



## OUR STORY

We're former professional athletes with a lifelong passion for sport—and for the world beyond it. Our careers took us across countries and cultures, where we experienced new languages, traditions, and ways of life.

Along the way, we learned that sport does more than build skills. It opens doors, creates friendships, and connects people across backgrounds.

Athletes Without Borders was built from that belief—creating an opportunity for athletes to train at a high level while experiencing the world alongside their families.



## INTERESTED IN LEARNING MORE?

Ready to give your athlete the experience of a lifetime while exploring everything Italy has to offer? Fill out our form and we'll send you detailed camp information, travel packages, and next steps.



[ATHLETESWITHOUTBORDERS.NET](https://athleteswithoutborders.net)



# SPORTS CAMPS

Our camps are built on the belief that sport and travel together create life-changing opportunities. Athletes train at a high level, learning new techniques, strategies, and styles of play from internationally experienced coaches, while also immersing themselves in a cultural journey that goes far beyond the court or the field.

Each day balances focused training sessions with opportunities to experience the world around you. Mornings may be filled with skill development, strength and conditioning, and competitive scrimmages. Afternoons and evenings offer the chance to explore – from guided tours and local excursions to shared meals that showcase the culture and history of each destination.

# WHAT A DAY LOOKS LIKE

- Morning training sessions led by internationally experienced coaches
- Skill development and competition
- Competitive scrimmages and situational play
- Strength, mobility, and recovery work
- Cultural excursions and guided tours
- Shared meals and group experiences
- Time to explore and unwind together

Every day is a balance of performance and perspective.



# BUILT FOR ATHLETES. DESIGNED FOR FAMILIES.

Our tours are intentionally structured so athletes can train while families explore—together.

Athletes participate in focused training sessions led by internationally experienced coaches, while parents and families enjoy guided sightseeing, local excursions, and unforgettable culinary experiences.

Each day brings everyone back together—sharing meals, stories, and moments that turn into lifelong memories.

# SUMMER 2026 CAMPS

SPRING BREAK EXPERIENCE | April 2 – April 12

Experience Easter in Rome during this immersive 10-day journey through Italy. The trip includes training sessions and tournament play near Rome, along with a multi-day excursion to Florence. Athletes and families balance high-level competition with cultural exploration, highlighted by the rare opportunity to celebrate Easter in Rome during a historic and unforgettable time of year.

ITALY MULTI-CITY EXPERIENCE | June 20 – July 2

Explore Rome, Tuscany, Florence, and Venice. Begin in Rome, transition into a five-day training camp in Tuscany, and conclude with unforgettable city experiences before returning home in time for the Fourth of July.

NORTHERN ITALY & THE DOLOMITES | July 15 – July 30

Escape the summer heat with cooler mountain air, a full week of training, and visits to Lake Garda, Milan, Venice, Trento, and Bolzano. A perfect blend of athletic focus and breathtaking scenery.

