

MNTHROWCOACH.ORG

FALL TRAINING

SUNDAYS BEGINING NOV.14TH

@THE BETHEL FIELD HOUSE
SUNDAYS FOR THREE HOURS
9:15 AM TO 12:45 PM

Top Notch
Coaching

\$45.00 for 3 hours

IN SEVEN YEARS :

- 124 state entrants
- 74 all state athletes
- 20 state champion



For details & how to register, go to:
WWW.mnthrowcoach.org
Email- mnthrowcoach@icloud.com