

MONDAY

MOVE IT MORNINGS!

[Click to join Coach Danny for Move It Mornings!](#)

ARTS & CRAFTS

[Make fidget spinners!](#)

SKILL TUTORIAL

[Master your honk vault!](#)

SCIENCE PROJECT

[Why does the moon glow? Find out!](#)

GET OUTSIDE!

[Create your very own beanbag game!](#)

AFTERNOON WORKOUT

[Get some exercise with this quick 9 minute workout!](#)

EVENING GAME

[Go on a treasure hunt!](#)

BEDTIME REFLECTION

[Stretch it out with some bedtime yoga!](#)