

8-25-2021 Email

Subject: Return To Play Protocols

Dear Parents,

With games starting up soon, we want players and parents reminded of the Return To Play Protocols that SnVYSA is following. We are following the Washington Youth Soccer Association (WYSA) Return To Play guidelines which follow governor guidance. In our email to parents of all rostered players dated 8/9/2021, we highlighted the following protocols by WYSA for outdoor soccer.

- Soccer players are allowed to remove facial coverings for competitions and training.
- All vaccinated individuals are not required to wear a mask, including coaches, spectators, etc.
- All non-vaccinated individuals should still adhere to Phase 3 mask guidelines.
- If your local field requires a mask, please adhere to their local rules.

Parents, please make sure you are not sending your kids to practice/games if they do not feel well. It is important that the following steps are being taken at home:

- Ensure your player is healthy prior to each practice and game. Do not send your player to practice or games if they are ill. If they have a fever, they should stay home.
- Make sure your player is washing hands and sanitizing before and after practices and games.
- Unvaccinated athletes should also maintain physical distancing except when physical distancing is unfeasible during competition.

If any player is infected with Covid-19, we are following the CDC guidelines outlined below:

CDC Guidelines and Recommendations:

Fully Vaccinated Individuals:

- People who are fully vaccinated do NOT need to quarantine after contact with someone who had COVID-19 unless they have symptoms. However, fully vaccinated people should get tested 3-5 days after their exposure, even if they don't have symptoms and wear a mask indoors in public for 14 days following exposure or until their test result is negative.
- Fully vaccinated people should still watch for symptoms for 14 days after their exposure and seek medical care if they have symptoms. Businesses and employers may choose to require proof of vaccination.
- Beginning Monday, August 23, all people are mandated by the governor to wear a face covering while indoors.

NOTE: People are considered fully vaccinated:

- 2 weeks after their second dose in a 2-dose series, like the Pfizer or Moderna vaccines, or
- 2 weeks after a single-dose vaccine, like Johnson & Johnson's Janssen vaccine

If it has been less than 2 weeks since your shot, or if you still need to get your second dose, you are NOT fully protected. Keep taking the prevention steps until you are fully vaccinated.

Un-Vaccinated Individuals:

- Quarantine if you have been in close contact (i.e within 6 feet of someone for a cumulative total of 15 minutes or more over a 24-hour period) with someone who has COVID-19, unless you have been fully vaccinated.
- Current quarantine recommendations are to stay in quarantine for 14 days after your last contact. This is the safest option. Monitor your symptoms during this time, and if you have any symptoms during the 14 days, get tested.
- If this is not possible, stay in quarantine for 10 days after your last contact, without additional testing. If you have any COVID-19 symptoms during the 10 days, stay in quarantine the full 14 days and get tested. Keep watching for symptoms until day 14.
- Beginning Monday, August 23, all people are mandated by the governor to wear a face covering while indoors.

If you have any questions on these protocols, please reach out to Char Yotz, VP Competition. Char is SnVYSA's Covid contact for recreational players.

Thank you,

SnVYSA Board