

Wdby vs FL - 9/18/2025

Results - Woodbury vs Forest Lake 2025

Event 1 Girls 200 Yard Medley Relay Junior Varsity

Team	Relay	Finals Time
1 WOOD-MN	C	2:30.26 8
1) Bieze, Collins	2) Barrons, Caroline	
3) Forshee, Addison	4) Engelsrud, Katie	
45.33 40.34	28.55 36.04	
2 FRLK-MN	A	2:33.09 4
1) Thao, Levina 14	2) DeYoung, Lillia 13	
3) Koepp, Bella 13	4) McKenzie, Ellie 17	
39.08 39.30	44.43 30.28	
3 FRLK-MN	B	2:38.76 2
1) Larson, Emma 12	2) Wutzke, Orion 13	
3) Whitehill, Carly 14	4) Nilius, Mackinley 12	
34.77 40.28	47.65 36.06	
--- WOOD-MN	B	DQ
1) Allred, Rachel	2) Thorson, Stella	
3) Haines, Quinn	4) Lau, Rose	
38.53 59.59	28.32 32.02	
--- WOOD-MN	A	DQ
1) Chauss, Ida	2) Davis, Clara	
3) Gehrz, Breslyn	4) Sun, Chloe	
38.54 51.12	28.74 31.99	

Event 2 Girls 200 Yard Medley Relay Varsity

Team	Relay	Finals Time
1 FRLK-MN	A	1:57.03 8
1) Reid, Megan 17	2) Nilius, Delaney 16	
3) Fallon, Sylvie 15	4) Mosby-Velasco, Ari 16	
30.12 30.24	29.32 27.35	
2 WOOD-MN	A	1:57.10 4
1) Ghodsian, Parmida	2) Sorenson-Wagner, Iris	
3) Webb, Eleanor	4) Rundquist, Evelyn	
30.41 31.91	28.58 26.20	
3 WOOD-MN	B	2:04.94 2
1) Forshee, Avery	2) Haines, Maggie	
3) Hacker, Brynn	4) Jones, Amelia	
31.54 36.50	29.75 27.15	
4 WOOD-MN	C	2:09.55
1) Kelly, Hailey	2) Kim, Julie	
3) Kim, Hannah	4) Straka, Greta	
32.87 38.77	30.82 27.09	
5 FRLK-MN	B	2:18.52
1) Schmidt, Nora 16	2) Hokeness, Britta 14	
3) Olson, Erin 15	4) Luthner, Fiona 13	
36.27 35.18	38.51 28.56	
--- WOOD-MN	D	X2:20.82
1) Sonkusare, Ivanka	2) Terrones, Lola	
3) Mortazavi, Ava	4) Enneking, Sophie	
	21.53	

Event 3 Girls 200 Yard Freestyle Junior Varsity

Name	AgeSchool	Finals Time
1 Wegleitner, Paige	13 FRLK-MN	2:34.53 6
35.50 40.76	1:18.36	
2 Mortazavi, Ava	WOOD-MN	2:37.26 4
35.49 40.28	1:21.80	
3 Chauss, Ida	WOOD-MN	2:44.29 3
36.89 41.63	43.60 42.17	

4 Osendorf, Maya	WOOD-MN	3:04.56 2
1:28.40 48.51	47.84	
--- Engelsrud, Katie	WOOD-MN	X2:53.09
17.00 41.79	27.01 1:27.29	

Event 4 Girls 200 Yard Freestyle Varsity

Name	AgeSchool	Finals Time
1 Forshee, Avery	WOOD-MN	2:08.11 6
30.60 32.57	33.09 31.85	
2 Jones, Amelia	WOOD-MN	2:09.72 4
30.46 32.94	33.46 32.86	
3 Johnson, Hailey	17 FRLK-MN	2:11.08 3
30.77 32.94	34.05 33.32	
4 Koschak, Maren	13 FRLK-MN	2:23.15 2
33.74 36.58	37.40 35.43	
5 Ferraro, Lizzy	15 FRLK-MN	2:29.31 1
33.82 38.27	1:16.85 0.37	
6 Barrons, Caroline	WOOD-MN	2:34.50
35.97 39.82	1:18.83	

Event 6 Girls 200 Yard IM Varsity

Name	AgeSchool	Finals Time
1 Workman, Nora	18 FRLK-MN	2:22.89 6
31.12 38.06	40.04 33.67	
2 Forshee, Avery	WOOD-MN	2:24.07 4
32.57 38.16	41.04 32.30	
3 Jones, Amelia	WOOD-MN	2:29.70 3
32.73 40.12	43.43 33.42	
4 Nilius, Delaney	16 FRLK-MN	2:34.26 2
33.52 38.37	47.04 35.33	
5 Lucas, Natalie	17 FRLK-MN	2:52.27 1
38.65 41.52	52.85 39.25	

Event 7 Girls 50 Yard Freestyle Junior Varsity

Name	AgeSchool	Finals Time
1 Anton, Reese	13 FRLK-MN	28.48 6
2 Kim, Hannah	WOOD-MN	29.19 4
3 DeYoung, Bella	16 FRLK-MN	31.91 3
4 Sun, Chloe	WOOD-MN	32.15 2
5 Runtsch, Keely	16 FRLK-MN	33.38 1
6 Thorson, Stella	WOOD-MN	33.85
--- Davis, Clara	WOOD-MN	X31.07
--- Lau, Rose	WOOD-MN	X32.88
--- Gehrz, Breslyn	WOOD-MN	X33.86
--- Allred, Rachel	WOOD-MN	X34.08
--- Nilius, Mackinley	12 FRLK-MN	X35.52
--- Beckman, Sevayah	15 FRLK-MN	X41.17
--- Hanninen, Emma	13 FRLK-MN	X47.27
--- Wiberg, Ava	WOOD-MN	X48.11

Event 8 Girls 50 Yard Freestyle Varsity

Name	AgeSchool	Finals Time
1 Sorenson-Wagner, Iris	WOOD-MN	25.62 6
2 Webb, Eleanor	WOOD-MN	26.49 4
3 Rundquist, Evelyn	WOOD-MN	26.69 3
4 Reid, Megan	17 FRLK-MN	26.94 2
5 Hokeness, Britta	14 FRLK-MN	28.03 1
6 Schmidt, Nora	16 FRLK-MN	30.66

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Event 9 Girls 1 mtr Diving Junior Varsity

Name	AgeSchool	Finals Score
--- Hoekstra, Maddie	14 FRLK-MN	X76.60
--- Davis, Isla	12 FRLK-MN	X68.85

Event 10 Girls 1 mtr Diving Varsity

Name	AgeSchool	Finals Score
1 Faulkner, Nina	WOOD-MN	240.15 6
2 Gray, Lacey	17 FRLK-MN	185.45 4
3 Jones, Savannah	13 FRLK-MN	169.80 3
4 Haines, Quinn	WOOD-MN	146.00 2
5 Waddle, Suri	13 FRLK-MN	144.60 1
6 Spreigl, Illiya	WOOD-MN	81.80

Event 12 Girls 100 Yard Butterfly Varsity

Name	AgeSchool	Finals Time
1 Forshee, Addison	WOOD-MN	1:04.76 6
30.41 34.35		
2 Hacker, Brynn	WOOD-MN	1:07.58 4
32.56 35.02		
3 Anton, Reese	13 FRLK-MN	1:10.62 3
32.55 38.07		
4 Haines, Maggie	WOOD-MN	1:12.74 2
33.41 39.33		
5 Mosby-Velasco, Ari	16 FRLK-MN	1:19.54 1
35.42 44.12		
6 Olson, Erin	15 FRLK-MN	1:24.11
39.20 44.91		

Event 13 Girls 100 Yard Freestyle Junior Varsity

Name	AgeSchool	Finals Time
1 Gehrz, Breslyn	WOOD-MN	1:13.83 6
35.27 38.56		
2 Thorson, Stella	WOOD-MN	1:18.38 4
38.63 39.75		
3 Runtsch, Keely	16 FRLK-MN	1:19.51 3
39.91 39.60		
4 Bieze, Collins	WOOD-MN	1:20.11 2
39.01 41.10		
5 Larson, Emma	12 FRLK-MN	1:20.60 1
39.00 41.60		
6 Beckman, Sevayah	15 FRLK-MN	1:29.41
42.66 46.75		

Event 14 Girls 100 Yard Freestyle Varsity

Name	AgeSchool	Finals Time
1 Fallon, Sylvie	15 FRLK-MN	59.70 6
28.78 30.92		
2 Souza, Eva	WOOD-MN	1:00.44 4
29.25 31.19		
3 Enneking, Sophie	WOOD-MN	1:00.47 3
29.08 31.39		
4 McKenzie, Ellie	17 FRLK-MN	1:06.41 2
32.05 34.36		
5 Sonkusare, Ivanka	WOOD-MN	1:06.43 1
31.96 34.47		
6 Wegleitner, Paige	13 FRLK-MN	1:11.83
33.48 38.35		

Event 15 Girls 500 Yard Freestyle Junior Varsity

Name	AgeSchool	Finals Time
1 Koschak, Maren	13 FRLK-MN	6:33.44 6
34.54 39.42 40.36 39.46		
40.97 40.01 40.65 41.92		
38.74 37.37		
2 DeYoung, Bella	16 FRLK-MN	7:01.04 4
33.82 40.36 43.36 42.44		
42.17 43.61 44.23 43.98		
44.89 42.18		
3 Luthner, Fiona	13 FRLK-MN	8:09.97 3
44.54 49.95 49.87 50.11		
49.95 49.69 49.94 49.48		
49.28 47.16		

Event 16 Girls 500 Yard Freestyle Varsity

Name	AgeSchool	Finals Time
1 Brown, Kairi	WOOD-MN	5:36.86 6
31.02 33.31 34.28 34.61		
34.82 34.76 34.00 34.57		
33.64 31.85		
2 Straka, Greta	WOOD-MN	5:40.73 4
31.43 34.11 34.81 35.05		
35.05 35.27 34.50 34.32		
33.81 32.38		
3 Sorenson-Wagner, Iris	WOOD-MN	5:41.02 3
30.60 34.26 34.24 35.12		
34.39 35.07 34.49 35.23		
34.21 33.41		
4 Steigenberg, Erin	17 FRLK-MN	6:15.93 2
35.39 38.75 38.50 37.50		
38.71 38.13 37.87 37.07		
37.02 36.99		
5 Ferraro, Lizzy	15 FRLK-MN	6:35.41 1
35.86 38.98 40.23 40.95		
40.95 40.43 40.06 40.17		
40.28 37.50		
6 Workman, Nora	18 FRLK-MN	6:51.47
35.41 40.89 41.75 42.47		
43.95 43.24 41.43 42.93		
42.73 36.67		

Event 17 Girls 200 Yard Freestyle Relay Junior Varsity

Team	Relay	Finals Time
1 WOOD-MN	A	2:09.86 8
1) Barrons, Caroline	2) Davis, Clara	
3) Sun, Chloe	4) Gehrz, Breslyn	
31.53 31.28 32.95 34.10		
2 WOOD-MN	B	2:11.77 4
1) Chauss, Ida	2) Mortazavi, Ava	
3) Lau, Rose	4) Sonkusare, Ivanka	
34.46 33.04 33.09 31.18		
3 WOOD-MN	C	2:23.86 2
1) Thorson, Stella	2) Osendorf, Maya	
3) Allred, Rachel	4) Engelsrud, Katie	
34.30 39.12 34.39 36.05		

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(Event 17 Girls 200 Yard Freestyle Relay Junior Varsity)

Team	Relay	Finals Time
4 FRLK-MN	A	2:31.46
1) Thao, Levina 14	2) Larson, Emma 12	
3) Steigenberg, Erin 17	4) DeYoung, Lillia 13	
34.85 39.62	36.27 40.72	
5 FRLK-MN	B	2:42.69
1) Koepf, Bella 13	2) Beckman, Sevayah 15	
3) Nilius, Mackinley 12	4) Hanninen, Emma 13	
34.70 40.31	38.23 49.45	
--- WOOD-MN	D	X2:33.87
1) Raiter, Alice	2) Wiberg, Ava	
3) Bieze, Collins	4) Kelly, Hailey	
38.42 47.69	1:07.88	

Event 18 Girls 200 Yard Freestyle Relay Varsity

Team	Relay	Finals Time
1 WOOD-MN	A	1:45.78 8
1) Webb, Eleanor	2) Rundquist, Evelyn	
3) Forshee, Addison	4) Sorenson-Wagner, Iris	
34.13 19.26	32.01 20.38	
2 WOOD-MN	B	1:50.48 4
1) Jones, Amelia	2) Ghodsian, Parmida	
3) Straka, Greta	4) Brown, Kairi	
17.02 17.00	17.00 59.46	
3 FRLK-MN	A	1:55.18 2
1) Schmidt, Nora 16	2) Anton, Reese 13	
3) Johnson, Hailey 17	4) Fallon, Sylvie 15	
30.32 36.96	20.28 27.62	
4 FRLK-MN	B	2:10.45
1) DeYoung, Bella 16	2) Koschak, Maren 13	
3) Runtsch, Keely 16	4) Olson, Erin 15	
32.91 29.65	36.64 31.25	
--- WOOD-MN	C	X1:52.29
1) Forshee, Avery	2) Haines, Maggie	
3) Haines, Quinn	4) Souza, Eva	
31.41 24.10	29.74 27.04	
--- WOOD-MN	D	X1:57.66
1) Kim, Julie	2) Kim, Hannah	
3) Hacker, Brynn	4) Enneking, Sophie	
30.39 30.80	28.38 28.09	

Event 19 Girls 100 Yard Backstroke Junior Varsity

Name	AgeSchool	Finals Time
1 Hokeness, Britta	14 FRLK-MN	1:10.19 6
33.70 36.49		
2 Hacker, Brynn	WOOD-MN	1:25.34 4
34.56 50.78		
3 Allred, Rachel	WOOD-MN	1:28.21 3
17.04 1:11.17		
4 Koepf, Bella	13 FRLK-MN	1:32.94 2
46.43 46.51		

Event 20 Girls 100 Yard Backstroke Varsity

Name	AgeSchool	Finals Time
1 Ghodsian, Parmida	WOOD-MN	1:04.14 6
31.50 32.64		
2 Reid, Megan	17 FRLK-MN	1:05.36 4
31.68 33.68		

3 Nilius, Delaney	16 FRLK-MN	1:06.80 3
32.33 34.47		
4 Webb, Eleanor	WOOD-MN	1:09.70 2
33.83 35.87		
5 Kelly, Hailey	WOOD-MN	1:11.84 1
31.68 40.16		
6 Lucus, Natalie	17 FRLK-MN	1:16.67
36.79 39.88		

Event 21 Girls 100 Yard Breaststroke Junior Varsity

Name	AgeSchool	Finals Time
1 Wutzke, Orion	13 FRLK-MN	1:28.30 6
42.31 45.99		
2 Thao, Levina	14 FRLK-MN	1:33.20 4
44.23 48.97		
3 Osendorf, Maya	WOOD-MN	1:46.27 3
17.05 1:29.22		
4 Whitehill, Carly	14 FRLK-MN	1:57.67 2
54.96 1:02.71		

Event 22 Girls 100 Yard Breaststroke Varsity

Name	AgeSchool	Finals Time
1 Ghodsian, Parmida	WOOD-MN	1:22.14 6
38.54 43.60		
2 Johnson, Hailey	17 FRLK-MN	1:22.98 4
40.04 42.94		
3 Souza, Eva	WOOD-MN	1:23.05 3
39.76 43.29		
4 DeYoung, Lillia	13 FRLK-MN	1:23.22 2
39.69 43.53		
5 Cutrone, Claire	15 FRLK-MN	1:25.49 1
39.97 45.52		
6 Kim, Julie	WOOD-MN	1:26.22
41.50 44.72		

Event 23 Girls 400 Yard Freestyle Relay Junior Varsity

Team	Relay	Finals Time
1 FRLK-MN	A	5:01.85 8
1) Steigenberg, Erin 17	2) Workman, Nora 18	
3) McKenzie, Ellie 17	4) DeYoung, Bella 16	
35.42 1:16.39	32.70 1:09.27	
31.88 1:07.65	42.45 1:28.54	
2 FRLK-MN	B	5:31.46 4
1) Koepf, Bella 13	2) Beckman, Sevayah 15	
3) Wegleitner, Paige 13	4) Whitehill, Carly 14	
38.33 1:19.43	43.27 1:31.63	
43.38 1:28.04	33.60 1:12.36	

Event 24 Girls 400 Yard Freestyle Relay Varsity

Team	Relay	Finals Time
1 FRLK-MN	A	4:01.91 8
1) Mosby-Velasco, Ari 16	2) Reid, Megan 17	
3) Hokeness, Britta 14	4) Nilius, Delaney 16	
29.50 1:00.65	28.77 1:00.55	
30.43 1:03.68	26.92 57.03	
2 FRLK-MN	B	4:34.47 4
1) Ferraro, Lizzy 15	2) Olson, Erin 15	
3) Luthner, Fiona 13	4) Lucus, Natalie 17	
32.20 1:08.19	34.36 1:10.95	
31.50 1:07.35	33.12 1:07.98	

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(Event 24 Girls 400 Yard Freestyle Relay Varsity)

Team	Relay	Finals Time
--- WOOD-MN	A	X3:59.65
1) Straka, Greta	2) Rundquist, Evelyn	
3) Forshee, Addison	4) Brown, Kairi	
29.48 1:00.15	28.40 59.36	
27.24 57.28	28.83 1:02.86	
--- WOOD-MN	B	X4:14.21
1) Kim, Hannah	2) Kelly, Hailey	
3) Haines, Maggie	4) Souza, Eva	
30.93 1:04.41	30.44 1:05.55	
29.45 46.83	17.09 1:17.42	
--- WOOD-MN	C	X4:38.50
1) Enneking, Sophie	2) Chauss, Ida	
3) Kim, Julie	4) Barrons, Caroline	
30.65 1:03.10	36.37 1:14.98	
32.25 1:08.99	32.88 1:11.43	
--- WOOD-MN	D	X4:51.19
1) Mortazavi, Ava	2) Lau, Rose	
3) Sonkusare, Ivanka	4) Sun, Chloe	
35.74 1:20.66	30.77 1:09.04	
31.61 1:13.62	1:07.87	

Scores - Women

Women - Varsity - Team Rankings - Through Event 29	
1. Woodbury	107
2. Forest Lake Rangers	77

Scores - Women

Women - Junior Varsity - Team Rankings - Through Event 29	
1. Forest Lake Rangers	71
2. Woodbury	59