



FOR PARENTS PRIOR TO TRAINING

- Remind your child of their responsibilities before entering the field, during practice and after practice
- Complete your child's preplay check and questionnaire. Follow all appropriate steps as required.
- Check your child's training gear and equipment to ensure that it is properly cleaned and sanitized
- Complete the pre-play temperature check and CDC self-checker questionnaire, and follow the appropriate reporting protocols based on the results
- Wash both your hands or use hand sanitizer before arriving to the field
- Make sure both parent and child wear face masks to the field
- Do not carpool with others outside of your household to games and practices
- Make sure to accompany your child to the testing or coaches' station
- When entering the field either for practice or game/scrimmage your child will get his/her temperature checked by a parent volunteer or a coach. If the player has a temperature ≥ 100.4 degrees F he/she will not be allowed to participate to the event and will be sent home. He/she will not be allowed on the premises
 - *Wait until your child is allowed for the event before leaving the premises*

FOR PARENTS DURING TRAINING

- Drop off your child in their designated training area
- If early, wait in your vehicle until 5 minutes before practice time. Allow the previous training group to exit properly. Direct your child to the designated area
- Parents of younger players - you can walk your players to the designated testing area or entrance
- Ensure your child uses a hand sanitizer before entering the field and have one in hand during practice
- Remain on the premises in case of inclement weather or unexpected situations
- *Spectators to training areas are discouraged* but if you stay on the field, please keep your face masks on and practice proper distancing
- No contact with players on the fields are allowed

FOR PARENTS AT THE END OF TRAINING

- Pick up your player and leave promptly
- Do not socialize with any other groups - if you do, please practice proper social distancing, and make sure your face coverings are on
- Use a hand sanitizer and make sure your child has one as well
- After returning home, ensure everyone washes their hands; remove all practice clothing and make sure training gear are sanitized
- If you or your child uses a mobile phone, please also disinfect at home

PARENTS GUIDELINES FOR GAMES

- Wear your mask while on the premises
- Sit in the designated parent's area (*check with your team's coach if not sure*)
- Keep an appropriate distance from other parents on the sidelines