

# August 2023 Shoreland CC

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>31</b> CC Parent Meeting 6 PM at SLHS	<b>1</b> Summer Run 5 PM at UW-P	<b>2</b>	<b>3</b> Summer Run 5 PM at UW-P	<b>4</b>	<b>5</b>
<b>6</b> Summer Run 3 PM at UW-P	<b>7</b>	<b>8</b> Summer Run 5 PM at UW-P	<b>9</b>	<b>10</b> Summer Run 5 PM at UW-P  SL Orientation 4-8 PM	<b>11</b>	<b>12</b>
<b>13</b> NO SUMMER RUN	<b>14</b> Practice 9-11 at UW-Parkside	<b>15</b> Practice 9-11 at UW-Parkside  SL Orientation 4-8 PM	<b>16</b> Practice 9-11 at UW-Parkside	<b>17</b> Practice 9-11 at UW-Parkside	<b>18</b> Practice 9-11 at UW-Parkside	<b>19</b> 30 minute run Sat or Sunday
<b>20</b> 30 minute run Sat or Sunday	<b>21</b> Practice 9-11 at UW-Parkside	<b>22</b> Practice 3:15-5:30  School starts for Freshmen	<b>23</b> Practice 3:15-5:30  1 <sup>st</sup> day of school	<b>24</b> Practice 3:15-5:30	<b>25</b> Practice 3:15-5:30	<b>26</b> 30 minute run Sat or Sunday
<b>27</b> 30 minute run Sat or Sunday	<b>28</b> Practice 3:15-5:30	<b>29</b> St. Joseph Inv 4:30 PM at UW-Parkside	<b>30</b> Practice 3:15-5:30  FALL SPORTS Pictures – bring uniform!	<b>31</b> Practice 3:15-5:30		

# September 2023 Shoreland CC

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Practice 3:15-5:30	2 Waukesha South Blackshirt Inv. at Minooka Park 9:00 AM
3 Recovery Run 30 minutes	4 Day off! (Labor Day)	5 Practice 3:15-5:30	6 Practice 3:15-5:30	7 Whitnall Invite at Hales Corners Park 4 PM	8 Practice 3:15-5:30	9 30 minute run Sat or Sunday
10 30 minute run Sat or Sunday	11 Practice 3:15-5:30	12 Practice 3:15-5:30	13 Practice 3:15-5:30	14 Practice 3:15-5:30	15 Practice 3:15-5:30	16 St. Lawrence Seminary Inv. Mt. Calvary, WI 10 AM
17 Recovery Run 30 minutes	18 Practice 3:15-5:30  H o m e c o m i n g	19 Practice 3:15-5:30	20 Practice 3:15-5:30	21 Big Foot Invite At Duck Pond, Fontana, WI 4:30 PM	22 Practice 3:15-5:30	23 Grade School CC Meet at SLHS, 10 AM
24 Recovery Run 30 minutes	25 Practice at UW P Time TBD	26 Practice 3:15-5:30	27 Practice 3:15-5:30	28 Kenosha County Inv. at UW-Park. 4:30 PM	29 Practice 3:15-5:30	30 30 minute run Sat or Sunday

# October 2023 Shoreland CC

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> 30 minute run Sat or Sunday	<b>2</b> Practice 3:15-5:30	<b>3</b> Practice 3:15-5:30	<b>4</b> Practice 3:15-5:30	<b>5</b> Westosha Central Invite at Fox River Park 4:15 PM	<b>6</b> Practice 3:15-5:30	<b>7</b> 30 minute run Sat or Sunday
<b>8</b> 30 minute run Sat or Sunday	<b>9</b> Practice 3:15-5:30	<b>10</b> Practice 3:15-5:30	<b>11</b> Practice 3:15-5:30	<b>12</b> Practice 3:15-5:30	<b>13</b> Practice 3:15-5:30	<b>14</b> Metro Classic Conference Meet at UW-Parkside 10 AM
<b>15</b> 30 minute run Sat or Sunday	<b>16</b> Practice 3:15-5:30	<b>17</b> Practice 3:15-5:30	<b>18</b> Practice 3:15-5:30	<b>19</b> Practice 3:15-5:30	<b>20</b> Practice 3:15-5:30	<b>21</b> WIAA Sectionals TBA
<b>22</b> Recovery Run 30 minutes	<b>23</b> Practice 3:15-5:30	<b>24</b> Practice 3:15-5:30	<b>25</b> Practice 3:15-5:30	<b>26</b> No School Practice TBA	<b>27</b> No School Practice TBA	<b>28</b> WIAA State Meet for qualifying individuals / teams WI Rapids B 12:35 G 2:25
<b>29</b>	<b>30</b>	<b>31</b>				