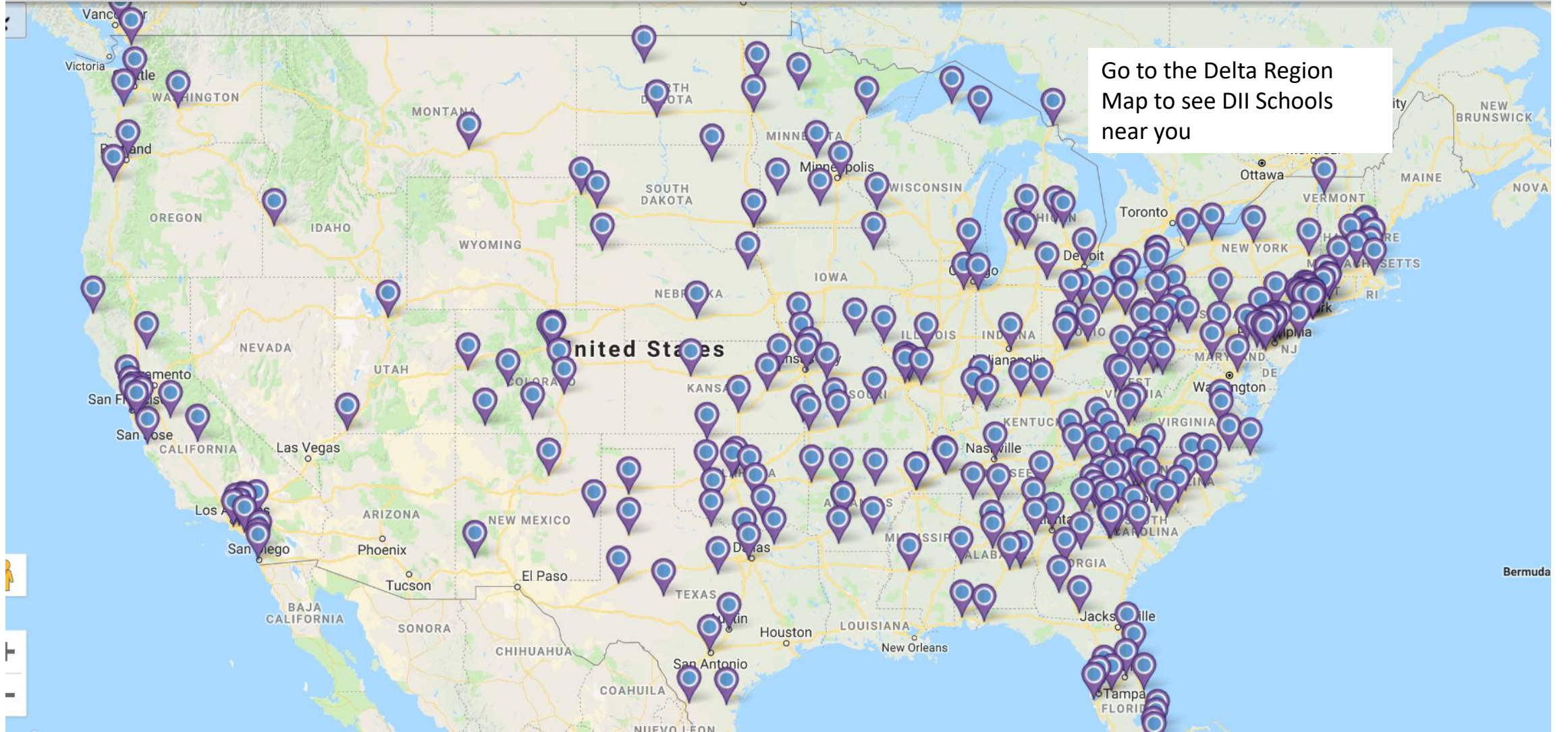


**2/3 of DII student-athletes say they spend as much or more time on athletics during the off-season as during their competitive season.**

## Different Options for College Women's Volleyball

Organization	# of Teams	# of Players	# of Playing Dates	Length of the Season	# of Volleyball Scholarships	Off-Season Commitment
NAIA	226	4000	28 Total Fall & Spring	Early August to early November	Eight equivalencies	Unregulated
Two-Year College	326 in NJCAA; 98 in CCCAA; 32 in NWAC	4500; 1400; 500	Max of 28 in fall; 32 during the whole year	Early August to early November	DI: 14 Fulls; DII 14 Tuitions; CCCAA None; NWAC 8 tuitions	Unregulated
NCAA DIII	433	7057	22 fall/1 spring	Late August to early November	None; need & academic aid only	16 days over five weeks
NCAA DII	303	4854	28 Fall/4 Spring	Mid-August to mid-November	Eight equivalencies	six - seven weeks of VB training; Strength & Conditioning all spring
NCAA DI	334	5480	28 Fall/4 Spring	Early August to end of November	12 Full rides	six - seven weeks of VB training; Strength & Conditioning all spring

CA-Region Affiliate Partners ▶ NCAA DII Women's Programs Map



# What Makes NCAA DII Volleyball Unique?

Coaches tell you in their  
own words



# What Makes NCAA DII Volleyball Unique?

*NCAA Division II volleyball allows women to compete at an extremely high level, while maintaining the balance between volleyball and academics. Missed class time is minimal because of our close proximity to our opponents and the focus on a regional schedule.*

Coach from Minnesota





**Abby Moffit**  
DIVISION II | VOLLEYBALL

SCHOOL  
WHEELING JESUIT

MAJOR  
ATHLETIC TRAINING

CLASS  
JUNIOR

GPA  
3.99

**Elite 90**

NCA

What Makes NCAA DII  
Volleyball Unique?

*Two words come to mind: balance and priorities. DII allows for more space to compete in every avenue of our lives – academics, social life, personal time & volleyball.*

Coach from California

# What Makes NCAA DII Volleyball Unique?

*In DII, the playing field is more level than DI so more student-athletes across the Division have a chance to compete for conference, regional and national championships. A wider group also has the opportunity to make All-Region and All-American teams.*

Coach from Texas





## What Makes NCAA DII Volleyball Unique?



*The ability to create balance in school, life, AND sport is truly what makes D-II unique. The structure is designed around it so coaches can focus on GPA's, community service, and volleyball.*



Coach from Michigan

# What Makes NCAA DII Volleyball Unique?

*DII Volleyball has the financial benefits of DI with the academic focus of DIII so a DII student-athlete can have a focused, competitive athletic experience while pursuing rigorous academic majors.*

Coach from Florida



# What Makes NCAA DII Volleyball Unique?

*I remember a player who transferred from DI to DII saying it felt as if the players at DI were there because that's what you did, where those at DII picked it for a reason; they could be at DI but chose DII.*

Coach from Pennsylvania





This is what makes NCAA DII Volleyball unique!!

Thanks for your  
membership in  
the Delta Region

---

Your partner in Volleyball

