



## Drills: Situational BP

### Goal:

To practice hitting in various offensive situations

### Description:

Runners (wearing helmets) are placed at various bases, defensive players are in the field and remaining players hit. Approximately one swing in four should be situational, and before these pitches are thrown you call out the situation and the count (1-2, 0-2, 2-1 and so on) on the batter. Batters react to the pitch according to the situation. Defensive players shift accordingly and runners react to the hit. This drill can also be executed using the following variation.

### Variation:

You can decide that on certain days every pitch is going to be a 2-1 pitch, 0-2 pitch and so on, and batters must react to the pitches thrown as they would in a game on a pitch with that count. For example, on a count of 0-2, players would widen their stance and protect the plate at all costs, trying to make contact on any pitch that might be called a strike in a game. As added incentive, you can stand behind the batting cage to call balls and strikes. For example, if a player takes a pitch when the count is 0-2 and the pitch is a strike, he would lose the rest of his turn.

