



# The Torch

SYC Weekly Digest

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Congratulations to our 2020 George Angulo Scholarship Award recipients, Carrie Morrison and Brice Rivers.

Carrie has played a wide variety of sports with SYC including basketball, field hockey, lacrosse, and soccer! Over the years, Carrie has volunteered in many capacities and has found a passion for working with children. She'll be graduating from West Springfield High School this year and has plans to attend The University of Virginia this fall.

Brice has played SYC recreational and travel soccer for 7 years. In addition to coaching and assisting at SYC, he's been an avid volunteer throughout the community. He'll be graduating from West Springfield High School this year and is heading off to Texas A&M in the fall.

SYC wishes Carrie and Brice the best of luck this fall and continued success and happiness in the future!

## OPEN REGISTRATIONS

### SUMMER SPORTS

**Register Now - Pay Later!**

Basketball

Basketball Camp

Soccer Camps

Saturday Soccer Clinics

### FALL SPORTS

**Register Now - Pay Later!**

Cheer

[Flag Football](#)  
[Tackle Football](#)  
[Rec Soccer](#)  
[Rec Soccer - U5 Cubs](#)  
[Pee Wee Kickers](#)  
[Volleyball](#)

## Featured Sport



Register today for fall volleyball! **PAY NOTHING NOW** when registering. Registration fee will be tentatively due July 15th. If we are unable to host fall flag volleyball, you will not owe any fees.

[Read More and Register Here](#)

## NEWS AND SPECIAL EVENTS

### JOIN US FOR A FREE VIRTUAL RACE!

June 19th through June 28th

**#SYCRunsFree**



Come join SYC's very own Virtual Race! A Virtual Race is a race you can run at any location, at your pace, outside or on a treadmill, alone or with a group of friends or family.\*

- **1K Family Fun Run/Walk:** All participants will be entered to win a free SYC registration.
- **5K and 10K:** Prizes and medals for 1st, 2nd, and 3rd place male/female in 13 & under and 14 and older categories.

\*Please adhere to social distancing policies in place for your current location.

[Read](#)

## BASKETBALL EQUIPMENT RETURN

Monday, June 1st  
Monday, June 8th  
10AM -2PM

Thank you to all the Winter 2020 Basketball League Directors and Coaches who volunteered this past season and held onto the league equipment. We are now able to accept drop offs of the game clocks, balls & bags, and first aid kits. The warehouse door will be open and staff available for you to drop off these items on Monday, June 1st and Monday, June 8th from 10AM - 2PM. Questions? Please contact [Nancy Cannon](#).



**MARK YOUR CALENDARS**  
**NEW 2020 TOURNAMENT DATES**  
**AUGUST 29-30**

## Tackle Football - Heads Up Tackling!

Hey Tackle Football Players! Be sure to take time to train at home. Check out this virtual training video below specifically for defensive ends. See more virtual training videos [HERE!](#)



**2 POINT  
STANCE  
AND  
START**

**DEFENSIVE LINE  
FUNDAMENTALS**

**FOOTBALL TUTORIAL**



## REMINDER SYC OFFICE IS CLOSED

Emails/Calls will be answered.  
No walk-in service until further notice.

### IN THE COMMUNITY



#### 20 Memorial Day Activities for Your Family to Honor...

Although many of us look forward to Memorial Day for the epic sales, backyard barbecues, and boozy summer cocktails, it's important to remember what the holiday is truly about: honoring the men and women who have sacrificed their lives for our...

[Read more](#)

[www.goodhousekeeping.com](http://www.goodhousekeeping.com)

FAIRFAX COUNTY GOVERNMENT

# Coronavirus (COVID-19) Update

FAIRFAX COUNTY  
VIRGINIA

Help the Library Collect COVID-19 History - Fairfax...

Be it days to remember or weeks we'd rather forget, our experience is our history. The Fairfax County Public Library invites residents to share historical and genealogical resources about the COVID-19 pandemic as part of a...

[Read more](#)

fairfaxcountyemergency.wpc...

Springfield/South County Youth Club | 7075 Newington Road Unit G, Lorton, VA 22079

703-339-3796 | [www.sycva.com](http://www.sycva.com)

