

Minnesota River Youth Hockey Plan for Positive Cases or Exposure

**** *The latest updates to this document from its original form are shown in red font.***

Each association must have a plan for any positive cases within the team or association and a designated person responsible for responding to COVID-19 concerns. This designated person will help coordinate with local health authorities regarding positive cases or exposures. If a case of COVID-19 is reported to you we need to report the case to the Minnesota Department of Health (MDH).

Parents/Guardians MUST inform their team coach/team manager AND the COVID-19 Manager, if someone in your household is awaiting a COVID test, a family member has tested positive or has been exposed to someone confirmed to have COVID-19, a player is experiencing symptoms or combination of symptoms, or a player testing positive. The team coach/team manager will also inform the COVID-19 Manager of the parent/guardian report. Minnesota River Youth hockey will follow current MDH guidelines regarding COVID-19 response. The guidelines may change periodically and any changes will be communicated with the association members.

- If a player **or coach** is experiencing symptoms (**symptoms of COVID-19 can include fever, cough, shortness of breath, chills, headache, muscle pain, sore throat, fatigue, congestion, or loss of taste or smell. Other less common symptoms include gastrointestinal symptoms like nausea, vomiting, or diarrhea**) do not report to the arena. **Stay home and contact your healthcare provider if needed for further guidance. Please notify MN River COVID Manager of symptoms and potential/actual COVID testing being performed.**
- If a player **or coach** tests positive for COVID-19, they will be required to not participate in any Minnesota River Youth Hockey activities **as advised per current MDH Guidelines OR per specific instructions given by MDH in each case.**
- **Players/coaches/parents/siblings** in the same residence as a COVID-19 positive person will not be allowed to participate in hockey association events **for 14 days since your last exposure, unless the MDH has specifically given a different timeline. The MDH will determine this on a case-by-case basis as needed.**
- Players and coaches need to be cleared to return to hockey by the COVID-19 Manager.

