

# Triumph Herald

*Concero incresco spiritus - Joined Together, We Grow in Spirit*

Volume # 1

Edition January 2019

## Triumph FC the Future

### Going Forward on the Right Path

With 2019 upon us, the coaching staff has begun planning for the upcoming soccer year and beyond. For growth and exposure of the club we need to expand our Academy Program while maintaining and developing our Select teams.

This year we welcomed the addition of the 2012 Boys Ederson team to the Club under the Academy Program. Triumph is looking to build and train teams from 2013 - 2009 (U6 -U10) boys and girls. To kick start this, skills will be offered for U10 and under on Tuesday nights 5:30p-6:30p, starting February 5.

The rainy fall season proved challenging to our Triumph teams as continuity is key in the process of player and team development. Our coaches create training sessions that develop skills matching up to our philosophy to teach the correct techniques and tactics at the right time by using age appropriate practices. To help foster player development, starting Wednesday February 6, 5:30p-6:30p Triumph will offer skills to any Triumph player interested (cost \$5).

As we move through the spring and hopefully get our full game schedules played in Lake Highland and Plano leagues we will get around (and back) to open June practices. The parents and players (as they go to school with their respective age groups) become the most important recruiters so please help us to make this club the best we can.

Additionally, Triumph is in need of volunteers to assist in areas like Website, Facebook and Twitter accounts and even this newsletter! Please contact me or John Romes if you can help us in these areas.

Lets make 2019 special for our players and their families.

Thank You,

Richard Smith  
Director of Soccer Operations

### PRESIDENT'S POST

Happy New Year! January is always an exciting month with the annual Winter Cup tournament and a new season upon us. Having grown up in Chicago I especially love winter soccer. Cool temperatures, no more indoor, and the opportunity to compete in league play against the best teams. Turn on the TV and watch the EPL and you will see the best players in the world competing in thirty degree weather in shorts!

The winter season is also the time to start preparing for next year. Coaches usually have a much better understanding of their roster after a season of play, are making necessary adjustments with positions, and should be seeing a much improved team. Triumph teams typically perform much better this time of the year due to the strong emphasis on player development. It is also time to start rounding out new teams and getting them ready for select soccer. There will be a big push this year to continue to grow the club with academy teams. I am looking forward to a great season!

Concern Incresco Spiritus,  
John Romes

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## Winter Cup 2019

Another successful tournament. Beautiful weather for our 14th Year. Thanks to Kathy Ray and all the parent volunteers we couldn't do it without you.

Triumph 05G Aguero lost on penalties and Triumph 06G Sterling won on penalties.

[WC 2019 Standings](#)



## Coaches Corner

This is a great quote to share with your child, the soccer player. In all parts of our life we have doubts but we don't always have spectators to watch, to critique, to analyze every aspect of what we do.

Think before we say something that could tear them apart.

I know I continually want to grow as a coach and so when I saw this quote I was thinking of ways I can help and assist them play their best every game. To be confident when they step on the field. I know it's tough on them but with our help they can be confident.

RICHARD SMITH

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## Sportscare and Concierge Service

Baylor Scott & White SportsCare is dedicated to assisting you through your health care needs.

For any orthopedic and sports related injuries contact the SportsCare Liaison Andrea Strebler at [972-512-7404](tel:972-512-7404) or [Andrea.Strebler@BSWHealth.org](mailto:Andrea.Strebler@BSWHealth.org)



The service is open to players and parents/family from Triumph FC. This is a great partnership please make full use of this service.



## TEAM PAGES

### 00 Girls

Fall was challenging as the 00 team was only able to play six Lake Highland games and a couple of tournament games in the fall. With a good showing in a showcase tournament, the girls are looking forward to the spring season once high school soccer concludes. Several of our ladies are playing on their high school teams including Marcus, Hebron, The Colony, Creekview and Denton Ryan. Until high school season is over, they continue to play indoor.



Not to be discouraged by Lake Highlands Girls Classic League canceling the spring season for U19, the team along with the other U19 teams will play in Arlington once high school season is over. This is a great opportunity to play more games as the 00's finish out their senior year strong and the 02's on the team rebuild for next year.

[Lake Highlands Standings](#)

### 05 Girls Oakes



The 05 Girls Oakes team played in PPL in the U14 D2 in the fall and was, like most, effected by the rainy fall. With a stop start season it's been hard to get any consistency in results. The team is lower in the league than I think they deserve but the games we have played most have been against the top teams in the division. I think we should finish middle of the table if we can play this spring!

[Plano Premier](#)

### 05 Girls Agüero

The 05 Agüero team has been busy since the start of August even though 50% of our Lake Highlands games canceled due to rain. The team managed to play 24 games, 5 in the Summer Super Y League, 5 in Lake Highlands and 14 in NPL under the alliance umbrella of City FC. The team



has made dramatic improvements in the last few weeks of the fall season and I'm excited to see the continued improvement in the spring. The team is in second place in NPL and has a great chance of going to the final 4 (top two from Red River Conference Club and top 2 from Red River Team make the final 4.

[Lake Highlands Standings](#)  
[NPL Red River Conference](#)

## 06 Girls Sterling

Led by Coach Jason Gotcher this team most recently won another Championship at The Triumph Winter Cup 2019. This Team also won the 2018 Triumph Winter Cup giving them a repeat title. This team competes in D2 Lake Highlands.

[Lake Highland Standings](#)



## 06 Girls Kompany

Led by Coach Jason Gotcher this team is quickly turning heads. At the recent Triumph Winter Cup Kompany 06 put on a impressive performance and has become a team that everyone can see is quickly on the rise. The players all are improving and this team has a bright future. Coach Jason Gotcher said, "this team has a fight and and blue collar work ethic to it. The players are fearless and are not scared to compete. Keep an eye on this team going forward, there are some big things coming in the team's future!"

[Plano Premier](#)



## 2012 Boys Ederson

The newest Triumph team continues to amaze me. They competed in academy soccer for the first time in the fall season and made great improvement.

Thanks to a group of incredible parents these boys are enjoying the game of soccer, learning to compete, and learning how to play the game the right way without the pressure of having to win every game.

I have had the opportunity to see other academy teams play from much bigger clubs and it confirms that Triumph is doing things the right way with a club curriculum focused on age appropriate sessions and a development focus on 5 areas: tactical, technical, social, psychological, and physical.

### ACADEMY UPDATE

2010 Boys and 2013 Girls will be coming summer 2019. If you know of any players interested in joining please contact [Richard Smith](#).

Spirit Wear, Kathy still has some items for sale including Triumph scarves. [K Ray](#)

## Skills and Camps

### THE COLONY - TUESDAYS - STARTING 5th Feb

Academy ages U10 and under

Coaches Richard Smith

4949 Arbor Glenn

The Colony

**\$5 per player**

### THE COLONY - WEDNESDAYS - STARTING 6th Feb

5:30-6:30 for Triumph players

Coaches Richard Smith

4949 Arbor Glenn

The Colony

**\$5 per player**



### Triumph and GK Icon Partnership

The partnership deal signed in January 2019 will allow our goalkeepers access to GK Icon gloves and accessories at a discounted price.

GK Icon are also looking to put on camps for Triumph FC Goalkeepers. This a great opportunity for us to utilize GK Icon have to offer their partners.

Check out the line here [GK Icon](#). Use code Triumphfc15 for a 15% discount

## OUR SPONSORS

We are looking for sponsors large or small to help offset some of the clubs running costs.

We are a non profit 501 (c) 3 organization, donations are tax deductible. If you know of any company that is willing to become a sponsor please contact me.

Richard Smith

[rsmith@triumphfc.org](mailto:rsmith@triumphfc.org)



**OFFICIAL  
CLUB PARTNER**

### VISION

To create a fun learning environment w hich enhances player development by teaching the correct techniques & tactics at the right time by using age appropriate practices w hile acquiring a life long love of the game.



