



BYHA Families,

BYHA is happy to announce that we have received great news from MEAHA and the Maine Department of Economic and Community Development! Beginning on Tuesday, December 15th, BYHA will hold skills and drills for our members regardless of the county's color. **HOCKEY IS BACK!!**

These are uncharted waters for all of us, but please know that the BYHA Board is doing our best to navigate these challenging times and get the kids back on the ice. We will be starting on a Level 1 basis following the State of Maine's guidelines ([Community Sports Checklist](#)). This allows for skill-based, on-ice training sessions that keep players and coaches socially distanced as much as possible so that we can comply with the state's guidelines. These Level 1 sessions will not include small area games, scrimmages, battle drills, etc. Unfortunately, BYHA has very little control over how we are allowed to run our practices at this time. However, we do have control over doing the right thing, and with that, we will be following the state guidelines during our time on the ice.

Another component that comes with returning to hockey and holding Level 1 sessions is the responsibility to reduce the number of participants on the ice at one time. To help us adhere to the State of Maine guidelines and the Biddeford Ice Arena's new guidelines, we have formed different "practice cohorts," in which we grouped similar individual teams. Changing some of the practice groupings that we had before that last shutdown has been necessary to keep the numbers on the ice down.

Biddeford Ice Arena will also be implementing new procedures for entering and exiting the rink. All players will enter the rink through the main doors to get their temperature checked and sign in on an attendance sheet. From there, the players will be instructed to go to either the BHS Girls locker room or the warm room to finish getting ready to go on the ice. When the players exit the ice, they will return to their respective locker room and then leave the rink through that locker room door. We ask players to arrive at the rink mostly dressed and not any earlier than 15 minutes before their practice time to limit the time spent in the locker rooms.

Please note that we are currently updating our COVID-19 waiver and guidelines, and they will be available soon. We ask that you review these thoroughly before bringing your skater to the

rink. **EACH PLAYER AND COACH WILL BE REQUIRED TO FILL OUT A COVID QUESTIONNAIRE BEFORE EACH SESSION TO BE ALLOWED INTO THE RINK. FAILURE TO COMPLY WITH THIS REQUIREMENT WILL RESULT IN YOUR PLAYER, NOT BEING ABLE TO ENTER THE ARENA AND PARTICIPATE. (The questionnaire will be very similar to those that are required to be filled out for schools each morning)**

We need to stress the importance of adhering to the mask policy that is in place. **ALL** players and coaches **MUST** wear masks (including on the ice) when inside the rink and on rink property, including in the parking lot. **NO EXCEPTIONS**. Also, any COVID-19 exposure within a “cohort” of skaters will require all skaters and coaches in that cohort to quarantine per CDC guidance. **Safety is our number one priority!**

Your Coach or Division Director will reach out to you as soon as possible to communicate more specific cohort info. Thank you in advance for your patience as we work through these challenging times and carefully follow all safety protocols. We look forward to getting back on the ice.

NOTE: If any family does not feel comfortable having their player return to hockey, we understand. If this is the case, please email your coach to advise them of this.

Here is our schedule for the next couple of weeks.

8U, 8U Flex, and 12U Girls team will be getting an email from the directors soon.

Tuesday, December 15

4:30pm-5:30pm 8U BLUE

5:40pm-6:40pm 8U RED

6:50pm-7:50pm 10U (Rousseau)/12U(Koh) TRAVEL

8:00pm-9:00pm 14U TRAVEL(Boudreau) /COED (Plourde)

Thursday, December 17

7:20pm-8:20pm 12U RED (Dorais)/WHITE(Gagne)

Friday, December 18

4:30pm-5:30pm 10U RED (Page)/BLUE (Radford)

5:40pm-6:40pm 12U BLUE(Enman)/GOALIES

6:50pm-7:50pm 10U (Rousseau)/12U(Koh) TRAVEL

8:00pm-9:00pm 14U TRAVEL(Boudreau) /COED (Plourde)

Saturday, December 19

9:25am-10:25am 10U RED (Page)/BLUE (Radford)

10:35am-11:35am 8U BLUE

11:45am-12:45pm 8U RED

12:55pm-1:55pm 12U BLUE(Enman)/GOALIES

2:05pm-3:05pm 12U RED (Dorais)/WHITE(Gagne)

Tuesday, December 22

4:30pm-5:30pm 8U BLUE

5:40pm-6:40pm 8U RED

6:50pm-7:50pm 10U (Rousseau)/12U(Koh) TRAVEL

8:00pm-9:00pm 14U TRAVEL(Boudreau) /COED (Plourde)

Saturday, December 26

10:35am-11:35am 8U BLUE

11:45am-12:45pm 8U RED

12:55pm-1:55pm 10U RED (Page)/BLUE (Radford)

2:05pm-3:05pm 12U BLUE(Enman)/GOALIES

3:15pm-4:15pm 12U RED (Dorais)/WHITE(Gagne)

4:25pm-5:25pm 10U (Rousseau)/12U(Koh) TRAVEL

5:35pm-6:35pm 14U TRAVEL(Boudreau) /COED (Plourde)

Sunday, December 27

9:30am-10:30am 10U RED (Page)/BLUE (Radford)

10:40am-11:40am 12U BLUE(Enman)/GOALIES

11:50am-12:50pm 12U RED (Dorais)/WHITE(Gagne)

Tuesday, December 29

4:30pm-5:30pm 8U BLUE

5:40pm-6:40pm 8U RED

6:50pm-7:50pm 10U (Rousseau)/12U(Koh) TRAVEL

8:00pm-9:00pm 14U TRAVEL(Boudreau) /COED (Plourde)

Saturday, January 2

8:15am-9:15am 8U BLUE

9:25am-10:25am 8U RED

10:35am-11:35am 10U RED (Page)/BLUE (Radford)

11:45am-12:45pm 12U BLUE(Enman)/GOALIES

12:55pm-1:55pm 12U RED (Dorais)/WHITE(Gagne)

2:05pm-3:05pm 10U (Rousseau)/12U(Koh)TRAVEL

3:15pm-4:15pm 14U TRAVEL(Boudreau) /COED (Plourde)

Sunday, January 3

9:30am-10:30am 10U RED (Page)/BLUE (Radford)

10:40am-11:40am 12U BLUE(Enman)/GOALIES

11:50am-12:50pm 12U RED (Dorais)/WHITE(Gagne)