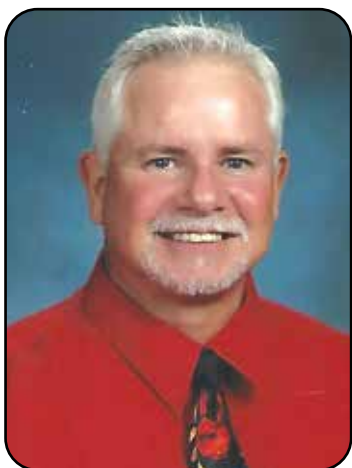


Reflections by Ringer



*By: Rick Ringeisen, MSHSCA
Executive Director*

Your leadership and guidance of student-athletes have never been more important than right now. Each of you has worked harder than ever before to continue to do your jobs and coach. Your student-athletes and your communities are depending upon you to be a source of inspira-

tion and positivity. Athletics and coaching have always been about much more than scores. The life lessons learned while participating define Education-based athletics. That is why so many of you became coaches in the first place.

This past year has been tough and challenging. It has been filled with disappointment, frustration, grief, and many more burdensome emotions. The global pandemic has seriously altered our world. The canceling of the spring sports season and the switch to distance learning was a pandemic wake up call. Since then, it has been a rollercoaster ride. Summer was a brief reprieve when things improved. However, the advent of cold weather brought an increase in Covid-19 cases.

At this time, we are being told that there is a bright future because the vaccine will soon arrive and put an end to the pandemic. However, we all know that we first must get through the winter and the soaring number of new cases of Covid-19. Each of our visions of the pandemic has been very different, with some of you experiencing the very worst of circumstances. Lives have been lost, businesses have failed, many people are unemployed, saving accounts drained, and many people are hungry and don't have enough to eat.. These things are happening in all of the communities across our state and to our student-athletes' families.

As coaches, we are accustomed to taking care of our student-athletes and our teams. If you also happen to teach, you do the same for the students in your classes, as coaches who work in the private sector also take care of their coworkers.

That is the kind of person who becomes a coach, someone who shows up and cares about others. You have to start by taking care of yourself, both physically and mentally. It would be best if you were prepared to handle the extra load this pandemic has placed on your shoulders. If it becomes too tough to handle, reach out for help. Even coaches need to be coached when things get tough.

Take measures to stay connected to your student-athletes and your coaching staff. Make sure they know you care about them and that you are available if they need to talk. All of you have experienced helping your student-athletes, and that skill may become more important in the coming months. You will not have all the answers. It is important that you call upon your school district's resources to get your student-athletes the help they need.

When the pandemic arrived last spring, very few people expected things to be like they are now. To begin with, it almost did not feel real. For a long time, I did not know anyone who had the Covid-19 virus. Eventually, I started to hear about a few acquaintances who were sick with the virus. The past month I have learned of dozens of acquaintances and friends sick with the Covid-19 virus. My wife is a hospital nurse, so I

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Delegates for 2020-2021 and Sports Association Officers

If you would be interested in filling one of the open Delegate positions please contact Rick Ringeisen, Executive Director

SECTION	GIRLS SPORTS DELEGATE	BOYS SPORTS DELEGATE	AT LARGE DELEGATE	AT LARGE DELEGATE
1A	Adam Wilder (Mable-Canton)	Gordy Klomps (retired)		
2A	Rick Bruns (LeSueur-Hend)	Alan Woitos (New Ulm Cathedral)	Craig Morgan (MN Valley Luth)	
3A	Jess Smith (Windom)	Dave Blank (Wabasso)	John Seipp (Trinity School)	
4A	Chris Larid (Heritage)		Tim Herman (Heritage)	
5A	Dawn Engebretson (Rockford)	Tom Lawrence (Foley)	Al Amdahl (Albany)	Chris Kircher (Swanville)/Tim Triplett (Holy Family)
6A	Tavia Bachmann (Frazee)	Kyle Haderman (LP/Aud)	Mike Peterson (Perham)	Gregg Martig (Pequot Lakes)
7A	Matt Carlstrom (Deer River)	Derek Parendo (Proctor)	Jon Wagner (Eveleth-Gilbert)	Nathan Johnson (Proctor)
8A	Dave Varriano (Mahnommen-Waubun)		Terry Sadler (Warroad)	Lisa Hanson (EGF)
1AA	Jeremy Biermaier (New Prague)	John Cassellius (Winona)	Rod Schwarz (Winona) (Retired)	Bill Goodman (Apple Valley)
2AA	Mike Lhotka (Dassel Cokato)	Mike McGraw (Hutchinson)	Tink Larson (Waseca)	Gary Prantner (Eden Prairie)
3AA	Keith Randa (Apple Valley)	Jeff Groves (Apple Valley)	Tom Sharp (Eastview)	
4AA	Tracy Hrouda (Harding)	Tom Paulson (White Bear Lk)	Tim Ryan (Hill Murray)	Jerry Utech (Harding)
5AA	Mark O'Neill (Champlin Park)	William Totimeh (Fridley)	Mark Loahr (Totino Grace)	
6AA	Juno Nayagam (Benilde-St. Marg)	David Boone (Edina)	Jim Baker (Retired)	Curt Cardinal (Park Center)
7AA	Mark Solberg (Cambridge)	Bill Baumann (North Branch)		
8AA	Kent Hamre (STMA)	Jeremy Digiovanni (Elk River)	Rob Nielsen (Det. Lakes)	Stephen Schreiber (Bemidji)

SPORT ASSOC	PRESIDENT	PRESIDENT ELECT	EXECUTIVE SECRETARY	MEMBERSHIP/TREAS.
AD	Brent Schimek (Deer River)	Matt Matson	Mike Beck (retired)	
Adapted Athletics	Brett Kosidowski (Eastview)	Luke Wisniewski (Minneapolis)	Joe Olson	Kelli Waalk (Osseo)
Baseball	Ryan Holmgren (Elk River)	Dean Schwirtz(Glencoe-Silver Lake)	Craig Anderson (Pine Island)	Todd Smrekar (Cambridge-Isanti)
Boys Basketball	Omar McMillan(Richfield)		Tom Critchley (retired)	
Girls Basketball	Brad Strand (Fergus Falls)	Leah Dasovich (Minnetonka)	Carl Pierson (Waconia)	
Cross Country	Brandon Heebink (Wayzata)	Jeff Morris (Perham)	Mary Schifsky (Roseville)	Dave Chatelaine (Owatonna)
Dance	Molly Carlson (Westonka)	Brittany Rehling (Roseville)		Katie Harmeyer (Treas)
Football	Chuck Ross (Underwood)	Jeff Williams (Owatonna)	Ron Stolski (Brainerd)	Jim Dotseth (Treasurer)
Golf	Eric Tollefson (Moorhead)			
Gymnastics	Toni Kebler (Moorhead)		Shelly Eklund (Eagan)	Leeann Steen-Gymn (Delegate)
Boys Hockey	Michael Taylor (Apple Valley)		Mike MacMillan (Ramsey)	
Girls Hockey	Claire Goldsmith	Emily Erickson (Hibbing/Chisholm)	Tim Morris (St. Anthony)	Robert Sherry (St. Paul United)
B-Lacrosse	Jon Junker (Chanhassen)	Rob Horne (Benilde)	Darin Nelson	Lance Kuehn (Rosemount)
G-Lacrosse	Ana Bowsby (Benilde-St. Margaret)	Theresa Boyd (Hill-Murray)	Kelsey Long (Rosemount)	Patrick Crandall (Lakeville So)
Alpine Skiing	Jason Nickelson (Visitation)			Nathan Springer (Treasurer)
Nordic Skiing	Rob Lageson (St. Paul Central)			Richard Heilman (Lakeville No.)
Robotics	Alex Jurek (Becker)			
Soccer	Ben LeVahn (Maple Grove)	Aaron Percy (Mpls Washburn)	Keith Randa (Apple Valley)	Art Seplak (Treas) Greg Juba (Clinic)
Softball	Dawn Engebretson (Rockford)		Shelly Hotzler (JCC)	
B-Swimming	Brian Luke (Stillwater)		Kate Steineman (Treas) (Cretin DH)	
G-Swimming	Meghan Kemna (Visitation)	Kelly Boston (Eden Prairie)	Todd Walsh (Bloom.Kennedy)	Kate Steineman (Cretin DH)
Synch. Swim	Kathy Henderson (Stillwater)		Laura Davidson (Forest Lake).	Katy Bohnsack (Prior Lake)
Tennis	Dave Wareham (Totino Grace)	Robb DeCorsey(Glencoe-Silver Lake)	Richard Engelstad (Pine City)	
Track	Aaron Berndt (Wayzata)	Megan Oregeman (Alexandria)	Scott Christensen (Stillwater))Sec/Treas	
Volleyball	Becca Pulju (Sebeka)	Darin Swenson (Litchfield)	Janet Golden-Landquist (Nevis)	Sue Alstrom (Treasurer)
Wrestling	Joel Skillings (Minneota)		Kip Lynk (Dassel)	

President's Message

By: Tom Critchley, Jr.

Back in February of 2018, I received a call from John Schumacher asking me if I would be interested in running for the presidency of the Minnesota State High School Coaches Association. At the time, I was both honored and flattered that a person of the caliber of John Schumacher would think that I would be capable of leading this wonderful organization.

I first met John when I would attend the MSHSCA Spring Meeting which always takes place the Friday of the Boys Basketball State Tournament. Typically, the regular participants at this meeting are delegates, sport association presidents, and executive directors of sport associations. I was in attendance representing the Minnesota Boys Basketball Coaches Association in place of the executive director (my father) and the president who were running their annual spring meeting at the Target Center. I was a nervous, young coach who knew no one in the room and I was wondering what I was doing here. As I walked into Mancini's, I was met by John Schumacher and he immediately greeted me and made me feel at ease. It was like we were lifelong acquaintances and John made me feel not only welcomed, but that I belonged in the room. That was the type of person John was-- he made everyone around them feel better about themselves.

I would continue to represent the boys basketball coaches for several years at this meeting, and as my friendship with John grew, I got to see first hand his passion for our coaches association every time he spoke as an active delegate and later on in the same role that I currently hold, president of the MSHSCA. I could feel his passion and commitment for our coaches and witnessed his philosophy of "livin' the dream." I eventually became a section representative for the MBCA

and had to attend their meeting versus the MSHSCA Spring Meeting. It wasn't until several years later when my DGF girls basketball team went to Park Rapids that our paths would cross again. I was immediately met at the door by John and it was like it was just yesterday that we had seen each other. John had that special gift of making everyone around him feel special. This would happen every time we would play at Park Rapids. Even after he retired, he would still arrive at the school to meet me and we would catch up.

In 2018 our paths crossed again when I accepted Schu's offer and was fortunate enough to be elected to the role of the vice president. Schu's role had changed as well as he was the incoming executive director. It was at this point our relationship grew even further. I met his wife, Bernie, and their support helped me to adjust to my new role. They were a great team who cared deeply about the purpose of the organization and held it to the highest level of service.

While attending my first fall banquet as the vice-president I was amazed at how many people in our association were honored for their outstanding work either through the course of a season or throughout their career. We had awards for coaches, assistant coaches, officials, and service awards, but no award for activity directors. The MnIAAA is one of our key partners (along with the MSHSL) and one of their main purposes as an organization is to "cooperate with and promote all functions of the Minnesota State High School Coaches Association." Schu was an activity director who went above and beyond cooperating with and promoting all

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MSHSL BOARD OF DIRECTORS REPORT

COVID-19 and the Power of Grit – What Will MSHSL Activities Look Like?

By: John Vraa, New London-Spicer HS
Boys Sport Representative, MSHSL Board of Directors
Winter 2020 MN Prep Coach

Four years ago, in my role as MnIAAA President, I wrote an article for this publication titled, "Please Trust Us to Allow Your Child to Fail." The premise of the article was parents are "solving" all issues for kids related to sport and there are no hardships for the participants to overcome. As a result, no "grit" is being developed and we are doing a disservice to our kids.

While COVID-19 has not eliminated the overinvolved parent, it has presented our student-athletes with enormous amounts of hardships – seasons cancelled or shortened, games lost,

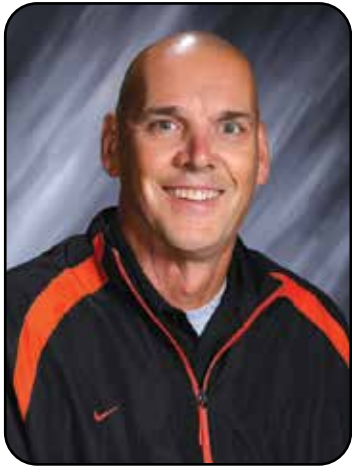
traditions put on hold, learning models changed regularly, and person to person relationships made difficult. While none of us search for hardships to allow us to grow, we have seen sports provide that vehicle of growth for so many student-athletes over the years.

Wikipedia defines grit as, "a positive, non-cognitive trait based on an individual's passion for a particular long-term goal or end state, coupled with a powerful motivation to achieve their respective objective. This perseverance of effort promotes the overcoming of obstacles or challenges that lie within a gritty individual's path to accomplishment, and serves as a driving

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Trophies Plus - Sponsor of Coaches Caring

VIEW FROM SCHU



Obituary of MSHSCA Executive Director John Schumacher

John was born on March 14, 1960 to John & Mary (Merri-
rick) Schumacher in Minneapolis, MN. He attended Forest
Lake High School and graduated in 1978. He pursued his
life's calling of being an educator and coach at Bemidji
State University, earning his Physical Education and Health

degree while also playing Football and Basketball for the Beavers. John met his biggest cheerleader and love of his life, Bernie (De La Hunt) Schumacher while attending college. They were united in marriage on August 20, 1983 in Nevis, MN. John & Bernie moved to Sleepy Eye, MN where he was a Physical Education Teacher and Head Football Coach at Sleepy Eye St. Mary's. Their family grew in April of 1985 when their daughter Tavia was born. The growing family moved to Park Rapids, MN in 1987 where John became the Aquatics Director and Physical Education Teacher at Park Rapids High School. The Schumacher family was complete in December of 1987 with the birth of Nicole (Nikki). John continued his education and received his Master's degree and Administrative degree. He then was hired as the Activities Director/Dean of Students at Park Rapids in 2004. He eventually became the Assistant Principal/Activities Director until his retirement in October 2018. Even in his retirement, John's voice could be heard loudly, as he cheered on his Panthers. He truly bled Orange and Black. John had busy summers, but he never missed his stage security job for the Moondance music festivals. A job he didn't consider work, but a place where people became family. He was also involved in many organizations throughout the community of Park Rapids. He was a member of St. Peter's Catholic Church, Knights of Columbus, Sons of the American Legion, Becker County Dive & Rescue, and the Hubbard County First Responders.

John's passion was coaching and he loved being in the gym, on the field, or at the track. He was involved in many organizations that encompassed supporting high school athletics throughout his life. He became the Executive Director of the Minnesota State High School Coaches Association in January 2018 and held this position until his passing. He was also a part of the MSHSL, MnIAAA, NOCAD, and NHSACA organizations. It was the love and support that he received from these organizations, the community, school staff, administrators, along with students and athletes that gave him a purpose and reason to fight!

John's greatest joy in life was his family! His wife of 37 years, Bernie, was his biggest supporter and caregiver throughout his life. They were each others' soulmates, as they fulfilled their vows, through sickness and health, in good and bad. He was the proudest father watching his daughters follow in his footsteps, as teachers and coaches. Beaming with pride when he watched them coach and when hearing about their impact

as teachers. His pride was his five grandbabies, enjoying every moment he had with them. We will always treasure our walks to get the mail, days on the lake, ranger rides and snuggles in his recliner. We will smile while reminiscing about all these special memories that we were blessed to have with him.

Even in the hardest days during his battle with cancer, John never let it beat down his positive attitude. May we all strive to find the joys in life and remember to keep "Livin' the Dream."

He is survived by his wife, Bernie (De La Hunt) of Park Rapids, MN; his daughters: Tavia (Andrew) Bachmann of Frazee, MN; Nikki (Kiel) Fechtelkotter of Klamath Falls, OR; Grandchildren: Noah, Ashton & Jayden Bachmann, Avery & Ellie Fechtelkotter; his mother: Mary Schumacher of Forest Lake, MN; his sisters: Meg (Jim) Jensen of Forest Lake, MN; Ann (Scott) Leverington of Roseau, MN; Amy Schumacher of Forest Lake, MN; his father & mother-in-law: Ed & Carol De La Hunt of Park Rapids, MN; his brother & sister-in-laws: Cindy (Rick) Jacobson of Gainesville, VA; Julie (Brad) Wilson of Moorhead, MN; Gene (Jim) Kanten, Edward "Butch" (Tammy) De La Hunt, David (Jolene) De La Hunt all of Park Rapids, MN; Matt De La Hunt of Arnold, MO; and Richard "Dick" De La Hunt of Bemidji, MN; along with numerous nieces, nephews, aunts & uncles.

He is preceded in death by his father, John Schumacher, Sr; Infant sisters: Mary Schumacher & Mary Elizabeth Schumacher; his paternal and maternal grandparents and his Uncle Ken Jansen.

A public viewing was held on Tuesday, October 20, 2020 from 4:00-8:00 PM at Cease Family Funeral Home in Park Rapids, MN with strict COVID social distancing protocol.

A private family Mass of Christian Burial was held on Wednesday the 21st at St. Peter the Apostle Catholic Church in Park Rapids, MN.

Friends and community members were invited to participate as spectators, lining the streets, as the funeral procession traveled past the Century School and the Park Rapids Area High School. John traveled one last time by the school which was so important to him during his life, before being laid to rest in a private family burial ceremony at the St. Peter's Catholic Cemetery in Park Rapids, MN.

In lieu of flowers, the family has set up a John Schumacher "Livin' the Dream" Memorial Scholarship Fund. Donation checks can be made out and mailed to Bernie Schumacher or if you want a tax deductible donation, write checks to: Park Rapids School and on the memo line indicate Schumacher Scholarship.

The funeral was streamed live to those unable to attend due to Covid restrictions. The funeral service has recently been removed, but the photo slide show is available online on the funeral website or on youtube when you type in John Schumacher Funeral.

The family is hoping to have a public Celebration of Life this summer to honor John and celebrate his legacy.

Arrangements were being handled by the Cease Family Funeral Home of Park Rapids. Friends may leave online condolences at ceasefuneralhome.com

Delegates Corner

Barry Wohler

The fall of 2020 has been quite a start to the school year. Many of us are in Hybrid or Distance learning with many others transitioning to distance as the Covid 19 outbreaks and quarantines continue. I want to applaud our fall coaches and administrators for their efforts to make this fall athletic season the best they can for our student athletes. Most of our fall sports will be finishing up as you get this issue. Winter sports are scheduled to start on time as we head into December.

The Coaches Association board held our fall meeting virtually on September 12. We were not able to have our Hall of Fame banquet so our 2020 inductees will be recognized at our Banquet in 2021.

Unfortunately, I share some sad news as John Schumacher

lost his battle with Cancer. We all wish his wife, Bernie, our sincerest sympathies.

The coaches association has been able to help some districts with coaching contract issues this year that has been very satisfying. The coaches association retains a lawyer for such issues and was instrumental in helping sort out the contract issues.

I wish winter coaches and athletes a healthy and safe journey as we continue through these uncharted waters. The good news is it does sound like a vaccine will be coming by late spring. I will be so happy for us all when we can finally get back to some sort of normalcy.

Thank you again to all our coaches who make such a positive impact on our student athletes through these difficult times.

VIEW FROM SCHU ...

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On a personal note from Bernie:

Schu was planning to write one more View from Schu for this December publication. I know he would want you to know these things: We would personally like to say thank you to everyone for all your love, support and prayers over the years and especially the past 23 months. The membership of the MSHSCA is a class act of people who always made us feel welcomed at your clinics and meetings. Though our reign as Executive Director and Assistant was a short 3 years, we enjoyed working with you and feel we were able to accomplish many great things in support and protection of our coaches. The relationships we built are treasured. We were so lucky to have amazing board(s) to work with over the years and especially this past year as they had to go above and beyond their normal roles in support of us and also dealing with the challenges of Covid. Congratulations to Rick and Joyce Ringeisen who will take the reins as your new Executive Director and Assistant to the Director. We have all the confidence that they will do an amazing job representing you and will be your voice. Thank you for giving us the opportunity to serve the members of the MSHSCA. -Schu & Bernie

People ask how I am doing...I am doing ok. I have my days and moments but I am so grateful as we were blessed with the gift of time. And with Covid isolating us, we had incredible quality time together. We laughed, cried, talked, made memories, watched sunrises and sunsets, enjoyed family/friends, traveled and met our two new beautiful grandbabies. My heart is full! I leave you with these parting words: love harder, hug longer, make amends and live everyday as if it were your last. As Schu would say, we were "Livin the Dream" and that we did together right to the very end. -Bernie

PRESIDENT'S ... continued from page 3

functions of the MSHSCA. Our organization was truly his passion and his servant leadership has made everyone around him a better person, including myself. I am beyond grateful that John Schumacher thought of me and made that phone call to ask me to run for president. This spring I plan to ask the executive board to honor an activity director with the John Schumacher Leadership Award each year at our fall banquet.

When I received that phone call, and accepted John's offer to run for the presidency, he shared with me how he had served as a president and how rewarding it was to work on the executive board and to serve the coaches of our state. As I reflect back on that phone call the key word to that conversation was "serve." Schu practiced his theme of a "livin' the dream" every day of his life and that dream was to serve others and to help make a difference in the lives of his students, coaches, community, and family. As a member of the board, I witnessed John's selflessness to our organization as he served as our executive director.

Schu, we will all miss you terribly and will forever be grateful for the impact you made with serving others and "livin' the dream." We thank you and Bernie for your selfless commitment to Minnesota coaches and most importantly, the students we serve. Your legacy and impact will be felt and remembered for years to come.



Introducing the Ringeisens



On January 1st, Rick and Joyce Ringeisen will officially assume the executive director and assistant roles to the executive director for the MSHSCA. Rick and Joyce were selected by the Executive Board in February

and were approved by the delegates at the 2020 Spring Meeting of Delegates and Sports Associations. Rick is a graduate of Lakeville High School. After college at Winona State University, he returned home to his alma mater, where he spent the last 40 years teaching Social Studies and being a three-season varsity coach in a variety of sports.

In addition to his teaching and coaching, Rick has a long history of service to the MSHSCA. Rick has served as the vice-president and president of the MSHSCA Swim Coaches Association. He followed that office by becoming the Executive Secretary of the MSHSCA Swim Coaches Association for eleven years. Rick has served as a section rep

for the MSHSCA Swim Coaches Association since 1999 and has served as the MSHSCA Swim Coaches True Team Chairman since 2002. Rick has served as a member of the MSHSCA Executive Committee as the Class AA Finance Representative since 2008. The above service leadership positions have provided Rick with an excellent understanding of the MSHSCA.

During the interview process, Rick shared his vision for the MSHSCA association to continue the good things we have traditionally done and to be ready to deal with new challenges that coaches will face in the future. This was rather prophetic as this statement came before the current pandemic. As we all know, this has been the most challenging situation our organization and coaches have ever faced. Rick is well-spoken and very thoughtful in the decision-making process within our organization.

Please join us in welcoming Rick and Joyce to these leadership positions. Throughout the past several years, we all have witnessed their passion and enthusiasm for serving the association. Their commitment to being prepared and ready for the roles will allow for a seamless transition. We thank them for taking on the challenges of these leadership positions and know they will continue the outstanding leadership tradition of their predecessors.

Reflections ■■■ continued from page 1

have witnessed the stress the front line medical staff has faced with the fast-rising number of cases.

Everyone has endured pain and suffering these past months. Events have been put on hold, lives have been lost, and we have all longed to live again like 2019. We are all starting to feel Zoomed Out and deeply miss being social with our families, friends, and colleagues. I wish I could tell you that we only have a few more weeks and it will all be over. The truth is that there is more hard work ahead of us before this ugly

pandemic is beaten back, and we can all return to coaching as we have done in the past.

Right now, take time to enjoy your family and the holiday season. Be safe, connect virtually with your teams, and charge up your energies to coach again after the “pause” is over. Once we start again, coaching will feel more special than ever. Your student-athletes and their families will be looking to you to lead the way. The season will look and feel different. Embrace and celebrate every day that you can practice and compete with your team. Your leadership and guidance have never been more important than right now.

COACHES!

DO YOU KNOW WHERE YOUR ACADEMIC PLAQUES ARE DISPLAYED?
LET'S MAKE SURE YOUR ATHLETES ARE HONORED & VISITORS,
TO YOUR SCHOOL, KNOW IT!

Your school will receive a plate for each team that has qualified.

Your AD should be alert to envelopes with the return address of Trophies Plus Awards they will contain additional plates. An additional plaque is sent when our records show that your school has received 24 plates. MSHSCA will provide up to 3 plaques per school. Thank you for your help with this program to recognize your athletes.





Diamond Cuts

By: Dawn Engebretson
President Minnesota Fastpitch Coaches Assoc.

Well, here we are. It is December. Normally we would be watching our softball players participate in their winter sports, and making our holiday plans with family and friends. However, COVID 19 is still creating a mess of our “normal” lives. It was encouraging to see athletes compete this fall. Although there were cancellations and shortened seasons, fall athletes were given a chance to compete. That is what we were hoping and praying for last spring.

The MSHSL board has approved to go ahead with winter sports (once the current executive order is lifted). The board understands our athletes made a great sacrifice last year and they are doing everything to avoid spring sports getting the “short stick” again. According to the approved calendar, softball will lose one week, going down to 12, but we will not lose any games (that will stay at 20). The current schedule has softball starting the week of March 29. Sections will begin the week of May 31, with a state tournament planned for the week of June 14. All of this could change based on what happens, but it was encouraging to see this.

Currently, plans for a softball clinic are “to be determined”. If you have any ideas on how we can hold a clinic, contact your section representative, or send me an email. Please use this time to become a member of the coaches association, if you haven’t already. This would also be a good time send in a nomination for the hall of fame. Forms are here: <https://www.mshsca.org/fastpitchsoftball>.

I would like to wish you a happy holiday season and thank you for your hard work and dedication to student athletes. If you need anything, please reach out to your section representative (found on the website link above), or myself at engebretsond@rockford.k12.mn.us.

***“Here’s how I’m going to
beat you. I’m going to
outwork you. That’s it.
That’s all there is to it.”***

- Pat Summitt



ICE CHIPS

By: Greg Anzelc

On November 10 & 11, the MHCA held a virtual coach’s clinic. The first night speakers included Minnesota Wild Head Coach, Dean Evason, Travis Winter from Bemidji State, Hans Skulstad from Center for Sports and the Mind, and Adam Kraus, from UMD. The second evening featured Augsburg’s Mark Wick, Rick Ringeisen from Lakeville South, Todd Knott from Mankato State, Nick Oliver from St. Cloud State and Greg May from the U of M.

The MHCA, led by Mark Wick, launched a Mental Health and Suicide Prevention and Awareness initiative. This effort included seminars for coaches in September and October focused on how to handle situations involving these important issues.

Our organization continues to work with the MSHSL and other stakeholders to explore all options for players to have an opportunity to compete this winter in a safe environment. We wish everyone a healthy and happy Christmas, stay safe!

FLIP NOTES

By: Toni Kleber



The gymnastics season has yet to begin this year. We are excitedly awaiting the start of the gymnastics season no matter how it may look this year. Coaches and gymnasts may be working virtually on an optional basis as we anxiously await our official start to our season.

All coaches need to complete the online rules interpretation meeting by 2/26/21. All coaches will need to complete the general coaches online meeting before they will be able to complete the rules meeting. Please make sure your assistant coaches have completed all their requirements as well.

Reminder for all head coaches to join the Minnesota High School Coaches Association before the January 1st deadline. The link can be found on our website www.MGGCA.org click Forms then click Membership to complete your registration. Head coaches must be a MHSCA member for their gymnasts to be eligible for All-State, All-State Honorable Mention, All-State Elite, and Academic awards. You must also be a member to be eligible for the Coach of the Year award. Assistant Coaches are encouraged to join as well and are then eligible for the Assistant Coach of the Year award.

When our season begins, please send your scores to Chris Templeton and Cindy Jacobson for team rankings. You will find their emails on our mggca.org site. Remember to include only your team name, date of meet, and team score in your email.

Good luck to all the great teams across the state of Minnesota. Have a safe and fun season!

MEMBERSHIP CORNER

Bernie Schumacher

Assistant to the Director

Hi MSHSCA Members! Merry Christmas to you all and hope you have an enjoyable season. We realize that this has been an unprecedented year in fall sports, and uncertainty with winter sports still in the wings. It is more important now than ever with the unhappiness of society, that you make sure you have your liability insurance. Whether you are coaching at this moment or not, get signed up now. Once things take off again and the scurry you will all be under, it is very easy to forget to join. The MSHSCA Membership is a year long membership. If you are a spring coach, you can sign up now as it covers you as soon as you sign up. Take advantage of all the benefits that are offered for the whole membership year. This year's membership runs until July 31, 2021 and includes a 2 million dollar liability insurance policy. The 2020-2021 membership year link is available on the website at www.mshsca.org. Get yourself registered now so you don't forget and so you get your membership card in a timely manner to get into games. Hopefully we will be able to take advantage of this perk this winter/spring. Remember that our MSHSCA membership cards are usable to get into many college games too. See the list of colleges in this Prep Coach. Some restrictions apply.

The MSHSCA Board has been working really hard this year to work through the challenges we all have been faced with. Your membership is important this year as this organization has not stopped working for you. Matter of fact, we have worked harder this year than ever. Even though we are in the middle of a pandemic and in "pause mode" this organization keeps working. Bills still need to be paid, insurance coverage paid, Prep Coaches produced, HOF Plaques are still being made and mailed even though there was no banquet and our Academics are still being offered along with our Scholarships. We need you to not only protect yourself with our very affordable liability insurance, but we need you to still support your sport association(s) and the MSHSCA. By being a member you keep us all fiscally strong. When things get back to normal, we want to be able to offer all the services we have in the past, and that is why your membership is so important this year. We have taken all the necessary moves to control our spending so that we can stay financially stable as we work through all the challenges we are facing. Thank you in advance for your continued support of the MSHSCA and your sports association(s).

Here are some of the most often asked questions and issues we run into with our members:

1) Where do I sign up for my MSHSCA membership? Go online to www.mshsca.org. There you will see a dark green registration bar on the front page. Follow that and it will guide you to the registration area. Make sure though when you are logging in that you are not logging into the white word "login" at the top of the home page. That will take you to sport engine and not to the registration portion you need to get at.

2) Membership Year. Membership years run Aug 1st-July 31st. And the 2020-2021 membership year covers fall sports

2020, winter sports 2020-2021 and spring sports 2021. Sign up right away at the beginning of the membership/school year so that you get a full year worth of coverage and benefits. Also, remember many sports association have deadline dates and you don't want to miss those and take the risk of your athletes not being recognized for postseason awards.

3) Correct Link. Another frequent issue we see is people signing up in the wrong year due to the fact they have the wrong/old registration link. Many smartphones, computers save things through history, so by pulling up what you used last year and registering through archived links you will end up with issues. We have to change our registration link every year, so the one that you used last year is not the correct one for this year. Please always start your registration for membership at our website at www.mshsca.org to assure you are using the Correct registration link.

4) I forgot my password. Use the "forgot password" portion of our system. It is important though after you request your password that you look in your spam, as we are finding the password response goes there often. This option will not work though if your email address you used last year has been changed and is no longer working. You will have to contact Rick Ringeisen your new Executive Director in the future for personal assistance if that is the case.

5) My email address has changed and is not active so I can't register. The registration system that we are working with is email specific and the system doesn't care if your email address works or not. Think of your email as an ID only. We know many schools are changing their emails. The one most important thing to remember is that you must go into the system with the last email and password that you signed up your membership with the previous year. Get yourself registered first, hit finished and once registered you can go back in and edit any of your information, from mailing address, phone number, email and even your password. Do right away after you registered though, especially if your address has changed so that when we print your card we have the correct mailing address. There is an EDIT button to the left of your profile. You know that old saying; "Garbage in garbage out?" How you type your name, address etc. in your profile is how it will come out on your membership card. So type carefully and accurately. Key point...you must get yourself registered into the current system (Membership year/school year) first in order to edit. We are finding people register, but they don't look at their profile information and addresses have changed and not updated and your card ends up coming back to us. Please make sure to always keep your profile up to date which you can update anytime throughout the year. There is an edit button to the left of your profile, click on that when wanting to edit.

6) Assistant Coach vs Head Coach. When registering, make sure that if you are a Head coach that you check the little box below the sport you selected. If you don't check that then you won't come up as a head coach in the system and athletes won't qualify for postseason awards. Sports Associations rely on the This information being correct when recognizing coaches and athletes for postseason awards. Many notice that they aren't listed as head coach when they get their card and then we have to go through another process to get it corrected.

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7) **Section Selections.** The Sports Associations need you make sure when registering, to not only select your sports that you coach but please make sure to select what **SECTION** you are in. They use this information and are finding out many coaches are skipping this step in the registration. It is important to fill in all areas of your profile, properly select your sport, if you are a head coach or not, and also your section. This information is needed by your sport's associations.

8) **Credit Card/Cash.** If you are paying by credit card, everything must match exactly. Card number, expiration date **AND** even your name on the card. If you have a middle initial on your card, you must put that in too. If you hit payment and the first time it doesn't go through, hit enter again and it should work. If you are paying by cash, please remit your payment ASAP. If payment isn't received in a respectable amount of time, you could risk your membership being deleted for lack of payment which then you would not have insurance coverage nor will your athletes qualify for postseason awards. It's not fun being a collection agent!

9) **Receipts.** NEW this year is an itemized receipt! When registering you will see a final page that will allow you to double check and make sure you have things selected correctly before you finalize and pay. It is also going to be very appreciated by your schools if you turn them in for reimbursement as it includes service/credit card fees. It's important when you turn your receipt into your school to let them know if you paid for it and you need the reimbursement or if you selected Cash in our system and they need to pay for it. Many schools have been sending me money for members who used their private credit card to pay. Our receipt system is hoping to be revised soon to make that clearer.

10) **Life Membership.** Applications are being taken now for the 2021 group of Life Members. To be considered your application must be received by May 15th, 2021 and you must meet all the criteria. To find out if you qualify for Life Membership, go online and read the specifics and print out an app and mail it in.

11) **The MSHSCA Website** is a very valuable tool that gives you more details and information about our organization, your sports associations and so much more. Please find some time to wander through it so you know what it all offers you. The electronic version of the MSHSCA Prep Coach is on there too.

I hope some of the tips and information above was helpful. If there is a specific question you need answered, please feel free to contact me at bschumacher@mshsca.org or call 218-732-0204. After Jan. 1st, Rick Ringeisen will be taking over as Executive Director and he will be able to assist you at ringer@mshsca.org or call 952-250-9535. We continue to look at ways to make registering and our website more user friendly. We appreciate your commitment to education based athletics.

BRAVE →
LIKE GABE

HAVE YOUR NEW CARD FOR ALL 2020-2021 SCHOOL YEAR?

**Your 2019-2020 Membership & Insurance
Expired.**

The possession of the MSHSCA membership card is a privilege extended to paid up members of the MSHSCA. The use of the MSHSCA card to gain admission to regular season high school events and some college events is controlled by the school at which the card is used to gain admission. There is a variety of policies that schools follow in regards to allowing admission with the card. The MSHSCA is not empowered to dictate to the schools what the school policy should be in terms of accepting the MSHSCA card or the number that will be admitted with each card. A letter is sent to the Activity Directors of all schools in July and all schools are asked to inform us if their school would not accept the card. It has also been brought to our attention over the past that some private venues do not accept the card for admission and this is especially true for hockey schools using private venues for their contests.

Park Center does NOT accept Membership Cards for admission.

Register.cordonco.com is what you will see on your credit card statement for your MSHSCA membership. Please do not challenge this before calling 218-234-0345!



The card is white with Grey Ink for the year 2020-2021.



MSHSCA EMAIL CHANGE:

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ringer@mshsca.org





CORNER KICKS

By: Ron Kruschwitz
North St. Paul Boys (retired)
Soccer Communications Officer



It seems like a long time since we had a regular day. However, we as soccer coaches can be thankful, we were able to at least get our section finals done.

We need to take out some time and honor John Schumacher who passed away. Schumacher was the Executive Secretary of the Minnesota State High School Coaches Association until he resigned because of health concerns.

A long time Athletic Director for Park Rapids, Schumacher retired in 2018 and then took over the leadership of the MSHSCA. During his tenure at Park Rapids he coached football, and girls' basketball. In addition, he served as an assistant coach in four different sports. Our thoughts and prayers continue for his family.

As a sidebar, Bob McDonald, longtime basketball coach at Chisholm also passed. I score Boys Basketball tournaments and was privileged to meet and talk with him. Always a smile, and "well we made it another year" as the comment. Our thoughts to the McDonald family.

The Executive Board of the MSHSSCA had to make some extremely hard decisions for the end of the season because of concerns with Covid 19. With everything taken into consideration, it was decided to cancel the All-State/State Tournament Banquet and the Senior Classic. There was considerable discussion to do this.

We did, however, produce a Virtual Award Ceremony that was put together by our Technology Guru, Blaine Boys Coach Berry Arrowsmith. He was assisted by Andrea Winecki, our State Tournament Banquet, Art Seplak, Treasurer and Banquet Announcer, President Ben LeVahn (Maple Grove Girls) and Jason Arnebeck (Past President) the Ms/Mr Soccer Coordinator. Thanks to all for your efforts in the undertaking.

The MSHSSCA is working on getting our awards out to the Coaches of the Year and All-State Awards out to the winners. This may take us a little time and we ask you for patience in this task.

Some other items, before we get to the awards. Our Board will be meeting in January to work on the 2021 season and all that it will encompass. We hope there will be some normal items and we will be working towards moving to three classes. This means working to add members to our board, adding additional coordinator positions, figure out the design of the state tournament procedure and asking coaches to step up and volunteer to fill positions in the A and AA classes. The move to three classes will not happen until March after the MSHSL makes a decision on the New Section Assignments for the 2021-2022 season.

The following information you can find on our web site as well as the Virtual Presentation of the Awards.

The Ms. Soccer winners were:

Class A	Mia Van de Heide	Academy of Holy Angels
Class AA	Kyah Harper	Centennial

The Mr. Soccer winners were:

Class A	Henry Tolbert	Austin
Class AA	Zachary Susee	Shakopee

The Coaches of the Year Winners were:

Girls A		
Assistant Coach	Chris Michener	Winona Cotter
Head Coach	Roy Snyder	Sartell
Girls AA		
Assistant Coach	Carrie Schmidt	Buffalo
Head Coach	Aaron Lindquist	Rogers
Boys A		
Assistant Coach	Skye Harney	Pine Island
Head Coach	Mike Harris	Richfield
Boys AA		
Assistant Coach	Eric Peterson	Blaine
Head Coach	Peter Tyma	Lakeville North

In addition, the United Soccer Coaches give additional awards. The following were honored.

Coch of Significance Award -Aaron Lindquist Rogers
Great Lakes Coach of Year-James See-Academy of Holy Angels
Adding to the list is the National Athletic Coaches Association Award:
Region Coach of the Year-Berry Arrowsmith-Blaine

The All-American, All-Midwest for Girls and All Great Lakes for Boys awards will be listed in the next issue of the Prep

Coach. We congratulate all the winners. They represent soccer and our association, and we are extremely proud of the accomplishment.

We finished the year with sections, and these are the section champions.

CLASS A

SECTION GIRLS

1	Winona Cotter
2	Waconia
3	Academy of Holy Angel
4	Hill-Murray
5	Benilde-St Margret's
6	Orono
7	Cloquet-Carlton
8	Sartell-St. Stephen

BOYS

Austin
Bloomington Kennedy
Academy of Holy Angels
Mahtomedi
Breck
Orono
Duluth Denfeld
St. Cloud Tech

CLASS AA

SECTION GIRLS

1	Lakeville South
2	Minnetonka
3	Eagan
4	Stillwater

BOYS

Northfield
Edina
Lakeville North
Stillwater

... continued on page 11

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Corner Kicks... continued from page 10

5	Champlin Park	Mounds View
6	Wayzata	Wayzata
7	Centennial	Centennial
8	Maple Grove	Maple Grove

We offer congratulations to each of the section winners and their coach.

A list of the All-State teams and Academics Team Awards are listed on the website. These teams and players are examples of the high quality of players, teachers, and coaches we have in our sport.

Art Seplak (Bloomington Kennedy Girls-retired) wants all to be aware that it is time to submit players for the Mike Worter Scholarships. There are two awards given by the MSHSSCA that are awarded to one senior girl and boy that played 2020 high school soccer. There are two one thousand -dollar scholarships that are awarded. Please take time to go on the website, check the forms and qualifications for applicants.

Many awards to teams, players and coaches from our soccer associations. You belong to a great organization, MSHSSCA, and you can be proud of all that you accomplish.

This will end the 2020 year with the Prep Coach. We can be thankful for all we have and continue to help those that need it. This is especially true in the Holiday Season. Once again, I repeat, you have the greatest job in the world, working with kids. You are blessed. Happy Holidays.

“No matter what life throws at you, or how unfair you think it is, never give up. Pick yourself up and go on.”

- Megan Rapinoe, Soccer Player



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ringer@mshsca.org**



Dig This

By: *Becca Pulju*

MNVBCA President - Sebeka

Season's Greetings volleyball community! What a whirlwind of a fall this was for all of us! It truly was a year to be flexible and to do our best. While this season was not at all what we hoped it would be, I am thankful that we had a season. The abrupt end was difficult, but I am so proud of how everyone handled it. We all had to improvise and be extremely flexible amidst a Global Pandemic. I believe that the opportunity to play and have a season was beneficial to so many of our athletes and coaches alike. I hope that 2021 will bring a return to normal for us all. Congratulations to the teams that finished strong, improved throughout the season, and to those that never had to quarantine!

Throughout the past nine months we have navigated through some difficulties. When our season was slated for Spring, the BOC went to work immediately with the league as well as Club coaches to try to figure out the best way to move through the season. We all worked together to do what was best for kids, that was our goal. I am continually impressed by the entire Minnesota Volleyball community. As we wrap up the 2020 season that will remain our goal. We will be meeting later this month to determine All-State teams and honor the amazing athletes we have in Minnesota.

As 2020 comes to an end, so does my Presidency. I have many people to thank for helping and supporting me the past two years. I am not going to lie, it was more than I signed up for, but it was a great experience. Our organization has a great system in place for Section Reps and the Presidency. I feel like having been a Section Rep for many years and spending two years as President-Elect, I was prepared for this job. Well, as prepared as one can get, who knew a pandemic would hit?

The past two years have been educational and enjoyable. Thank-you to my Advisory Board: Past President, Marty Kiebel, President-Elect, Darin Swenson, Class AAA Rep, John Yunker and Class A rep, Lonnie Morken. Thank you to Greg Sayuk who is flawless in his organization for All-State. Thank-you MNVBCA Secretary, Janet Golden-Landquist and Treasurer, Susan Alstorn. Susan stepped down from this position this fall, and current BOC member, Kim Duis will be taking over the treasurer position. I want to publicly thank Susan for her dedication to Minnesota High School Volleyball over the years. Susan served on our Board for 34 years. She has seen the game of volleyball grow immensely over her tenure. She is a tremendous asset to our volleyball community, and we will miss her.

As we look to 2021, I truly hope we resume "normal" volleyball. Darin Swenson will be an excellent President for our organization. I remind you, if you want to get involved, run for Section Representative. Each year there are new Section Reps elected for a 4-year term. In the Spring of 2021, there will be a realignment by the MSHSL as well as the move to four classes, so we will be looking for people who want to be involved.

Mark your calendars for the 2021 MNVBCA coaches clinic! It will be held at Sauk Rapids-Rice High School on July 28th and 29th. I look forward to reconnecting, in person, with you all. There will be some exciting changes to the All-Star Match and clinic!

MEMBERSHIP REPORT 2020-2021

DEC. 1, 2020 MEMBERSHIP REPORT

Types of Membership	Comparison Dec 1, 2019	Final 2019-2020	Dec 1, 2020 2020-2021
Active Class A & AA	5162	6134	4169
College Associates	1287	1287	696
Other Associates	60	62	24
Active Life	304	341	257
Retired Life	1385	1351	1474
Honorary	5	5	5
TOTAL	8203	9175	6625

Breakdown of membership by sport association (2019-20 totals in parenthesis) 2020-2021 NOT in ()

Adapted Athletics (18) 27	Boys Lacrosse (48) 23
Alpine Skiing (64) 26	Girls Lacrosse (47) 35
Athletic Directors (113) 97	Football (1121) 1005
Baseball (520) 340	Football Retired (4) 5
Boys Basketball (704) 446	Girls Basketball (684) 441
Golf (boys & girls) (287) 172	Cross Country (427) 411
Soccer (boys & girls) (436) 439	Dance (291) 259
Softball (425) 218	Gymnastics (230) 81
Synchronized Swimming (10) 6	Nordic Skiing (117) 72
Girls Tennis (226) 203	Girls Swimming (254) 221
Boys Tennis (172) 129	Boys Swimming (201) 120
Track & Field (737) 568	Girls Hockey (96) 77
Volleyball (641) 535	Boys Hockey (211) 142
Wrestling (153) 134	Hockey Retired (2) 2
Robotics (51) 42	

Sport associations that collect their own dues, but join the MSHSCA are Cheer (13) 7, Clay Target (9) 5, and Badminton (6) 6.

CLEARING HURDLES



By: Aaron Berndt, Wayzata High School
President, MN Track & Field Coaches Association
aaron.berndt@wayzataschools.org

I hope everyone had a wonderful Thanksgiving surrounded by your closest family members. These past months may have been a continuation of circumstances we have endured since the past track and field season, but I hope you are looking forward to better times and to a 2021 season as much as I am. We are just around 100 days until the scheduled start of the season now.

Our season dates are currently scheduled to begin the season on March 22 and be completed by June 19. The reason I say currently scheduled, is because we are still 3-4 months away from the starting dates, and as you know, circumstances can change rapidly in this pandemic. Our coaches association advisory, by using information from our last association survey, has continually advocated for keeping our season dates as close to the normal season dates as possible.

By the time you are reading this, our first ever virtual online coaches association clinic will have concluded. This was a partner clinic put on with both the Iowa and Minnesota Coaches Associations. We were not able to have the yearly camaraderie and networking we enjoy at our own in-person clinic, but this was a great substitute with incredible speakers we would not normally be able to get to speak in Minnesota. Nonetheless, we are fully planning on returning to an in-person clinic in January 2022. If you missed out this year, or if you want additional coaches education, make sure to get involved in our associations two main endeavors in helping coaches become confident and successful. Both our Women4Women (<https://www.mshsca.org/w4w>) and our mentorship programs (<https://www.mshsca.org/mentor>) can be accessed at any time during the year.

We do still plan on having our annual coaches association winter meetings, both the association meeting and True Team committee meetings. All members of the association will receive an email sometime in January with a process to request access to those online meetings. We are going to wait on the specific dates as we learn more on decisions being made from the MSHSL and MDH regarding high school activities.

Finally, if you are not a member of the coaches association yet this school year, please be sure to join or renew your membership. Once the season starts, having the association resources, including coaches insurance, will be invaluable for all members. A membership also allows each coach to be considered for our association Coach of the Year, team academic all-state awards, and your athletes to be considered for the Minnesota Ms / Mr Track & Field Awards.

I wish everybody a good start to the new year and I look forward to seeing you all around a track again sooner than later.

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DUGOUT CHATTER



By: *Ryan Holmgren – Elk River
President MSHSBCA*

As we move into the Holiday season, we are reminded of the many great gifts we have right now and the great gifts that we can look forward to. First off, we are reminded in the baseball community of the excellent leadership we have had in our organization in the past. This fall brought changes to the MSHSBCA Executive Board and we were once again reminded of the great work and sacrifice given by our past leaders.

New Leadership, Big Shoes to Fill

As Rick Zollner's tenure as president ended, in October, it gave us a chance to look back at the remarkable job he did with so many uncertain issues and difficulties that took place during his time at the helm of our organization. Rick embraced each challenge thrown at him and put forth a strong effort in the name of doing what was best and what was needed for the game of high school baseball in Minnesota. Rick led our group remarkably and answered every call and email. He was a great representative for our sport and his leadership will never be forgotten. His shoes will be hard to fill, but as Rick's leadership constantly reminded us, we can and will do the hard things! So, as Rick showed us, we will face those difficulties and rise to those challenges for our student athletes, coaches and communities as we move towards the Spring of 2021.

Your MSHSBCA Leadership group for the next two years is now set and in place after the naming of new 2nd Vice President Troy Urdahl (St. Anthony) earlier this fall. Along with Troy in place as 2nd VP, Dean Schwirtz (Glencoe – Silver Lake) moves to 1st Vice President. I am honored and excited to work with these two great men and ambassadors for Minnesota HS Baseball, along with the rest of our esteemed executive board, as we embark on the next two-year journey of helping strengthen and grow high school baseball in our state.

The Clinic Goes Virtual

Speaking of gifts to look forward to, the biggest news over the last two months involves the change and excitement towards our annual Coaches Clinic. The annual Fall Coaches Clinic has been adjusted like so many other staples in our life in recent months. This year we had to push the clinic date back and make it a "virtual clinic" instead.

As far as it being a gift to look forward to, the lineup we have in place is outstanding! National speakers who normally wouldn't be available for an October weekend in Minnesota have been locked in. We are talking big names with a great history in the game as well as up and coming coaches and clinicians who are changing the game in the 21st century.

Don't worry, we will still have a local appeal along with huge national names. John Anderson, Michael Cuddyer and Paul Blanchard are locked in along with nationally known guys like Tom House, Jerry Weinstein, Brian Cain, Llyod McClendon, Pat Murphy and Dan Plesac to name just a few.

For a more complete list of the speakers we have lined up, check out the MSHSBCA webpage or our twitter account (@MSHSBCA) where you will also find the twitter handles of many of the speakers as well. That way you can check out some of the speakers you may not be familiar with. Once you do, we are confident that you will be impressed with the backgrounds and knowledge that they possess and will be bringing to us in January.

Your 2021 Virtual clinic will be held on January 15-17, 2021, so mark your calendars now. Registration is now open and anyone who wants to attend is invited to join us. The link to register is located on our website at mshsbca.org and the price is very reasonable for what you will be getting. MSHSBCA members will pay \$70 and non-members will pay \$80 as long as the registration is done by January 11th. Prices will increase slightly after that.

We are encouraging coaches to share this information with their entire staff, their friends and also their youth associations. The more the merrier for this new and impressive event. We are very proud of what has been put together so far and feel confident in telling you that it is shaping up to be one of the best clinics in the entire country this year!

Baseball in 2021

Yes, that's right. We are gaining confidence from the MSHSL each time we talk with them that there will be a full 2021 season this spring. They truly do understand the sacrifices that were made by spring sports last year and are determined to make sure this spring goes according to plan for everyone. With all of the talk of 20% and 30% reductions this fall and winter, the MSHSL is still very aware of the 100% reduction that we were subjected to in 2020.

At the time of this writing we are just days away from the MSHSL making determinations on winter sports calendars. Those decisions will play a part in what the spring sports calendars will look like as well. No matter the dates, we are constantly being reassured of a full 13 week season with 20 regular season games followed by section and state tournaments. Things may get pushed a week later than usual and/or may be condensed, but we are confident in getting a full season in at this point. So, in terms of gifts to look forward to, that will be a huge one as well!

Regarding any questions you may have with the 2021 season, or anything else pertaining to our great game, please feel free to reach out at any time. We will do our best to provide all the information we have & know at that time. Also, please know that we are here for all of you and that we are committed to fighting for a full baseball season this spring.

Finally, in closing, we would like to wish each of you a very joyful and prosperous Holiday Season. Hopefully you can enjoy time spent with family and loved ones... and who knows, maybe there will even be a new fungo under the tree on Christmas morning!



Swim Strokes

By: Meghan Weiss

The 2020 girls' swim and dive season concluded the weekend of October 30. This season was like none other with challenges, unique situations, and cancellations, but one thing remained true. The student-athletes got an opportunity to swim and dive with their teammates and compete in a unique situation. While swim meets looked different across school districts, some allowed to compete in-person, while others competed virtually, the dedication, determination, and willingness to look outside the box by the student-athletes allowed for the opportunity to participate even in times of uncertainty. Without a traditional section meet and no MSHSL state tournament, those athletes swam and dove for their love of the sport. They fell back on their teammates when they needed support. They relied on their coaches to continue to push, and most importantly, they made a choice to show up for themselves and their teammates every day. Thank you to the coaches, officials, student-athletes, parents, and volunteers for making this a memorable girls' season. Our traditional MSHSCA Coaches' Clinic and All-State Banquet are still being determined. See you at the pool!



SYNCHRONIZED SWIMMING

By: Kathryn Henderson

Trying to Look Forward to 2021!

The synchronized swim coaches are patiently waiting through the current on-hold status that winter sports are currently in before making any decisions for our upcoming spring season. We don't yet know when our official start date will be, especially since winter sports are being pushed back. The only decision made this fall is that we won't be making any rules changes (including scoring) for the 2021 season.

The coaches who were able to work with their athletes during the October training period reported success in the practices, and really appreciated being able to spend time with their athletes. Safety protocols were followed, and everyone had a positive experience. We remain cautiously hopeful for a spring season, and will adjust the competitive rules as needed depending on length of season and whether or not there will be postseason competitions.



Re-Thinking Senior Night

By: Becky Leuer

Is senior night important? Absolutely. Do our seniors deserve special recognition for their contributions? Absolutely. So why should we re-think how we honor those athletes in our programs? Last winter, pre-covid, I had a chat with an AD about how they wished there was a better way to honor our seniors that didn't disrupt the start of the game, the emotional state of the kids just prior to the start of the game, and showing respect to the visiting team. Maybe you do this already, maybe not, but it is something to consider.

Move all the speeches, gifts, recognition, emotion and tears to the end of the game. Yes, it is that simple! Doing it at the end of the game gives your team as much time as they need with no worry or concern that the emotions of senior night hoopla, held pre-game, will lead to a poor start to the game. It also gets the game started on time and gets the visiting team on their way home.

To expand on this, you might consider recognizing the visiting seniors just prior to the start of the game and maybe give them a card, candy bar, flower, etc. This would take about one minute or less. In these days of uncertainty, the more we can do for the kids, the better it is. Give it some thought.

One of the great benefits of being a member of the MSHSCA is the General Liability coverage that protects you during your coaching activities. Please note that the most recent update of this insurance has an item you need to be aware of.

At the renewal of this year's policy, which was effective 8/1/2020, a virus exclusion endorsement was added to the policy. This endorsement was added to all renewal policies underwritten by or carrier Houston Casualty Company. We apologize for the delay in getting you this information, but again please note that all other terms, conditions, and limits on the policy remain in place.

Should you have any insurance questions regarding the policy, please do not hesitate to contact our insurance administrator, Loomis & LaPann Inc., at sports@loomislapann.com.



GENERAL LIABILITY INSURANCE PROGRAM

As a membership benefit, coverage is provided by the Commercial General Liability Policy issued to the National Organization of Coaches Association Directors. This policy will provide general liability coverage to the Minnesota State High School Coaches Association and its members.

CARRIER

Houston Casualty Company

POLICY PERIOD

August 1, 2020 – August 1, 2021

LIMITS OF INSURANCE

\$1,000,000	Each Occurrence
\$2,000,000	General Aggregate (per Member)
\$1,000,000	Products/Completed Operations
\$1,000,000	Personal & Advertising Injury
\$ 300,000	Fire Damage
\$ 50,000	Sexual Abuse (per Member)
Excluded	Medical Payments

COVERAGES

- ❖ Educator Professional Liability
- ❖ Participant Legal Liability for insured members
- ❖ Liability assumed under insured written contract
- ❖ Defense Cost outside limits

EXCLUSIONS

- ❖ The use of automobiles, buses, watercraft and aircraft
- ❖ Property of others in the care, custody, and control of the insured.
- ❖ This insurance does not apply to members that coach at an All-Star game that is not approved by your state coaches association.
- ❖ This insurance does not apply to any loss, cost or expense arising out of infectious or communicable disease.

CAMP INSURANCE

Today, most Coaches are involved in some type of sports camp. Please note that our General Liability Program follows insured members while working at camps and/or conducting their own personal camp.

In addition, Participant/Accident Coverage is required for coaches and/or participants. Should an accident occur during a camp, clinic or event, this secondary coverage helps offset the loss suffered by families affected by such accidents.

NEW PROCEDURE FOR CAMP INSURANCE

As a member benefit of your state coaches association, all members in good standing have a \$1,000,000 per occurrence General Liability policy limit that provides coverage for their coaching activities. In order to protect the General Liability policy from potential claims, the insurance company has mandated that all coaches must obtain signed waivers and provide Participant/Accident insurance for their participants.

In order to obtain a certificate of insurance showing proof of insurance or naming an additional insured, the following must be in place:

- ❖ **Waivers:** Signed waivers showing indemnification language
- ❖ **Participant/Accident Insurance:** You must have Participant/Accident coverage in place for all participants attending sports camps.

PURCHASE INSURANCE

- ❖ Camp Insurance Request form is available on our website: www.loomislapann.com

INSURANCE ADMINISTRATOR



www.loomislapann.com

(P) 800-566-6479 | (F) 518-792-3426

Greg Joly
Lori George
Karen Boller

gjoly@loomislapann.com
lgeorge@loomislapann.com
kboller@loomislapann.com

Disclaimer: This is an insurance overview for summary purposes only; for complete policy terms and conditions please refer to the NOCAD Master Policy.

Goal Posts

By: Ron Stolski



And so it has ended, this 2020 season of ours. I had a dear friend, a man of wisdom whose advice I treasured. He grew up in Germany during WWII, came to this country after the war with \$40 in his pocket, got a job helping at a midwest farm, became the manager, raised a wonderful family of superb female athletes and became a successful CEO of a large international company. He passed away some years ago. He is gone, but his sage advice and many of his lessons live in me still. If you have been a reader of this column, you have read the following quote before. Though it has been attributed to Winston Churchill, I first heard it from him. ‘We make a living by what we get, we make a life by what we give.’ Another is ‘There are no problems, only challenges’. I apologize for this lengthy, perhaps mundane, introduction to this December column, but felt compelled to reflect on our Fall season with the nugget that is ‘there are no problems, only challenges’

When the MSHSL, based on new knowledge and supported by a survey that indicated nearly 80% of member schools preferred a Fall season, reversed its Spring decision and approved a six game schedule with playoffs to section champions only, the challenge of navigating the schedule became reality, not theory. As the season commenced, so did the reality of the Covid. The reader knows all too well the myriad decisions that had to be made almost daily, certainly weekly, and it would be redundant to review the challenges you all faced. Words like unique, different, disappointment, thankful, anxious, grateful, worried, happy, became a part of our daily vocabulary, and phrases like ‘we are family’ encompassed a more meaningful perspective.

In the spring issue of this publication this writer expressed the hope that “in the end we would somehow be better for the sacrifice and the loss we would be more understanding, more compassionate, more forgiving, more grateful” It is the writer’s hope that all that and more is true. Simply because it is true that YOU met the challenges. YOU led the staff and team through the unknown, YOU were flexible and able to adjust, YOU were the inspiration; the heart and the shoulder. And even when it was uncomfortable, when it was unusual, when it was ‘like nothing we have experienced before,’ It was YOU who stayed strong and held this never forgotten, never experienced, season together. And, in the end, to paraphrase coach Mike Diggins speaking about his team, (and echoing I am sure the thoughts of so many) remark “if this is the worst thing they will experience in their life, they will have a great life.”

GOAL POSTS... continued on page 31

Have You Moved or Changed Your Email?

If you have moved recently, it is important that you log onto your MSHSCA profile and edit your mailing address. Having the correct mailing address prevents delay in you receiving your membership card and other correspondence.



It is equally important for us to have current email addresses as our webmaster will send notices and updates periodically. If you have a change, log into your MSHSCA profile and edit your email address. Remember that not only do we use this for mass e-mailings, but your email is also your login ID. You can change this anytime, just make sure to make a note of your current Login ID and password if you change them.

Life and Retired Members: If you have moved and are receiving Prep Coach in the mail, it is important that you notify us of your new mailing address. You can send your mailing information to my email at : ringer@mshsca.org or mail us at MSHSCA 20085 Italy Ave. Lakeville, MN 55044 Phone (952) 250-9535

MINNESOTA STATE HIGH SCHOOL COACHES ASSOCIATION, INC. EXECUTIVE COMMITTEE LIAISON ASSIGNMENTS 2020-2021

PAST PRESIDENT Terry Stadler	B/G Soccer G Swimming Robotics	B Swimming Wrestling	Baseball B Hockey
PRESIDENT Tom Critchley Jr.	Football Adapted Athletics	G Basketball Gymnastics	G/B Golf G Hockey
PRESIDENT ELECT Barry Wohler	B/G Cross Country G Tennis	Nordic Skiing Alpine Skiing	B Tennis B/G Track
VICE PRESIDENT Jennifer Roisum	Volleyball B/G Lacrosse	Synch. Swimming B Basketball	Softball Dance

These are your representatives for your sport association on the MSHSCA Board of Directors. If you have any issues, concerns or questions, please feel free to contact them. Their information is listed on our website at www.mshsca.org

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Mat Chatter

By: Joel Skillings



As of November 18th here is what we know for fact:

- In accordance with Executive Order 20-99 the Minnesota State High School League (MSHSL) is providing guidance and information to the League's more than 500 member schools. The Executive Order is in effect from 11:59 p.m. on Friday, Nov. 20 through Friday, Dec. 18.

- The MSHSL understands how important these athletic programs are to students and their mental and physical health. Because of this, they want students to participate. The League believes programs offered by member schools provide the safest and most effective experiences and yet will require school athletics to take a pause. "The League will continue to study options to build a revised calendar of activities that meets our goals of providing the greatest possible experience in every one of the activities provided by the League," The league appreciates the excellent work of schools and staff in following the guidance provided and implementing protocols that keep students, coaches, officials and others safe and we are confident that they will continue to do so when programs return."

Given this Executive Order, below are the best insights I can share with you without providing false hope for the upcoming season:

1. Accept only what is true: Consult respected sources and know the facts before you act or spread information.
2. Work around the obstacles: Prepare yourself and your athletes the best you can under the current circumstances.
 - a. Connect with your athletes via Zoom for team meetings, check-ins, and workouts.
 - b. Send them workout ideas and mental preparation articles to build and reinforce good habits.
 - c. Handwrite them a letter or a card and ask how they and their families are doing.
 - d. Use social media in a positive way to keep parents and fans informed.
3. Match our needs with what is in our control: For a season to take place we must strictly adhere to the conditions and directives put into effect by the MSHSL. Whether you agree with this or not, acceptance is our best option. If we have pinned our wants and hopes on something beyond our control, we have wasted valuable time and resources. Control what you can and adapt accordingly.

4. Embrace what nature has in store for us: It may be difficult to practice perspective and productivity during times like this, but it is the right choice. Personally, I have started to use this time to review my scope and sequence of teaching techniques and eliminating drills which are producing diminishing returns.

Where some have taken the position that the 20-21 season is a wash or a loss, others have determined that how we handle this season, ourselves, and our sport is quite possibly the most important year ever. The choice is ours. It may be difficult to

stay positive, under the weight of uncertainty, but I urge you to stay the course, and trust the process.

MWCA reminders:

1. Our Advisory Group has been meeting and is working on possible scenarios for a postseason. Again, we will get you information as soon as we have it.

2. It is not too late to still register for our Fall Virtual Clinic that happened back in October. All information and videos from the clinic will be available until the end of January on the Coaches Insider website if you would still like to access it. The cost is \$5 to register after you have paid for your 2020 MWCA Membership. You can register for the Clinic here: <https://mwca.coachesinsider.com/>

3. You can register for the MN Wrestling Coaches Association here: MWCA Registration Form

4. We are trying to get all head coaches on our Head Coach Database, so please fill in your information so we can email you directly.

5. 26 states presently offer girls wrestling so I encourage Minnesota to join the cause and support the growth of girls wrestling and our sport. Congratulations Emily Shilson on her two National titles and to the Augsburg women wrestlers who claimed 8 AA honors.

Make your luck and make a difference.

*“No man steps
in the same river twice”*

- Heraclitus

MSHSL BOARD OF DIRECTORS... continued from page 3

force in achievement realization.” We did not ask for COVID-19, but it challenges us all, and most certainly our student-athletes.

I am confident the power of grit will help shape the future of MSHSL activities in many positive ways. Like many of you, I have witnessed many acts of sportsmanship, respect, and kindness in our fall activities. I have received many sincere “thank you” notices from athletes, coaches, and parents. I have seen a great amount of collegiality between coaches and activities directors. I am sure all of you can add your experiences to this list. Please be empowered to know we all will have a voice in what MSHSL activities will look like in the future.

In closing, cheers to the work and legacy of John Shumacher! What a great example Shu has provided us all and I am thankful to have known him. Bernie, thank you for your heartfelt letter to the MSHSCA Leadership and for your professionalism in the transition of leadership to Rick and Joyce.

Over Hill and Dale

By: *Brandon Heebink, Wayzata High School
President, MN Cross Country Coaches Association*

2020 has been a year for the record books in countless ways. In the world of cross country in Minnesota, this has certainly been the case. From a season that was only granted the green light to start two weeks prior to the first day of scheduled practice to races that were conducted in waves of 25 runners all season (until the Section meets) to not having a MSHSL State Meet to conclude the season, I don't think any of us could have quite predicted how this season would have played out.

I want to begin by congratulating all of the coaches and athletes that were able to participate and compete this fall on making it through the entire season. It was no small feat this year to say that. A number of teams across the state had to shut down practice and competition for periods of time and for some, it happened immediately before the Section meet, ending their seasons prematurely. All of us spent much of the fall trying to navigate training plans that seemingly changed daily because of the uncertainties of race schedules and the culmination of the season.

I also want to congratulate all of the teams that "qualified" for the state meet at their respective Section meets in mid-October. Normally, I would take part of this article to congratulate and mention each of the teams that won state championships but we didn't have that this year, so here are the Section champions and runners-up!

Girls Class A: Winona Cotter, Plainview-Elgin-Millville, Belle Plaine, Glencoe-Silver Lake, Luverne, Murray County Central, Blake, St. Paul Academy, Howard Lake-Waverly-Winsted, St. Cloud Cathedral, Staples-Motley, West Central Area, Pequot Lakes, Proctor, Perham & Hawley

Boys Class A: Lake City, Lewiston-Altura, St. James Area, Glencoe-Silver Lake, Lac qui Parle Valley, Mountain Lake Area/Comfrey, Nova Classical Academy, Minnehaha Academy, Annandale, St. Cloud Cathedral, Staples-Motley, West Central Area, Proctor, Greenway-Nashwauk-Keewatin, Perham & East Grand Forks

Girls Class AA: Farmington, Lakeville South, Waconia, Chanhassen, Prior Lake, Rosemount, Stillwater, St. Paul Highland Park, St. Michael-Albertville, Mounds View, Edina, Minnetonka, Andover, Duluth East, Alexandria & Willmar

Boys Class AA: Lakeville South, Rochester Century, Buffalo, Chanhassen, Prior Lake, Rosemount, Stillwater, White Bear Lake, Mounds View, Maple Grove, Robbinsdale Armstrong, Eden Prairie, Andover, Duluth East, Bemidji & Alexandria

Keeping things relatively brief, I'll end with this, something many of you can relate to in such a stressful and uncertain season. As our season was drawing to an end, I sent an email to my training pod of 24 boys (mostly juniors and seniors) to summarize the wrap-up to our season and to give them some specifics on all the fun things like uniform turn-in, collecting

awards, etc. I ended my email with the following:

"Thank you guys for a great season, despite all the challenges we had to face. Spending time at practice with Blue Pod this fall was where things in my life felt the most "normal" and that is a very good thing. I thank all of you for that."

This was a group of runners I have worked with for 3-4 years and ending their season in such a strange and foreign way was hard, not to mention being unable to see them in the halls or classrooms at school right now. My "normal" was truly found at practice each afternoon coaching and interacting with my team. I hope we all can find some level of "normal" without cross country in the weeks ahead. Take care of yourselves, your families, your runners and stay safe and healthy. Track season is coming before you know it!!

A final note in regards to looking ahead to 2021: the next steps towards the shift to 3 classes for cross country are tentatively going to happen in February and March as the MSHSL receives enrollment numbers for the next alignment cycle and decides on sectional alignments. Be on the lookout for more information in the new year with regards to what that means for all of us in 2021.



DISCOUNTS AND BENEFITS

Access exclusive discounts/benefits for member coaches of the Minnesota Coaches Association. There are thousands of products and services available to you exclusively through the National High School Athletic Coaches Association. Annual membership paid by MSHSCA. Discounts on travel, insurance, office depot/office max and others.

www.hscoachesbenefits.org/

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MEMBERSHIP PERKS

S

- **SHERATON MINNEAPOLIS WEST** - Minnetonka - 800-325-3535 (upon availability)

H

- **MARIOTT MINNEAPOLIS WEST** - (Code MSHSCA)
Call Patrick Riley - 952-367-5082 (upon availability)

S

For Hotel rates, coaches should indicate membership in MSHSCA.

C

•••Advanced reservations required. All packages & promotions are based on availability. Please mention this promotion at the time of reservation. Offer void with any offers, discounts, groups or conventions.


A

REASONS WHY MSHSCA MEMBERSHIP IS BENEFICIAL

1. Executive Director available to work for you on a daily basis.
2. Dues include a \$2,000,000 Liability Insurance while coaching.
3. Membership card is for admission at many high schools and colleges in Minnesota.
4. Teams are eligible to earn Academic Team and Individual honors.
5. Provide scholarships for Minnesota High School students.
6. NOCAD membership creates revenue marketing that is helpful for the promotion of programs that benefit coaches and their athletes.
7. Four issues of The Minnesota Prep Coach, the MSHSCA newsletter which contains information about and for coaches and their association's activities.
8. Provides potential for clinics for any sport association that wishes assistance.
9. Up to date clinic schedules and educational opportunities on our website.
10. Opportunity to be recognized as a Minnesota Coach of the Year.
11. Opportunity to be recognized as a Minnesota Assistant Coach of the Year.
12. Delegate representation that allows coaches to remain fully updated on issues.
13. Close working relationship with all affiliated sport associations.
14. Provides active representation and support on the MSHSL Board of Directors.
15. Recognition for state team championships.
16. Opportunity for 25 Year Club and Life Membership of the MSHSCA.
17. Opportunity to be nominated and selected to the MSHSCA Hall of Fame.
18. United support for each other's programs.
19. Mass membership email capability.

Register.cordonco.com is what you will see on your credit card statement for your MSHSCA membership. Please do not challenge this before calling 218-234-0345!

CHIP SHOTS



By: Eric Tollefson

The Minnesota Women's Golf Association is again offering scholarship opportunities for Minnesota high school girl golf players. The following is a message I received from Scholarship Director Lori Swift:

To the coaches involved with young women golfers,
This will be the 24th year that we are offering the Minnesota Women's Golf Association (MWGA) Foundation Scholarship to graduating senior girls. We have awarded 76 scholarships to date. We are very proud of our record in awarding scholarships and of the successful accomplishments by the girls whom we have chosen.

The scholarship is awarded on the basis of scholastic rating, financial need, and school achievements, leadership, and activities. Although skill or excellence in the game of golf is not a criterion, candidates shall demonstrate an involvement in the sport.

The applicant must also have a grade point average of 3.2 or above, and a copy of the FAFSA form which shows the parents' income level for the past year must accompany the application. If the application is sent without the FAFSA form, the application will be incomplete and not considered.

Information regarding the MWGA Scholarship Foundation scholarship as well as an online form to apply can be found at www.mngolf.org/MWGA_Foundation

If you have any questions regarding the application or the MWGA Foundation, please contact the Foundation by emailing foundation@mngolf.org.

As I write these words the COVID-19 pandemic which caused the cancellation of our 2020 spring golf season is still disrupting high school classes and activities throughout the state. I recently spoke with MSHSL Golf Director Jason Nickelby about the prospects for next spring. Jason said the Return to Participation Task Force will be meeting again with the Board of Directors to

suggest possible models.

He feels the Task Force and Board are going to do everything they can do to end spring sports seasons according to the current projected calendar. For golf, that puts the state tournaments back one week to June 15–16. But Jason stressed these plans are not set in stone, so I guess we'll all have to keep waiting to see what happens with winter sports before we have further clarification about 2021 spring golf.

Coaches are also reminded that the MSHSL intends to use the iWanamaker scoring app at section and state tournaments. Jason pointed out that by using this app players can properly socially-distance, which could be a helpful factor in determining whether we have a 2021 season. If you aren't familiar with iWanamaker, check out their website, iwanamaker.com, and watch their "How It Works" tutorial videos.

If you're reading these words you're probably a member of our organization. You should know COVID-19 has negatively affected Minnesota High School Golf Coaches Association (MHSGCA) membership. We had nearly 300 members during the 2020–2021 school year. As of this writing we have only 162 current members. Please contact other coaches in your section who are not current members and encourage them to join our organization. (To determine whether a coach is an MHSGCA member go to mshsca.org and follow the membership link. Members are listed alphabetically by school so it's very easy to check.) Some useful talking points include these selected benefits...

- You receive \$2,000,000 of liability insurance while coaching and in the classroom
- Your membership card is good for admission at many high schools and colleges
- Your players and team may earn All State and Academic Team awards
- You (and your assistant, if s/he's a member) may earn Section and State Coach Awards

Finally, this will be my last Chip Shots column. The March 2021 Chip Shots column will be written by Ben Jurgens, Head Coach of the Fergus Falls girls golf team. My two-year term is up and starting January 1, 2021 Ben is taking over as MHSGCA President. I will continue to serve as Past President and help Ben with the transition. I have greatly enjoyed my work as MHSGCA President, mainly because it's allowed me to meet and get to know other coaches. For me, I find that people who coach golf are great people to hang out with and converse.

OTHER SPECIAL MEETINGS OF IMPORTANCE

Jan . 14-18, 2021

NOCAD National Convention-Savannah, GA

CANCELED-VIRTUAL ONLINE

March 19, 2021

MSHSCA Finance Meeting

Country Inn and Suites in Eagan

March 20, 2021

MSHSCA Winter Delegates Meeting

Mancini's in St. Paul

March 22-24, 2021

MnIAA-Ad's Convention

Doublewood St. Cloud

June 27-28th, 2021

Summer Board of MSHSCA Directors Meeting

Lakeville, MN Meeting location TBD

September 10, 2021

HOF Coordinator/Exec. Director Meeting

Mpls Marriot West

September 11, 2021

MSHSCA Fall Delegates Meeting

Mpls Marriot West

October 8, 2021

HOF Coordinator/Exec Direc Meeting

Sheraton Minneapolis West, Minnetonka

Oct. 9, 2021

MSHSCA Hall of Fame Banquet

Sheraton Minneapolis West, Minnetonka

FALL ACADEMICS

GIRLS TENNIS

CLASS A

GOLD

Aitkin
Annandale
Blake
Blue Earth Area
Breck School
Cannon Falls High School
East Grand Forks Senior High
Fairmont High School
Holy Family Catholic
Lac qui Parle
Le Sueur Henderson
Lincoln Jr/Sr High School
Litchfield
Lourdes High School
Melrose Area High School
Minnehaha Academy
Minnewaska
Montevideo High School
Mora High School
Morris Area Chokio
Alberta West Central Area (MACAWCA)
New London-Sicer
Osakis
Park Rapids Area
Pequot Lakes
Pierz Healy High
Pine City High School
Pipestone Area High School
Roseau High School
Sauk Centre
Sibley East
Southwest Christian High School
St. Croix Lutheran Academy
St. James Area
St. Paul Academy
Stewartville
Thief River Falls
Wadena - Deer Creek

SILVER

Belgrade-Brooten-Elrosa
Belle Plaine Senior High
GLENCOE SILVER LAKE
Long Prairie-Grey Eagle
Maple River
Marshall School, Duluth
Parkers Prairie High School
River Valley (sleepy eye)
United South Central High School
Virginia High School

CLASS AA

GOLD

Albert Lea High School
Andover High School
Anoka Senior High School

Austin High School
Becker High School
Bemidji High School
Big Lake
Blaine High School
Bloomington Jefferson
Brainerd High School
Burnsville
Cambridge-Isanti High School
Chanhassen High School
Chaska High School
Chisago Lakes High School
Cloquet-Esko-Carlton
Columbia Heights High School
Coon Rapids High School
Delano High School
DeLaSalle
Duluth East High School
Eagan High School
East Ridge High School
Eden Prairie High School
Edina HS
Fergus Falls
Foley High School
Hastings High School
Henry Sibley High School
Hermantown
Hopkins
Hutchinson
Irondale
John Marashall
Jordan High School
Lakeville North High School
Lakeville South High School
Mankato East High School
Maple Grove High School
Marshall High School
Minneapolis Roosevelt
Minneapolis Washburn
Minnetonka
Moorhead High School
Mound Westonka High School
Mounds View
North High School
Northfield High School
Park HS
Princeton
Red Wing High School
Rochester Century
ROCORI High School
Rogers High School
Rosemount High School
Roseville Area High School
Saint Anthony
Saint Paul Highland Park
Sartell High School
Shakopee High School
South St Paul
Spring Lake Park High School
St. Cloud Tech
St. Francis
St. Peter

Stillwater Area High School
Tartan High
Totino-Grace High School
Tri City United
Visitation
Waseca
Wayzata High School
Willmar Senior High School

SILVER

Academy of Holy Angels
Alexandria
Champlin Park
Cretin-Derham Hall
Eastview
Elk River
Faribault High School
Hill Murray School
Monticello High School
New Prague High School
North Branch Area High School
Worthington High School

GIRLS SWIMMING

CLASS A

GOLD

Austin
Mankato East
Mankato West
Red Wing
St. Peter
Richfield
Benilde-St. Margaret
St. Louis Park
Blake
Hutchinson
Dassel-Cokato
Mound - Westonka/Holy Family
Delano
Watertown - Mayer
Cretin-Derham Hall
Foley
Ogilvie Mora
Albany
Morris/Minnewaska
Alexandria
Cloquet-Esko-Carlton
Mesabi East
Northeast Range/Ely
Park Rapids
Grand Rapids
Detroit Lakes

SILVER

Albert Lea
Fairbault
Winona
Fridley
Breck
Orono
Waconia
Marshall

Visitation
Mahtomedi
Mpls. Roosevelt
Cathedral St. John's Prep
Becker
Milaca
Monticello
Tech
Sauk Rapids
Princeton
Sauk Centre
Sartell
Rocori
Apollo
Duluth Denfeld
Hibbing
Two Harbors
Virgina
Chisholm
Perham

CLASS AA

GOLD

Lakeville North
Farmington
Owatonna
Lakeville South
Rochester Mayo
Rochester Century
Chanhassen
Eden Prairie
New Prague
Burnsville
Tartan
Champlin Park
Irondale
Wayzata
Minneapolis South
Minneapolis Washburn
Andover
Anoka
Blaine
Centennial
Buffalo
STMA

SILVER

Rochester John Marshall
Prior Lake
Chaska
Minnetonka
East Ridge
Woodbury
Rosemount
Eagan
Apple Valley
Roseville
White Bear Lake
Osseo
Robbinsdale Cooper
Spring Lake Park
St. Paul Central

FALL ACADEMICS

Edina
Cambridge-Isanti
Coon Rapids
Duluth East
Forest Lake
Rogers
Brainerd

BOYS SOCCER

CLASS A

GOLD

Trinity Rivers Edge

SILVER

Providence Academy
Little Falls Community

CLASS AA

SILVER

Wayzata
Rochester Mayo
Owatonna

GIRLS SOCCER

CLASS A

GOLD

Albert Lea
Byron
Cloquet
DeLaSalle
East Grand Forks
Heritage Christian Academy
Holy Family Catholic
Kasson-Mantorville
La Crescent-Hokah
Little Falls Community
Mankato East
Mankato West
Marshall School, Duluth
Orono
Pine Island / Zumbrota-
Mazeppa
Plainview-Elgin-Millville
Providence Academy
Red Wing
Schaeffer Academy
St. Anthony Village
St. Croix Lutheran
St. Peter
Trinity School at River Ridge
Waconia
Winona Cotter

SILVER

Benilde-St. Margaret's
Blake
Caledonia Area
Cathedral
Fergus Falls Kennedy School
Hutchinson/Glencoe/Silver
Lake

Lourdes
Melrose
Mounds Park Academy
Proctor
Sartell
Simley
South St. Paul
St. Francis
Stewartville Public Schools
Winona Senior

CLASS AA

GOLD

Andover
Bloomington Jefferson
Brainerd
Chanhassen HS
Chaska
Eastview
Eden Prairie
Edina
Farmington HS
Hopkins
Lakeville North
Minneapolis Southwest
Minnetonka
Roseville
Shakopee
Spring Lake Park
Wayzata HS

SILVER

Apple Valley
Champlin Park
Coon Rapids
Eagan
East Ridge
Faribault
Hastings
Maple Grove
Mounds View
Prior Lake
Robbinsdale Cooper
Rochester Century
Rogers
St. Michael-Albertville
White Bear Lake

VOLLEYBALL

GOLD

Marshall High School
Red Rock Central
Nicollet Public School
Plainview-Elgin-Millville
Pipestone Area Schools
Waseca
Mora High School
Blooming Prairie High School
NRHEG
GFW
Sauk Centre High School

St. Croix Lutheran Academy
East Grand Forks Senior High
St. Peter
Tri-City United High School
Annandale
Eden Valley-Watkins
Belle Plaine
St. Charles High School
Goodhue
Albany High School
Byron
Winona Cotter
Ada-Borup
Sebeka School
Triton High School
Pierz High School
Minnesota Valley Lutheran
Owatonna
Russell Tyler Ruthton
Litchfield High School
Barnesville Trojans
Heron Lake-Okabena-Fulda
Caledonia High School
Norwood Young America
Central
Eden Prairie
Lester Prairie
Stewartville Public Schools
Irondale High School
Waterville-Elysian-Morristown
Mahtomedi High School
Minnewaska
Walker Hackensack Akeley
Southwest Christian
Goodridge/Grygla
Rushford Peterson
Adrian/Ellsworth
Clinton-Graceville-Beardsley
Buffalo Lake Hector Stewart
Wayzata High School
Hills-Beaver Creek
Foley High School
St. Cloud Cathedral
Esko High School
Dassel-Cokato High School
Bagley
Jackson County Central
Red Lake County Central
Hermantown High School
Canby High School
Worthington High School
Lake City High School
Shakopee
ROCORI High School
Mankato West
Roseau
Rockford
Willmar
Belgrade-Brooten-Elrosa
Medford
Roseville Area

Wheaton Area Schools
St. Anthony Village High
School
Red Lake Falls
Delano
Badger-Greenbush-Middle
River
Battle Lake
Lakeville North High School
Centennial High School
Floodwood
Kerkhoven-Murdock-Sunburg
Apple Valley
Kenyon-Wanamingo
Lewiston-Altura High School
Little Falls
Wadena-Deer Creek High
School
Sacred Heart East Grand Forks
Concordia Academy
Red Wing High School
Elk River High School
Sleepy Eye St. Mary's
North Branch
St. Paul Academy
Bemidji
Mankato East
Park Rapids
Monticello High School
Kasson-Mantorville
Waconia High School
Mabel-Canton
Staples-Motley
Pequot Lakes
Tracy-Milroy-Balaton
Fertile-Beltrami
St. Croix Preparatory Academy
Brainerd
Menahga Public School
Bethlehem Academy
Andover HS
Cleveland Public School
St. Cloud Apollo High School
Fairmont
Randolph
Rogers High School
Pillager High School
Chatfield High School
DGF
Upsala High School
Janesville Waldorf Pemberton
Springfield Public High School
Perham-Dent Public Schools
Chaska High School
Breckenridge Cowgirls
Moorhead
New York Mills
Forest Lake Area High School
Henry Sibley High School
Minneota
Maple Lake

FALL ACADEMICS

Maple Grove Senior High School
 Lakeview
 Benson High School
 Grand Meadow
 Blaine High School
 Spring Grove High School
 Kimball Area High School
 Prior Lake
 Alden-Conger
 Barnum
 Simley HS
 Lake Crystal Wellcome Memorial
 Sibley East
 Rosemount High School
 Tri-County/Northern Freeze
 Pine City High School
 Windom Area
 Stephen-Argyle Central
 New Ulm High School
 Melrose Area High School
 St. Cloud Tech High School
 Norman County East/Ulen-Hitterdal
 Cambridge-Isanti High School
 New London-Spicer
 Renville County West
 Murray County Central
 Underwood
 Maple River Schools
 Saint James Area
 Park Christian
 Stillwater
 Century High School
 Mahnomen/Waubun
 Crookston High School
 East Central High School
 Fillmore Central
 Montevideo High School
 Minneapolis Roosevelt
 Hayfield High School
 Nashwauk-Keewatin
 Martin County West
 Hill Murray
 Champlin Park
 Edina

SILVER

West Lutheran High School
 East Ridge High School
 Mounds View
 West Central Area
 Winona Senior High School
 Brandon-Evansville
 Mesabi East
 Mound Westonka
 Watertown-Mayer
 Blackduck Public School
 Fosston
 Littlefork Big Falls

Nova Classical Academy
 Kittson County Central
 Avail Academy
 St. Louis Park
 Hutchinson High School
 Parkers Prairie
 Pine River Backus
 Cherry high school
 Browerville-Eagle Valley
 Cretin-Derham Hall
 Win-E-Mac High School
 Benilde-St. Margaret's
 St. Agnes
 Rush City Schools
 White Bear Lake
 Sartell High School
 North Woods
 Highland Park Senior High School
 Southland
 Spring Lake Park High School
 United South Central
 Chisholm
 Eastview High School
 Proctor High School
 Lac Qui Parle Valley
 Ogilvie
 Breck School
 Eagan
 Cannon Falls
 Mountain Lake Area-Comfrey
 Minnetonka
 Hillcrest Lutheran Academy
 New Prague High School
 Bloomington Jefferson
 Holdingford High School
 Cedar Mountain
 Zumbrota-Mazeppa
 Academy of Holy Angels
 Kingsland
 Lanesboro Public School
 Braham Area High School
 Central MN Christian School
 Lourdes High School
 Pine Island
 Rochester John Marshall
 St. Paul Harding High School
 Hopkins High School
 New Ulm Cathedral High School

BOYS CROSS COUNTRY

CLASS A

GOLD

Ada-Borup/West
 Albany
 Bagley/Fosston
 Belle Plaine
 Blooming Prairie
 Blooming Prairie

Border West
 Breck
 Breckenridge-Wahpeton
 Canby-Minneota
 Deer River/Northland
 Eagle Ridge/International School
 East Grand Forks
 Ely
 Esko
 Eveleth-Gilbert
 Frazee
 Glencoe-Silver Lake
 Grand Meadow/LeRoy-Ostrander/Southland
 Greenway/Nash-Keewatin
 Hawley
 Heritage Christian Academy
 Hinckley Finlayson
 Howard Lake-Waverly-Winsted
 International Falls
 Kingsland
 LacQuiParleValley-Dawson
 Boyd
 LaCrescent-Hokah
 Lake City
 Lake Crystal-Wellcome
 Memorial/Nicollet
 Lanesboro/Fillmore Central
 Luverne
 Math and Science Academy
 Mesabi East
 Milaca
 Minnehaha Academy
 Minnesota Valley Lutheran
 Minnewaska
 Montevideo
 Moose Lake/WR/Barnum
 Mora
 Mountain Lake Area/Red Rock
 Central/Comfrey
 New York Mills
 Northwest Nighthawks
 Nova Classical Academy
 Pacelli
 Parnassus Prep
 Pelican Rapids
 Pequot Lakes
 Perham
 Pine Island
 Plainview-Elgin-Millville
 Providence Academy
 RAACHE (Hagstrom Home School - Rochester)
 Redwood Valley
 Rockford
 Schaeffer Academy
 Southwest Christian
 Spectrum
 Springfield/Cedar Mountain
 St Paul Academy

St. Cloud Cathedral
 Thief River Falls
 Virginia
 Warroad
 Watertown Mayer
 WEM/JWP (Waterville-Elysian-Morristown/Janesville-Waldorf-Pemberton
 West Central Area
 Windom

SILVER

Adrian/Ellsworth
 Benson
 Cromwell-Wright
 Dilworth-Glyndon-Felton
 Hayfield
 Heron Lake-Okabena
 Lester Prairie
 Litchfield
 Madelia/Truman/Granada-Huntley-East Chain
 Mankato Loyola/Cleveland
 Martin County West
 Melrose
 North Shore Storm
 Rochester Lourdes
 Rush City
 St. James

BOYS CROSS COUNTRY

CLASS AA

GOLD

Alexandria
 Apple Valley
 Austin
 Becker
 Bemidji
 Big Lake
 Blaine
 Brainerd
 Buffalo
 Centennial
 Champlin Park
 Chanhassen
 Dassel-Cokato
 Delano
 DeLaSalle
 Duluth East
 Eagan
 East Ridge
 Eastview
 Eden Prairie
 Foley
 Forest Lake
 Fridley
 Hastings
 Holy Angels
 Jefferson
 Lakeville North

FALL ACADEMICS

Lakeville South
Mankato West
Moorhead
Mounds View
Mpls Roosevelt
Mpls SW
New Prague
Osseo
Owatonna
Park
Prior Lake
Red Wing
Robbinsdale Armstrong
Rochester Century
Rogers
Rosemount
Sartell-St. Stephen
Simley
St Paul Como Park
St Paul Highland Park
St Thomas
St. Anthony Village
St. Cloud Apollo
St. Louis Park
St. Michael Albertville
Stillwater
Wayzata
White Bear Lake
Willmar
Winona

SILVER

Andover
Byron
Cretin-Derham Hall
Hibbing
Mahtomedi
Marshall
Monticello
Princeton
Rocori
St. Francis
Totino Grace
Waseca

GIRLS CROSS COUNTRY

CLASS A

GOLD

Ada-Borup/West
Adrian/Ellsworth
Albany
Belle Plaine
Benson
Blooming Prairie
Border West
Breck
Canby-Minneota
Chatfield
Cromwell-Wright
East Central
East Grand Forks
Ely
Esko
Frazee

Glencoe-Silver Lake
Goodhue
Grand Meadow/LeRoy-
Ostrander/Southland
Greenway/Nash-Keewatin
Hawley
Heritage Christian Academy
Hinckley Finlayson
Howard Lake-Waverly-Winsted
International Falls
LacQuiParleValley-
DawsonBoyd
LaCrescent-Hokah
Lake City
Lake Crystal-Wellcome
Memorial/Nicollet
Lanesboro/Fillmore Central
Legacy Christian
Lester Prairie
Luverne
Mankato Loyola/Cleveland
Martin County West
Math and Science Academy
Mesabi East
Milaca
Minnehaha Academy
Minnewaska
Montevideo
Moose Lake/WR/Barnum
Mora
Mountain Iron-Buhl
Mountain Lake Area/Red Rock
Central/Comfrey
Nevis
New York Mills
New-London
North Shore Storm
Northwest Nighthawks
Pacelli
Parnassus Prep
Pelican Rapids
Pequot Lakes
Perham
Pine Island
Plainview-Elgin-Millville
Providence Academy
RAACHE (Hagstrom Home
School - Rochester)
Redwood Valley
Rockford
Royalton
Rush City
Southwest Christian
Southwest MN Christian/
Edgerton
Spectrum
Springfield/Cedar Mountain
Stewartville
Tri-City United
United North Central
United South Central/Alden
Conger
Virginia
Wabasso
Wadena-Deer Creek

Watertown Mayer
WEM/JWP (Waterville-Elysian-
Morristown/Janesville-Waldorf-
Pemberton
West Central Area
West Marshall

SILVER

Breckenridge-Wahpeton
Eagle Ridge/International
School
Kingsland
Lakeview
Maple Lake
Melrose
Nova Classical Academy
Warroad

GIRLS CROSS COUNTRY

CLASS AA

GOLD

Alexandria
Andover
Apple Valley
Austin
Becker
Benilde-St. Margaret's
Big Lake
Blaine
Brainerd
Byron
Centennial
Champlin Park
Chanhassen
Chisago Lakes
Dassel-Cokato
Delano
Detroit Lakes
Duluth East
Eagan
East Ridge
Eden Prairie
Edina
Elk River
Fergus Falls
Foley
Forest Lake
Fridley
Hastings
Hibbing
Irondale
Jefferson
Lakeville North
Lakeville South
Mahtomedi
Mankato East
Mankato West
Minnetonka
Monticello
Moorhead
Mounds View
Mpls SW
New Prague
Osseo

Park
Park Center
Princeton
Robbinsdale Armstrong
Rochester Century
Rosemount
Roseville
Sartell-St. Stephen
Simley
St Paul Como Park
St Paul Highland Park
St. Anthony Village
St. Cloud Apollo
St. Francis
St. Louis Park
St. Michael Albertville
Stillwater
Totino Grace
Waseca
White Bear Lake
Willmar
Winona

SILVER

Hutchinson
Red Wing
Rocori
Rogers

FOOTBALL

CLASS 9M

GOLD

Hancock
Grand Meadow
Park Christian
Fertile-Beltrami
Brandon-Evansville
Win-E-Mac
Stephen-Argyle Central

SILVER

Verndale
Mountain Lake Area
Nevis
Nicollet
Ogilvie
Heron Lake-Okabena/Fulda

CLASS 1A

GOLD

Minnesota Valley Lutheran
Red Lake County
Upsala-Swanville-Area
Randolph
Martin County West
Murray County Central
Wabasha-Kellogg

SILVER

BOLD

Lakeview
Bethlehem Academy
Gibbon-Fairfax-Winthrop
Goodhue
Ada-Borup

FALL ACADEMICS

Parkers Prairie
Minneota
Deer River

CLASS 2A GOLD

Caledonia
West Central Area/Ashby
Maple River
St. Clair/Loyola
Morris Area-Chokio/Alberta
Tracy Area

SILVER

Barnesville
Lincoln High
Lewiston-Altura
Janesville-Waldorf-Pemberon
Blue Earth Area
Eden Valley-Watkins
St. Agnes
Wadena-Deer Creek
Bagley
Pelican Rapids
Medford
Crosby-Ironton

CLASS 3A

GOLD
Minnewaska Area High School

Pierz
Worthington High School
St. Cloud Cathedral
Pequot Lakes High School
Tri-City United
Plainview Elgin Millville
Albany H.S.
Milaca High School
Holy Family Catholic H.S.

SILVER

Luverne
Rockford
Montevideo
Litchfield
Foley High School
Dassel Cokato
Breck School
Glencoe-Silver Lake
Waseca

CLASS 4A

GOLD
Benilde-St. Margaret's
Saint Anthony Village
Detroit Lakes
ROCORI
Byron
Kasson-Mantorville
Grand Rapids

SILVER

Academy of Holy Angels
Mankato East High School
Marshall High School
Willmar High School
ORONO HIGH SCHOOL
Chisago Lakes
Mound Westonka High School

CLASS 5A

GOLD

Mankato West
Alexandria Area High School
Owatonna High School
Northfield
Waconia High School
Century High School

SILVER

Andover High School
Chanhassen HS
Sauk Rapids-Rice High School
Rochester Mayo
Monticello High School
New Prague
Moorhead High School
Hastings
Mahtomedi High School
Bemidji High School
Irontdale

CLASS 6A

GOLD

Maple Grove
Wayzata
Farmington
Eden Prairie
Lakeville North
Lakeville South

SILVER

Forest Lake
Saint Michael-Albertville
Eastview
East Ridge
Anoka
Minnetonka
Centennial
Stillwater Area

ROBOTICS

By: Alex Jurek

As with every sport and activity, Robotics has been greatly impacted by the most recent world-wide pandemic. Like a faucet that has been shut-off, there have been no in-person events for our 'sport of the mind' since last March. The state tournament was cancelled, all of the off-season tournaments were cancelled, and of course the State Fair was cancelled - so no STEM Day at the Fair for us either.

Networking and Training

As we look forward to the new year, many teams are putting together plans - and contingency plans - for the best way to operate in this Covid-mired reality. FIRST in Upper Midwest (FUM) has done a good job of keeping the teams up to date. About twice a month for the last few months we have had opportunities to meet with other coaches and mentors on Zoom - dubbed 'Mentor Meet-ups'. It is vastly different than meeting in person, however we have still found a way to connect and network across the state. Thank you to FUM for their leadership thus far.

The teams have also had opportunities to continue training

their teams. Medtronic has sponsored the Jumpstart Training events this fall. Without their key sponsorship and ingenuity, the annual training events would have been cancelled this year. However, Medtronic not only put up the funds to run these events, they also provided the software to host the events as well as moderated each training session. Over all there have been 45 different training sessions and numerous keynote speakers spread out over three Saturdays; October 31, November 14, and December 5. Teams and individuals have provided the content for each session and the days were organized into three rounds with five sessions each round. Attendees chose which session to attend each round a la carte. The sessions were recorded and are now available at the Jumpstart website (jumpstartrobotics.org).

The 2021 FRC Season

The FIRST Robotics Competition season is kicking off on Saturday, January 9, 2021. Instead of teams travelling to one of 9 different kick-off sites as in normal years, the teams are making plans to kick-off the season as it best fits. FIRST is shipping the robot Kit of Parts to each school/team. So even though we may not be together waiting in anticipation for the new season, at least we will all still unpack the Kit of Parts the same day.

Kick-off is as far as the season has been planned out. There is an expectation that we will have competitions this coming spring, but no real plan has been set in stone. By the spring edition of Nuts and Bolts of Robotics I hope to have more information about the upcoming season.



Minnesota State High School Coaches Association

Assistant Coach Distinguished Service Award



Criteria:

- The individual should have been a high school Assistant Coach for at least 20 years.
- As of 2020-21 season, nominees must be a member of the association. Anyone who has retired previous to the 2020-21 season may still be eligible regardless of their membership status.
- Nominations may be made by individual coaches, or sport associations.

Nominee:

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Member of the association _____ yes _____ no

Please include the following information in your email or attached to a separate piece of paper if mailing:

School(s), years and which sports that the nominee has served as an assistant coach.

Additional bio information that supports the nominee for the Assistant Coach Distinguished Service Award.

Nominating Person _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email Completed applications to: Thomas.Sharp@district 196.org or **mail form to**
Tom Sharp 13969 Duluth Court Apple Valley, MN 55124

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MINNESOTA COLLEGES & UNIVERSITIES THAT HONOR MSHSCA MEMBERSHIP CARDS

The importance of a close working relationship between college and university coaches and high school coaches in Minnesota remains obvious as institutions of higher learning have opted to continue with the Associate Membership Package offered by the MSHSCA during the 2020-2021 school year.

As part of the arrangement, college coaches can use the MSHSCA membership card to obtain admission to high school events and in turn the high school coach can use the card to attend college most college games. Restrictions apply for college and high school playoff and post season tournament games.

- **Bemidji State University (Bemidji MN)**
Complimentary passes are not available for Division I Hockey
- **Bethany Lutheran College (Mankato MN)**
- **Bethel University (St Paul MN)**
- **College of St. Scholastica**
- **Concordia College (Moorhead MN)**
- **Concordia University (St Paul MN)**
- **MN State Comm. & Tech College (Fergus Falls MN)**
- **Gustavus Adolphus College (St Peter MN)**
- **Hamline University (St Paul MN)**
- **Hibbing Community College (Hibbing MN)**
- **Martin Luther College (New Ulm MN)**
- **Minnesota State University Mankato (Mankato, MN)**
(Call ahead for DL Hockey)
- **Minnesota State University (Moorhead, MN)**
- **MN West Technical and Community College (Worthington MN)**
- **University of Northwestern (St Paul MN)**
- **Rochester Community College (Rochester MN)**
- **St Catherine's University (St Paul MN)**
- **St Cloud State University (St Cloud MN)**
- **St Cloud Tech College (St Cloud MN)**
- **St John's University (Collegeville MN)**
- **St Mary's University (Winona)**
- **University of Minnesota - Crookston (Crookston MN)**

*Another example of the MSHSCA
at work for the membership!*

- *1. MSHSCA Complimentary passes may not be available for all games.
2. MSHSCA Complimentary passes are not available for post season/play off games.
3. MSHSCA Card must be presented in person by the card holder along with a photo I.D. at the UMD ticket window.
4. Additional tickets can be purchased to accompany your complimentary admission. You must notify the UMD ticket office of your desire to purchase at the time you call for your complimentary admission.
5. No admission to mens D1 hockey at BSU, St. Cloud State.
6. BSU - D2 - reg. season only.
7. Concordia Moorhead not usable at MIAC and NCAA post season games.



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BANK SHOTS



By: Tom Critchley

In July, the MBCA adopted a Social Justice statement after the death of George Floyd. Undoubtedly, as most adults do, the first thoughts went out to the kids of color. Being an individual who has children of color within our extended family and have been blessed to work with and mentor children of color as a teacher/principal/coach my thoughts went directly in that direction. Later on, I realized that I should also have reached out to my fellow educators and coaches of color as well. They were faced not only with the social injustice concerns for the children they coach and teach, but also for those of their own families and the social injustice and racism they have experienced in their own lives. A line in the MBCA Social Justice statement reads; “We will be bold in uniting with our coaching colleagues in confronting and disrupting the injustices and systemic racism in our world.” In revising the statement, I will add- “uniting with our coaching colleagues and supporting our Coaches of Color...” The challenge for us all as so deftly stated by Mpls. North Coach Larry McKenzie is “it’s about building bridges and breaking down barriers.” Now the work begins as we strive to “believe that the game of basketball in Minnesota will continue to be a valuable tool in bringing multicultural groups together in making equality and equity for all a reality.”

The MBCA has been diligent in working with the MSHSL since July in planning for the 2020-21 season. Initial discussions centered on “will there be a season and what will the season look like” to starting dates, length of season, and Guidance and Safety Protocols. The MSHSL presented the Guidance and Safety protocol to a meeting of the Basketball Advisory Committee in mid-October. Several states around the nation are implementing guidelines such as; no jump balls with either a coin flip or visiting team gets first possession, no offensive players lining up on FT line until the second shot of a 2 or 3 shot FT, 5 one minute time outs with no 30 second timeouts, participants playing in masks, et more. It was the consensus of the Advisory Committee to change the games as little as possible. We continue to collaborate with the MSHSL and other sport associations, especially Boys Hockey, in planning for the start of the 2020-21 season. It is the hope of all, including MSHSL leaders, that an opportunity will exist for a State Tournament at the conclusion of the season. It won’t look like the tournament planned for 2020 but be planned with the rationale that at this time, Boys and Girls basketball would be the only sports with two years of no State Tournaments if one were not held. Bob Madison and Lisa Lissamore of the MSHSL have been tremendous advocates for Boys and Girls Basketball throughout the entire process. Throughout our planning and discussions regarding the 2020-21 season we consistently reiterated that “The MSHSL and the MBCA are united in the belief that our student-athletes are most safe in the hands of their high

school coaches and in a controlled environment.”

Minnesota basketball lost legendary coaching icon Bob McDonald in October. A legend and icon in Chisholm, the state of Minnesota, and the nation for his accomplishments as a coach and his commitment to educating students. Coach McDonald, served 59 years as a high school basketball coach and is the only coach in Minnesota hoops history, and only one of 13 in the nation, to have led his teams to over 1,000 (1,012) victories. Coach McDonald was also known for instilling the values of hard work, teamwork, a strong moral code, and high academic expectations for the students he served on the court and in the classroom. Bob is a member of the MBCA Hall of Fame, the MSHSL Hall of Fame, and the NFHS National Hall of Fame. His legacy will live on as the father and grandfather of the McDonald family “coaching tree” and the annual awarding of the McDonald Award presented to the outstanding Senior Player of the Year.

Minnesota High School sports suffered another huge loss in October with the passing of MSHSCA Executive Director, John Schumacher. Schu was a wonderful leader and advocate for all sports, student-athletes, and coaches. The MBCA extends deepest condolences to Bernie and the Schumacher family in the loss of their husband, father, grandfather and our leader.

Another loss felt by the basketball community occurred on November 30th with the passing of long time official Jimmy Robinson. In addition to being recognized as an outstanding official, Jimmy served as the MSHSL Supervisor of State Tournament Officials for many years. Jimmy was a mentor to many as they began and came up the ranks of officiating. For his contributions, leadership and service to the game Jimmy was named to the MBCA Hall of Honor.

Being unable to hold an in person Fall Clinic the MBCA organized and presented a Virtual Clinic from October 13th-17th. MBCA Clinic Director, Ron Larson, in conjunction with Championship Productions, presented an outstanding group of over 70 speakers. Speakers included Minnesota HS Coaches; Dave Cresap-Perham, David Flom-Eden Prairie, Grant Guzy- Spring Lake Park, Omar McMillan-Richfield, Larry McKenzie- Mpls. North, and Bill Pocernich-Cromwell-Wright. Participants had the opportunity to view live sessions and will have access to all recordings for one year. The event was well-received and deemed a huge success but we look forward to gathering as a group in person once again in the fall of 2021. The MBCA also extends sincere appreciation to Spalding and Sanford Health for their contributions and continuing to support the Fall Clinic.

The MBCA Executive Board Fall Meeting was conducted virtually and led by 2020-21 MBCA President Omar McMillan, Head Coach at Richfield HS. In addition to being named the 2019-20 AAA State Coach of the Year, Coach McMillan was also recognized as a Top 10 Finalist for 2020 Minnesota Teacher of the Year. As MBCA President, Omar has been active in ongoing collaboration with the MSHSL surrounding the 2020-21 season.

During the Executive Board meeting the Board made the decision to waive selection of 2020 Hall of Fame and Hall of Honor inductees. Nomination forms are available on the MBCA website and can be submitted for consideration in the Spring of 2021. Phil Johnsrud-Minnewaska- shared a school specific Covid Guidance and Safety Protocol document with Board members. Coaches might want

BANK SHOTS... continued on page 32

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GIRLS HOCKEY "SNAP SHOTS"



By: Note from the MGHCA President Claire Goldsmith

My short message is...we're ready to go, whenever the state allows us to get back on the ice!!!!



Seriously though... Given the current conditions, we are all taking precautions needed, so that we are able to get on the ice once the "pause" is over. A lot of the girls have been on the ice since June, so this is a good chance for them to take a few weeks off and do some extra dryland work and weight lifting, so they are strong and ready to go. Most coaches are keeping in touch with their players over calls or emails to check-in and see how they're doing at home with distance learning. It's challenging for all of us, but we need to make sure that once the start of the season is set, the players are ready to go and the mental game is just as important as the physical game. We have to keep a positive attitude as that is the best way to approach an unfortunate situation that is uncontrollable. We are all fighting for the same thing and that's to get back on the ice and have a full season. If we don't approach it with a team first mentality, we all lose and that doesn't benefit any of us. I look forward to seeing everyone at the rink very soon!



PREMIER PREP LEAGUE

This year's Premier Prep League was an amazing success even battling through the Covid precautions and scheduling issues.

Over 280 players made up the rosters for the league with three of the teams advancing to USA Hockey national tournaments. The Orange 16U and Black 19U teams will participate in the Tier 2 National Tournament while the 19U Forest team will compete in the National High School Tournament. Congratulations to all of our participants in the 2020 PPL for making it such a big success.

XTENDED PREP LEAGUE

When it was learned that the high school season would be delayed for 4 weeks the MGHCA quickly organized a "bridge" league to keep the girls playing prior to the start of the MSHSL season. While organized in a very short time, games started on October 26th to replace the anticipated girls high school hockey season. Unfortunately though, even the Xtended Prep League was cut short by the Governor's "pause" starting November 20th. This was very disappointing news for everyone involved including the 1050 girls who had registered to play in the league. The admin staff regrets not being able to fulfill their mission of providing a complete "season" prior to player getting back on the ice with their teammates.



NOMINATIONS SOUGHT

The MGHCA is seeking nominations for the open position of President-Elect. Individuals interested in a leadership role within the MGHCA should contact either Claire Goldsmith or Tim Morris at the email addresses below. The election will be held virtually sometime during the month of December.

Claire's email goldsmithcl@gamil.com, Tim's email [morisgang@msn.com](mailto:morrisgang@msn.com).

Submitted by Tim Morris, Executive Director, MGHCA
www.MGHCA.com
Execdirector.MGHCA@outlook.com

COACHES CARING PROGRAM

Do you know of a Minnesota high school coach who is facing a catastrophe and could use some financial assistance? You can nominate a coach for a \$100.00 Coaches Caring assistance donation by emailing your nomination to Rick Ringeisen at rringerr@aol.com

When you nominate a coach for a Coaches Caring assistance donation, remember to provide background information for the committee to review.

Please note: A limited number of Coaches Caring Program assistance payments will be issued each year depending upon the amount of donations made by coaches association members.

Trophies Plus is now helping to sponsor the Coaches Caring Program to help keep it sustainable.

Trophies Plus - Sponsor of Coaches Caring

SERVICE ACES

By: *Dave Wareham*

*Minnesota Tennis Coaches President
Totino-Grace High School*



Somewhere at some time, someone coined the idea that patience is a virtue. It probably is. However, as we fight and claw our way through a (hopefully) once-in-a-lifetime pandemic, currently, it feels more like a weight. Without a doubt, the routine of our lives has been disturbed by the anxious uncertainty that has come with COVID-19. Tennis, though, has hopefully helped us move through it.

As the spring season evaporated, many of us didn't know what to expect for our summer tennis and fall season. But with careful planning and meticulous attention to safety protocols and guidelines, we found a way to navigate it all. And our fall tennis season – despite not having a State Tournament – played out remarkably close to typical. We even were able to complete section tournaments in both Class A and AA. Congratulations to the following Section Champions:

Section 1AA: Rochester Mayo	Section 1A: Rochester Lourdes
Section 2AA: Minnetonka	Section 2A: Litchfield
Section 3AA: Simley	Section 3A: Blue Earth Area
Section 4AA: Mounds View	Section 4A: Blake
Section 5AA: Wayzata	Section 5A: New London Spicer
Section 6AA: Edina	Section 6A: Osakis
Section 7AA: Duluth East	Section 7A: Pequot Lakes
Section 8AA: Bemidji	Section 8A: Thief River Falls

Given the obstacles of the 2020 season, the accomplishment of a section championship is a notable feat. This year, though, the pandemic has reminded us that tennis is about much more than competition. Tennis is about support, encouragement, challenge, safety, and undoubtedly fun for players and coaches alike. This season tennis has been about the experience of **being together** – in person. And it has provided a touch of normalcy in an ever-changing, dynamic environment. For all the coaches, AD's, school and league administrators who helped make it happen, we are thankful.

As we move through Thanksgiving and the holiday season, the MTCA offers our condolences to the Schumacher family on the passing of John Schumacher this past October. John served as Executive Director of the Minnesota State High School Coaches Association, our parent organization. Together, with his wife Bernie, he has left a lasting legacy of commitment and dedication to athletics, coaches, and athletes here in Minnesota. Faithfully, even while battling against cancer, he and Bernie would affectionately greet our tennis coaches at our annual coaches clinic. And while I didn't know John long or as well as some of our fellow coaches, he definitely left a lasting impression of kindness, warmth, and humility. As Rick

Engelstad pointed out in an email announcing John's passing: "John was an incredible champion for all coaches. And he truly showed us how to live during tough times."

This pandemic has taught us many things: patience, resilience, gratitude. These three things have been critical to our success in making it through this memorable season. And they will be traits to help us all continue to navigate the future.

In the coming weeks, we hope to learn more about plans for the spring season. Excitement is building. However, due to the uncertainty and risks currently involving large group gatherings, we were forced to cancel this year's annual Tennis Coaches Conference. As things get on track again, our plan is to hold the tennis conference again in March 2022.

Having coached for over 25 years, I've been fortunate enough to experience some incredible tennis matches, some of which our teams have won, some we've lost. This year has poignantly reminded me that playing is what matters more than anything. Our collective goal from the start: minimize risk while maximizing the opportunity to play tennis. Watching our players compete and their excitement of being together in person has been incredibly rewarding – as much as any win I've experienced prior. And in the future, thanks to our coaches, it will be this common experience that our players remember.

It can be easy in moments like this to notice what we're missing. I encourage us, though, to appreciate what we have: a successful girls' tennis season, optimism for the return of a boys' season, our teammates, our opponents, our coaches, and the great experience of playing tennis.

Happy holidays. And be well.

***“Don't be afraid to give up
the good and go
for the great.”***

- Steve Prefontaine

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@MSHSCA

HOOP SCOOP



By: Brad Strand

Fergus Falls, HS

2020-2022 MGBCA President

Well, the year 2020 continues to throw curveballs as we are not in the gym right now working with our teams preparing for the next conference or non-conference game! This was a very strange Thanksgiving break for all of us not being in the gym on Friday morning or at some scrimmage or game on Saturday. It was nice to spend extra time with my family, but I sure have missed being in the gym with my players! We will each be waiting eagerly for the next announcement from our Governor and/or the MSHSL on what is next for all high school winter sports. We will continue to pass along information through the section reps that pertains specifically to girl's basketball that we may learn from the MSHSL. The dates for various awards sponsored by the MGBCA may need to be adjusted so please check the website and complete the paperwork that is needed to honor your athletes by the deadlines posted. Please be aware of the emails from your section reps for more additional information when it is known.

I would also strongly encourage you to join the coaches association. We would like to remind girl's basketball coaches about the importance of renewing their membership for the MSHSCA/MGBCA. As of today, we have 392 coaches registered and last year we had 684. Some coaches may be thinking that because they can't use the pass to get in free to games for scouting (due to current COVID restrictions), membership doesn't matter. But please remember your players will NOT BE ELIGIBLE for postseason awards like all-state, all-star (seniors only), or academic all-state if you, or a member of your staff, are not members of the association. Here is the link to register online - <https://www.mshsca.org/> and go to the Membership tab.. It isn't a huge expense but it offers a variety of major benefits including 2 million dollars of liability insurance coverage that will cover you through next summer camp dates.

Please feel free to contact any of the association officers or your section representative about any ideas or concerns that you may have regarding girl's basketball. Your input, suggestions, and ideas are always welcome. Have a Great Season once we are allowed to get back in the gym with our athletes!

“It’s not whether you get knocked down; it’s whether you get up.”

- Vince Lombardi

GOAL POSTS ... continued from page 16

The MFCA salutes you good keepers. And a salute, also to the Athletic Directors, the game officials and all who were nimble and helped navigate this season to remember, for the kids, the coaches, and the communities. You are reminded as well that all MFCA programs remain intact. Please be mindful of the importance and value of MEMBERSHIP. As of this writing, the current membership stands at 1000, our goal is 1500. If you or members of your staff have not renewed or joined the association, please do so today! REMINDER, The website has all forms for all programs. Please check for deadlines re Mr. Football, All-Star Showcase (June 2021), All Academic Independent and Team, Scholarships, Hall Of Fame nominations, the MFCA Clinic, April 8-10, 2021, Awards Banquet (2019 and 2020), Community Service, et al

Final reminder, the loss of revenue from the 2020 clinic was substantial. The vendors and sponsors of the MFCA are the lifeblood of the organization. As you prepare your budget for the 2021 season, to the extent you are able PLEASE keep our valued sponsors in mind. You will find them listed on the website.

Congratulations to the AP mythical Champions Lakeville South, Moorhead, Fridley, Annandale, Caledonia, Blooming Prairie, Hills-Beaver Creek.

As this writer reaches the winter of a life, I am mindful of my many blessings. You good keepers are foremost among them. In this time of thanks and reflection, I wish and hope you will be mindful of your many blessings as well. Among them, the honor it is to be, simply called COACH,

With respect,
Ron Stolski

POSTLUDE “ Farewell and Godspeed to a great leader, friend to all, and a marvelous profile in courage, John Schumacher, MSHSCA Executive Director who passed away this fall. Gone, never forgotten

***“If you’re bored with life -
you don’t get up every morning
with a burning desire
to do things --
you don’t have enough goals.”***

- Lou Holtz

BANK SHOTS ... continued from page 28

to strongly consider following in those footsteps as we hopefully move into the season.

In a September election the MBCA Executive Board elected Willie Braziel- Columbia Heights- as MBCA Secretary for the 2020-21 school year. Coach Braziel will serve as Vice-President and assume the role of MBCA President for the 2022-23 school year. Contact information for Officers, Committee Chairpersons, and Section Representatives is located on the MBCA website.

A reminder that all forms, such as All Star Nominations, Team Academic Champions, Individual Academic All State, Tom Critchley Leadership Award, Hall of Fame and Hall of Honor nominations, etc. are available by accessing the MBCA website; mshsca.org/boysbasketball. Please follow the nomination process and adhere to the deadlines listed on the forms.

As Coaches we recognize and understand the values associated with team sports and the role Coaches play in providing social-emotional support, developing life skills, and guiding their athletes in life. Never has this been more evident than today. Equity, Hope, Mentoring, and Motivation are terms that continue to flow at the forefront of Coaches thoughts and minds. Coaches want to be with their kids and most importantly fostering all those by physically, mentally, and emotionally engaging with the student-athletes they serve. Let's continue to give them hope and even though we currently aren't at the end of the tunnel let's provide them a light they can see.

Stay Safe, Stay Well.



NISCA Announcements

A hacker is once again sending emails from the address presidential@association-reps.com (or other similar email address) posing as NISCA President Diane Hicks-Hughes. They are asking for gift cards in support of some groups (veterans, COVID patients, etc.) through NISCA.

THIS EMAIL DID NOT COME FROM DIANE OR FROM ANYONE AT NISCA. THIS EMAIL IS NOT A NISCA EMAIL ADDRESS. If you receive this email please ignore it, and block the address from sending you any more emails. You can also report the email address to the CISA: <https://us-cert.cisa.gov/report-phishing>.

THE ONLY OFFICIAL EMAILS CONTAINING REQUESTS FROM NISCA COME FROM WEBMASTER@NISCAONLINE.ORG OR SECRETARY@NISCAONLINE.ORG. If the email does not come from one of those two addresses, it does not include the official NISCA logo and it is requesting information or money from you IT IS A SCAM.

Be careful when opening emails!

2020-2021 SPORTS ASSOCIATION CLINICS

DATE	SPORT	LOCATION
Feb. 1st, 2021	Softball - shelly.hotzler@jccschools.com	Target Field
Feb 2021	Tennis- Rick Engelstad - rengelstad@isd578.org	CANCELED
April 8-10, 2020	Football - Ron Stolski - stolski@yahoo.com	Double Tree, St. Louis Park
April 2021	Swimming and Diving	Marriott NW Mpls-Brooklyn Park
July 2021	Volleyball Clinic - bpulju@sebeka.k12.mn.us	Sauk Rapids High School
Aug. 2021	Cross Country - jhnelson@rwps.org	Twin Cities Orthopedics Vikings Complex
Aug 2021	Soccer - gruba23@gmail.com	National Sports Center Blaine
Oct. 2021	Gymnastics - shelly.eklund@district196.org	TBA
Oct 1, 2021	Girls BB - scott_bergman@isd743.k12.mn.us	TBA
Oct. 2021	Boys BB - Tom Critchley Sr. - hctirc@earthlink.net	Mpls, Hyatt Regency
Oct. 1, 2021	Wrestling - kip.lynk@gmail.com	Simley High School
Oct. 2021	Boys Hockey - mikejmacmillian@hotmail.com	TBA
Oct. 2021	Girls Hockey	TBA
Nov 2021	Baseball	TBA
2021-22	Track - Zoom meeting prior to season	
2021	Robotics- Alex Jurek ajurek@isd726.org	

**Minnesota State
High School
Coaches
Association
HALL OF FAME**

**CRITERIA FOR THE
SELECTION OF
CANDIDATES**

1. Individuals selected as nominees must have shown a deep sense of responsibility in the manner in which they conducted themselves as coaches, and demonstrated a dedication to the highest ideals of competitive interscholastic athletics.
2. Of equal importance is the manner in which they conducted their programs, that they be most beneficial to their players, their schools, and their communities, always reflecting a positive image of interscholastic athletics and/or coaches.
3. They shall have demonstrated the characteristics of leadership, the ability to motivate and inspire, and to guide and counsel young athletes.

**ELIGIBILITY
REQUIREMENTS**

1. Nominees must have been active in coaching and/or athletic administration for a minimum of 25 years.
2. Nominees must be a life member of the MSHSCA.

Minnesota State High School Coaches Association
HALL OF FAME NOMINATING FORM



SEND NOMINATIONS TO: Bernie Schumacher 16332 Deer View Road
Park Rapids, MN 56470 Email: bschumacher@mshsca.org

Name _____ Phone _____
 Address: _____ City _____ Zip _____
 Phone Number: _____ Email: _____
 Birth Date _____ Marital Status _____ Deceased _____
 Spouse's Name _____ Children's names and ages _____

Nominating Person or Group _____
 Rationale for Nomination _____

Personal History: Hometown _____
 College/s _____ Year _____

College Honors: _____

Coaching History: (Sports, schools & years) _____

Coaching awards, honors & highlights: _____

Are you currently an inductee to a sport association? _____ If yes, please list: _____

Present status _____ Organizations & honors other than coaching: _____

Coaches Association involvement & present status: _____

Please list other highlights & experiences: _____

Nominated by: _____ Date _____

Phone: _____ Email: _____

MINNESOTA STATE HIGH SCHOOL COACHES ASSOCIATION GOALS & MISSION STATEMENT

Goals and Purpose

The MSHSCA is a high school coaches association created and governed by Minnesota high school coaches. The MSHSCA offers coaches a voice in current state issues. It also provides them with the finest recognition program available and a benefits package including an insurance program, an association newsletter and other corporate benefits.

Goals

- To promote and publicize high school sports in Minnesota.
- To recognize those men and women coaches who have dedicated their time, energy and spirit to the high school sports programs in Minnesota.
- To offer a unified voice in Minnesota on coaching and athletic issues that affect high school athletics.

MSHSCA Mission Statement

Recognize

We recognize coaches for seasonal, academic and lifetime achievements. Our awards include sport coaches of the year, sport assistant coaches of the year, team academic coaches of the year, state championship coaches, Hall of Fame membership and distinguished service awards.

Communicate

We provide a unified voice. Through our Minnesota Prep Coach newspaper and our MSHSCA.org website, we offer communication tools for the coaches of Minnesota to publicize their sport. These informative tools give coaches opportunities to promote their sport and communicate with their sport associations in regards to clinics, rules and membership.

Support

Due to our statewide scope, the MSHSCA is able to provide many areas of support for our members. Our relationship with the Minnesota State High School League, its Board of Directors and the many

committees that it offers, gives our state high school coaches a voice in the establishment of the rules and regulations of their sport groups.

MSHSCA CODE OF ETHICS

As a professional educator, I will:

1. Strive to develop in each athlete the qualities of leadership, initiative and good judgment.
2. Respect the integrity and personality of each individual athlete.
3. Encourage the highest standards of conduct and scholastic achievement.
4. Seek to inculcate good health habits including the establishment of sound training rules.
5. Fulfill responsibilities to provide health services and an environment free of safety hazards.
6. Exemplify the highest moral character, behavior and leadership.
7. Provide ethical relationships among coaches.
8. Encourage a respect for all athletics and their values.
9. Abide by the rules of the game in letter and spirit.
10. Respect the integrity and judgment of sport officials.
11. Display modesty in victory and graciousness in defeat.
12. Demonstrate a mastery of and continuing interest in coaching principles and techniques through professional improvement.

The code of ethics of this association shall be adhered to by each and every member of the MSHSCA. Any action by members of the MSHSCA contrary to the principles therein established shall be subject to review by the Executive Committee according to policies established by the MSHSCA Delegate assembly.

MSHSCA CODE OF ETHICS

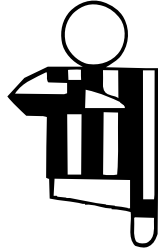
As a professional educator, I will:

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3. Encourage the highest standards of conduct and scholastic achievement.
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MSHSCA SEEKS NOMINATIONS FOR OFFICIALS DISTINGUISHED SERVICE AWARD

The Minnesota State High School Coaches Association has always been aware of the value of officials as an integral part of the high school athletic programs could function without the dedication that is currently being provided to prep sports by the many officials in Minnesota.



A few years ago, the MSHSCA, in an effort to restore sportsmanship, as it should be, to the stands of high school sporting events, created an Officials Distinguished Service Award.

Coaches who are aware of the outstanding officials in your area that qualify for the award should either nominate the officials directly or contact the area officials associations and urge them to submit the deserving candidates for the award.

This award is presented to five deserving officials at the MSHSCA's Annual Awards Banquet that is held each year in November.

The MSHSCA has maintained a collective file of nominations but is currently looking for more nominations of the many deserving officials that need to be recognized for their long time service to Minnesota high school sports.

Nominations to receive the Officials DSA can be submitted by using the following criteria.

1. Should still be an active official.
2. Have been a high school official of varsity competition for at least 25 years.

If you know of a deserving official in your area that satisfies the established criteria, complete the accompanying nomination form and send to:

Mike Peterson
458 3rd St SW • Perham, MN 56573



OFFICIALS DISTINGUISHED SERVICE AWARD NOMINATION FORM

Name _____

Address _____

Phone (____) _____

Years officiated at varsity level _____


Sport(s) Officiated _____

Other information to support this nominee: _____

Nominating Person _____

Address _____

Phone (____) _____



The Officers, Chairpersons and the
Editor of the Minnesota Prep Coach would
like to wish the MSHSCA Membership
the very best Holiday Season and
Good Luck in 2021!