There will be zero tolerance of alcohol, marijuana, smoking, vaping/nicotine use, chewing tobacco or other legal or illegal substances by any hockey players while registered, rostered and participating in official Littleton Hockey Association events. The use of these substances inside or outside any hockey rinks, the parking lot, lobbies, locker rooms, restrooms, etc. is prohibited. The use of any substance that proves detrimental to the individual, team and/or Littleton Hockey Association shall result in the following disciplinary action. If any player is found doing the above, a parent or legal guardian will immediately be contacted.

The above will apply when present at official team functions outside the rink.

If found doing any of these substances, there will be a progression to the levels of discipline applied.

1. First offense: One week of suspension with no maximum of practices, games or team functions missed during that week. If no games are played during that week the player will be suspended for the next two games in a subsequent week(s). Those player(s) who violate this rule will receive fifteen hours of community service.

2. Second offense: One month of suspension with no maximum of practices, games or team functions missed during that month. If no games are played during that month the player will be suspended for eight (8) games in subsequent weeks. Those player(s) who have a 2nd infraction will have twenty five hours of community service.

3. Third offense: Any player who has a third offense will be released from the Littleton Hockey Association indefinitely.

A disciplinary meeting will be held with the Hockey Operations Committee (HOC) in all disciplinary actions. Parents and/or legal guardians are encouraged to attend any disciplinary meeting with their player.