



2019-2020 Indoor Recreational League - U10 Coed

Email: admin-rec@pickeringssoccer.ca

Team	Colour	Sponsor	Head Coach	Ass't Coach
1	Galaxy/Yellow		Zayd Bawab	
2	Crew/Gold		Kai Alvero/Matthew Bennett	
3	Timbers/Green		John Lenzo/Ahmad Fatah	
4	Dynamo/Black	Academy of Math and English	Auguste Deonarine	Tanya Deonarine
5	Fire/White	Geranium Homes	Gurnek Singh	
6	FC/Red	Geranium Homes	Corrado Ferrara	

All Games at the Pickering Soccer Centre on Sundays

Home Team is team listed last

Field	Time	Oct 27	Nov 3	Nov 10	Nov 17	Nov 24	Dec 1	Dec 8	Dec 15	Jan 5
Field A	8 am						6 v 5			
VW	8 am						1 v 3			
Field C	8 am						2 v 4			
Field D	9 am	1 v 6	6 v 4	1 v 4	4 v 2	6 v 3		1 v 5	3 v 5	6 v 1
Field C	10 am	2 v 5	5 v 1	6 v 2	3 v 1	1 v 2		3 v 2	2 v 6	4 v 3
Field D	10 am	3 v 4	2 v 3	5 v 3	5 v 6	4 v 5		4 v 6	4 v 1	5 v 2

Field	Time	Jan 12	Jan 19	Jan 26	Feb 2	Feb 9	Feb 23	Mar 1	Mar 8	Mar 29
Field D	9 am	5 v 4	6 v 1	1 v 5	3 v 5	2 v 4	6 v 3	4 v 2	2 v 3	4 v 3
Field C	10 am	2 v 1	4 v 3	3 v 2	4 v 1	6 v 5	2 v 1	5 v 6	5 v 1	6 v 2
Field D	10 am	6 v 3	5 v 2	4 v 6	2 v 6	1 v 3	5 v 4	3 v 1	6 v 4	5 v 1

RULES/NOTES

- **Shinpads are mandatory**
- **Jewellery not to be worn during games**
- **No Slide Tackling**
- Games are 25 minute halves – 7 v 7 including goalkeeper
- Throw Ins/No Offsides/No Heading
- Player changes on the fly with adherence to the PSC Equal Playing Time Policy
- If you cannot be at game, please contact your coach

PICTURE DAY – Sunday, January 26, 2020 – Time TBA

PHONE: 905-831-9803

NO SESSIONS ON DEC 22, 29/ Feb 16/ March 15, 22

WEBSITE: www.pickeringfc.ca

EMAIL: Recreational Administrator: admin-rec@pickeringssoccer.ca