



**EDINA
FASTPITCH**

EGFA 2026 6U/8U Rec Parent Info Meeting

Edina Fire Station #2

25 March 2026



EGFA: Who are We?

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Our Mission and Vision:

EGFA engages girls in fastpitch softball by making the sport **fun, inclusive, and competitively inspiring**—building confident athletes and connected community members.

We support diverse pathways for girls in softball by fostering strong partnerships, collaborative development, and a connected community. We are committed to fostering leadership, opportunity, and excellence at every level of play for our girls.



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Strategy Statement:

To fulfill our mission and realize our vision, EGFA will pursue the following strategic priorities:

- **Centralized Resource Hub:** Create a transparent, accessible platform for training, communication, and development tools.
- **Player-Centered Development:** Establish clear philosophies for pitching and overall growth, with support for transitions between age levels and competitive tiers.
- **Coaching Excellence:** Invest in coach training and mentorship, with a focus on increasing female leadership and club collaboration.
- **Community Engagement:** Expand outreach events, social connectivity, and partnerships with Edina High School, baseball programs, and local clubs.
- **Inclusive Growth:** Maintain subsidized training, rec-level access, and events like “Try Softball” to welcome new players.
- **Operational Strength:** Improve tournament organization, tryout processes, and volunteer systems to ensure sustainability and clarity.



Philosophy and Expectations

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The program's primary focus is player development in nature. Girls will learn the game of softball in a fun, competitive environment. The full roster is batted for all games. Girls will have the opportunity to try all fielding positions throughout the season.

The EGFA wants to grow and develop the athletes in the community by providing the right level of training and competition for each athlete. To help your player and her teammates be successful, it is expected that practices and games are attended as much as possible, but it is understood that family conflicts are unavoidable sometimes. Coaches will work to provide the Spring/Summer schedule as early as possible to support your planning.



Team Formation

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The formation of Rec teams at both the 6U and 8U levels is done primarily based on school affiliation and friend requests that are submitted during registration. Every effort is made to honor all friend requests and keep school groupings intact. However, this is not always possible depending on the total number of players that are registered



Uniform and Equipment

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What do I need to play?

Provided by EGFA:

- Jersey – A reversible green/white jersey is provided for use during the season and returned back to EGFA.
- Batting helmet (team use)
- Bats (team use)

Provided by Families:

- Pants – Black **softball** pants
- Belt – Black preferred
- Socks – Green preferred
- Shoes/Cleats – Cleats preferred over shoes. No metal cleats!
- Fielder's Mask – Black preferred. Metal is more durable than plastic but both are acceptable.
- Glove
- Bag/backpack
- Batting helmet (optional) – Black preferred. Must have face shield and fitting chin strap
- Bat (optional)



Practices and Games

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Practices:

- 6U and 8U will practice once per week, starting when the City of Edina opens outdoor fields for use (mid/late April).
- Coaches will work with parents to schedule practice times based on player availability and open field schedule.

Games (6U):

- Season will span May to late June, concluding with an end-of-season tournament or jamboree at Pamela or VV.
- Games are played against fellow Edina 6U teams at Edina city fields on Thursday nights.
- Start times are either 5:30pm or 6:45pm

Games (8U): New!

- Season will span May to July, concluding with an end-of-season tournament (Saturday July 18th) at Wayzata HS.
- Games are played against Plymouth/Wayzata, Maple Grove and Orono on Wednesday nights. Matchups against fellow Edina 8U teams are also possible.
- Games are split roughly in half between home (Edina) and away (Plymouth/Wayzata, Maple Grove, Orono).
- Start time is intended to always be 6:30. Sometimes a 6:00pm or 7:00pm start time will be necessary.

6U and 8U Rec primary home fields are Weber Park, Rosland Park (Edina Aquatic Center), and Yancey Park.



General Rules

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General Gameplay Rules (6U):

- Games are played to a 60-minute time limit. For fairness, head coaches may choose to end a game early or switch to skill work if a full inning cannot be completed in the remaining time before the 60-minute mark.
- Pitch delivery comes via coach pitch.
- Batter is given a maximum of 6 pitches, followed by 3 swing attempts via a tee to put a ball into play.
- When a ball is in play, baserunners can continue to advance until the ball is controlled by a defensive player. Baserunners may not take extra bases on overthrows.
- (Start of season) When the defensive team records an out, baserunners will remain on the basepaths to learn baserunning. (Graduate to real outs later in season)
- (Start of season) A half inning ends when team has batted the lineup. All runners should come around to score on last at-bat of half inning. (Later in season, half inning can end on 3 outs made / full lineup does not bat).
- Coaches are encouraged to pause game to instruct all players when important teaching moments occur on the field.
- No scorebook is kept. Coaches keep track of their own batting order.
- Scores and wins/losses are not recorded.



General Rules

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General Gameplay Rules (8U):

- Games are played to 6 innings. No new inning can begin after 70 minutes of play. Games can end in a tie.
- Pitch delivery comes via “Blue Flame” pitching machine.
- At-bat ends after 5 hittable pitches, or 3 strikes (combination of swinging or foul balls). Foul balls extend the at-bat as in traditional baseball/softball. Umpires do not call balls and strikes.
- Infield hits must stop as a single. Hits that reach the outfield grass on the fly must stop as a double. Runners cannot advance additional bases due to throwing errors.
- **Sliding is enforced.** Baserunners are expected to slide in all situations where a slide is appropriate. A runner could be called out for not sliding, even if she was otherwise safe (umpire discretion).
- A half inning ends when 5 runs are scored or 3 outs are made.



EGFA Board of Directors Opportunities

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Current Board of Directors Open Positions:

- Webmaster
 - Point person to organize the website, add timely and relevant content and support digital experience of our website.
- Director of Fundraising and Sponsorships
 - Leverage relationships and expertise to secure donations that support the program, either strategic or tactical. Help secure grants. Think of something new we aren't doing and go for it! Many local establishments offer programs to raise funds. Work with facilities lead to prioritize fundraising goals.
- Recreation Program Director
 - Manage end-to-end Recreational program engagement (identify opportunities, support rec program engagement and experience including Mayfly exhibition game and year-end tournament for younger age levels).



Questions?

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