



Power Skating Clinic

The Midland Amateur Hockey League Power Skating Clinic is an excellent opportunity for our young players to take the next step toward achieving their goals in hockey. The focus of the class is to get the players to skate to their maximum potential. Coach Kevin Blasy teaches the participants to skate faster, stop quicker, and turn tighter through drills and instruction which emphasize edge work, balance, and speed. The skaters are taught how to skate with the maximum amount of return for each stride with no wasted effort.



While many of the drills will prove challenging to 14U players and above, capable skaters at any level will get real value from learning proper technique and pushing to their limits. The unfortunate reality is that most coaches are busy trying to teach the kids how to play the game of hockey and don't have the time or the knowledge to teach their players optimum form. As a result, many kids will try out for teams later in their career and only skate at 75-80% of their true potential. We highly recommend you take advantage of this drop-in clinic being offered by the league.

