

# Syosset Baseball Association Little League

## 2021 Season Resumption Guide

for Managers, Coaches and Parents

League ID 2323215



“Play Hard - Play Safe”



## No Handshakes/Personal Contact Celebrations:

- Players and coaches should take measures to prevent all but the essential contact necessary to play the game. This should include refraining from handshakes, high fives, fist/elbow bumps, chest bumps, group celebrations, etc. Little League International suggests lining up outside the dugout and tipping caps to the opposing team as a sign of good sportsmanship after a game.
- Players and families should vacate the field/facility as soon as is reasonably possible after the conclusion of their game to minimize unnecessary contact with players, coaches, and spectators from the next game, ideally within 10 minutes.

## Drinks and Snacks:

- Athletes, managers/coaches, and umpires should bring their own personal drinks to all team activities. Drinks should be labeled with the person's name.
- Individuals should take their own drink containers home each night for cleaning and sanitation or use single-use bottles.
- There should be no use of shared or team beverages.
- Teams should not share any snacks or food. Players should bring individual, pre-packaged food, if needed.

## Personal Protective Equipment (PPE):

- All managers/coaches, volunteers, umpires, etc., should wear PPE whenever applicable and possible, such as cloth face coverings and protective medical gloves.
- Players should wear cloth face coverings when in close contact areas and in places where recommended social distancing is challenging or not feasible, such as in dugouts.
- Players should not wear protective medical gloves on the field during game play.
- Players, especially at younger divisions, are not required to wear a cloth face covering while on the field during game play.
- Players will be permitted to wear a cloth face covering on the field during game play, if physically able to do so, based on any directive of a medical provider or individual determination of the player/parent/guardian.
- Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.

## Dugouts:

- Managers/coaches and players should be assigned spots in the dugout or on the bleachers so that they are at least six feet apart and must be placed behind a fence.
- Players are to stay at their assigned spots when on the bench or while waiting their turn to bat.
- Players and managers/coaches should wear a cloth face covering while in the dugout.

## Safety Officer:

- Each team must designate one parent as a safety officer to make sure all safety protocols are being followed

## Player Equipment:

- No personal player bat bags/equipment bags should be allowed in the dugout. Player equipment should be spaced accordingly outside the dugout to prevent direct contact.
- Players should have their own individual batter's helmet, glove, bat, and catcher's equipment.
- Measures should be enacted to avoid, or minimize, equipment sharing when feasible

- Some critical equipment may not be able to be obtained by every individual. When it is necessary to share critical or limited equipment, all surfaces of each piece of shared equipment must be cleaned first and then disinfected with an EPA-approved disinfectant against COVID-19 and allowed sufficient time to dry before used by a new player. Increased attention should be paid to detailed cleaning of all equipment directly contacting the head and face (catcher's mask, helmets).
- Player's equipment (e.g. bags, helmets, bats, gloves, etc.) should be cleaned and disinfected after each use by a parent/guardian/caretaker, where applicable.
- Individuals disinfecting equipment are encouraged to use gloves while using disinfectants and follow the manufacturer's directions for use. All disinfectants should be stored properly, in a safe area, out of reach of children.

## Baseballs:

- Baseballs should be rotated through on a regular basis, at least every two innings, to limit individual contact.
- Umpires should limit their contact with the ball, and catchers should retrieve foul balls and passed balls where possible.
- Balls used in infield/outfield warm-up should be isolated from a shared ball container

- Foul balls landing outside the field of play should be retrieved by participating players, coaches, and umpires. No spectators should retrieve the ball.

## Spitting, Sunflower Seeds, Gum, etc.:

- Sunflower seeds, gum, etc., should not be allowed in dugouts or on the playing field.
- All players and coaches are to refrain from spitting at all times, including in dugout areas and on the playing field.

## Umpire Placement:

- Umpires are permitted to be placed behind the pitcher's mound/circle to call balls and strikes. Umpires are encouraged to keep a safe distance from players as much as possible and wear protective gloves.
- If physically able, umpires are encouraged to wear cloth face coverings while umpiring.

## Scheduling of Practice and Games

- There will be sufficient time between scheduled practices and games to facilitate the complete evacuation of individuals from a previous practice or game from the premises before the next group enters

- Players/Families/Spectators are instructed not to show up to the fields before their designated time
- If there is a game or practice going on prior to your event, families and spectators are encouraged to stay in their vehicles or at recommended social distances until the start of their game to prevent overcrowding of spectator space and walkways
- On-field warm-up should be limited as much as is reasonably possible and no more than 30 minutes

## Spectator Attendance

- All spectators must follow best social distancing practices
- Stay six feet from individuals outside their household at all times
- Wear face cloth covering at all times when unable to maintain social distancing
- Avoid direct hand or other contact with “on field” volunteers and personnel during play
- Only board-certified volunteers and personnel are permitted in any designated field area.

- Spectators should bring their own seating or portable chairs when possible

## Spectator Restrictions

- A spectator with any of the following conditions will be prohibited from attending a practice or game until evaluated by a medical provider and given clearance to do so:

-Active Covid-19 infection

-Know close contact with an individual testing positive

-Fever

-Cough

- Those at higher risks for severe disease should consider consultation with their medical provider before attending a game and should ensure the strictest adherence to guidelines regarding face coverings, distancing, and handwashing.

-Those over 65

-Those currently residing in a nursing home or long-term care facility

## Covid-19 Positive Diagnosis Protocol

- If a volunteer, umpire, and/or player reports they are Covid-19 positive, Syosset Little League will maintain the confidentiality of the individual at all times while mitigating the situation

- The case will be reported to the local health authorities and all families and coaches of the affected team and their on-field opponents will be notified immediately.
- Anyone who came in close contact with the infected individual will be required to quarantine for 14 days.
- Anyone who had proximate exposure shall be required to self-monitor for symptoms for the same 14-day period as per the CDC

## Return to Play from a Covid-19 positive tests or close contact exposure

- An individual who tested positive for Covid-19 or was subject to a close contact exposure may return to play after ALL of the following criteria have been met:

-It has been at least 14 days since symptoms were first observed

-It has been three days fever-free without any medicine or fever reduction

-It has been three days since symptoms have improved

-Respiratory symptoms have resolved

-There has been 2 negative Covid-19 test at least 24 hours apart.