

## FALL SEASON FOR EACH TEAM/ AGE DIVISION

### 1st & 2nd Grade

- *Focus on FUN! Development of basic skills and understanding of lacrosse through games and basic drills.*
- *Introduction to being an athlete and part of a team.*
- **Season Length:** 4 weeks, starting the week of Sept 7th.
- **Practices:** 60-minute practices. 2 practices per week.
- **Competition:**
  - o **Home weekends (included in base fee):** 1 Saturday Home intrasquad 4v4 scrimmage.
  - o **No Travel at this age**

**Cost:** \$150 \*Plus Sports Engine processing fee (3.25%)

### 3rd & 4th Grade

- *Focus on fun, development of basic skills and team concepts, and gaining a basic understanding of the game.*
- *Stronger focus on expectations of sportsmanship, teamwork and coachability.*
- **Season Length:** 5 weeks, starting the week of August 31st.
- **Practices:** 60-minute practices. 3 practices per week.
- **Competition:**
  - o **Home weekends (included in base fee):** 1 Saturday Home intrasquad 4v4 scrimmage.
  - o **Travel:** 3 travel weekends to Utah to compete in IMLAX League.

**Cost:** \$200 Base Cost **Travel Fee:** \$325. Travel fees are a pass through cost of league/tourney fees plus the projected costs of coaching (coaches' pay plus travel).  
\*Plus Sports Engine processing fee (3.25%)

## **5th & 6th Grade**

- Focus on skill development, team concepts, and increased understanding of the game.
- Emphasis on coachability, sportsmanship, teamwork, and how to be a great teammate.
- **Season Length: 6 weeks, starting the week of August 31st.**
- **Practices: 90-minute practices. 3 practices per week.**
- **Competition:**
  - o **Home weekends (included in base fee):** 1 Saturday Home intrasquad 7v7 scrimmage.
  - o **Travel:** 3 travel weekends to Utah to compete in IMLAX League.

**Cost:** \$250 Base Cost **Travel Fee:** \$325. Travel fees are a pass-through cost of league/tourney fees plus the projected costs of coaching (coaches' pay plus travel).  
\*Plus Sports Engine processing fee (3.25%)

## **7th & 8th Grade**

- *Increased focus on competition and the development of more advanced team concepts and individual skills.*
- *Heavier emphasis on teamwork: being a great teammate, team-first mentality, and mental toughness in order to give players a strong foundation in preparation for the high school level.*
- **Season Length: 8 weeks, starting the week of August 31st**
- **Practices: 90-minute practices. 3 practices per week. 23 practices total. Will have 2 practices the week before Oct 31 tourney, and only 1 the week prior to that.**
- **Competition:**
  - o **Home weekends (included in base fee):** 2 Saturday Home intrasquad 7v7 scrimmages.
  - o **Travel:** 4 travel weekends. 2 to compete in Utah's IMLAX League, and two to compete in more competitive tournaments.

**Cost:** \$300 Base Cost **Travel Fee:** \$450. Travel fees are a pass-through cost of league/tourney fees plus the projected costs of coaching (coaches' pay plus travel).  
\*Plus Sports Engine processing fee (3.25%)

## High School

- **Goals:** *Heavy emphasis on Team-First mentality, and coming together as a team and working towards a common goal of a State Championship. Full commitment is expected, but slightly more lenient in the fall season with the understanding that some players are multi-sport athletes in the fall. Players will learn higher-level individual, positional, and team concepts, and there will be a heavier focus on game prep. Players are expected to increase their out of practice time improving their individual lacrosse skills.*
- **Registration Includes:**
  - **4 practices per week:** starting on week of August 31st and ending October 31st. Last two weeks only 2 practices per week. 31 total practices. Number of practices are not guaranteed - if practices are canceled due to weather or any other reason we will try to make up but it is not guaranteed.
  - **Playing time in games is not guaranteed, but earned.** Coaches evaluate players based on Attitude, Commitment, and Effort. Players might not play in every game, but there are multiple games each weekend, and Coaches will work to get every player playing time over the course of a weekend.
  - **Travel Fees are in addition to the Fall Season Base Registration Fee.** If you chose to travel in the fall you must pay and commit for every tournament. There are no prorated discounts or refunds if you cannot make one of the travel weekends. For HS there are 4 scheduled travel weekends. If any weekend is cancelled you will be given a prorated refund for that weekend. The travel fees are a pass-through of the league/tourney costs plus the cost of coaching (coach pay + travel).

**Fall Base Fee: \$375 Travel Fee (travel is optional): \$450**

\*Plus SportsEngine processing fee (3.25%)

**\*Travel Fees are subject to change if the league schedules or tournaments change. \*\*For Youth Scholarships Please Submit Scholarship form to One22. Scholarships will be based on the regular registration fee pricing.**